

INTERNATIONAL LIFE SAVING FEDERATION

World Water Safety

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RESCUE DIVE INSTRUCTOR 2 STARS (CMAS ** INSTRUCTOR)

MINIMUM RECOMMENDED COMPETENCIES

A Rescue Dive Instructor 2 star is a person entitled to teach and examine Open Water Divers, Rescue Divers and Rescue Dive Masters on behalf of ILS.

The following are the minimum competencies recommended by the International Life Saving Federation for a Rescue Dive Instructor 2 star. ILS recognises that many of its Member Organisations have standards, which exceed these minimums, based on the circumstances presented in their own countries. ILS encourages the highest possible standards in lifesaving, and merely provides the following as recommended minimum competencies.

PREREQUISITES

- Medical certificate of the candidate's fitness for scuba diving.
- Be in membership of a National Federation itself in membership of ILS.
- Approval of a National Federation itself in membership of ILS.
- Having obtained the ILS Rescue Dive Instructor 1Star Certificate (ILS-RDI 1).
- Having assisted in ILS Rescue Diver and ILS Rescue Dive Master courses.
- At least 150 hours of open water diving.
- 200 dives (maximum depth: 40 metres).

COURSE CONTENT

The ILS Dive Instructor 2 Star course builds on the fundamental knowledge required for the prerequisites.

Theoretical course contents:

- Dive planning.
- Rescue diving.
- Operation methodology.

Practical training is restricted to the area of "rescue diving" (2 dives).

LEARNING OUTCOME 1: Rescue exercise:

Assessment Criteria:

Dive fully equipped to a patient "casualty" at about 20 metres depth who is also fully equipped. Recover the casualty, complete with equipment, and return to the surface and then tow patient for a minimum of about 200 metres to the shore. Recover patient onto dry land and prepare for Cardio Pulmonary Resuscitation.

LEARNING OUTCOME2: Theory

Assessment Criteria:

1. Demonstration lesson (target group: ILS Rescue Diver).
2. Written examination under the examination regulations.
3. Assessment of an ILS Rescue Diver examination.
4. Write a composition (subjects: one or more of those listed under point 4 of the examination regulations).
5. Oral examination.

EXAMINATION REGULATIONS

1. The ILS Dive Instructor 2 Star course must be held under the leadership of an ILS Dive Instructor 3 Star from a National Federation in membership of ILS.
2. The Examiners shall consist of three ILS Dive Instructors 3 Star, who are authorized by ILS.
3. During the rescue tows both divers must wear complete equipment. The candidate must breath through his snorkel; the casualty breathes normally.
4. Written examination contents:
 - Biology and physiology for divers.
 - Diving sickness.
 - Physics.
 - Action planning and management, undertaking and safeguarding of dives.
 - Methodology of underwater searching.
 - Regulations of ILS and the National Federation in membership of ILS.
 - Action in cases of diving accidents.
 - Knowledge of diving equipment.
 - Knowledge of high pressure compressors.
 - Environmental protection.
 - Training methodology.
5. For the written examination the standard ILS questionnaires must be used, which indicate the time allowed and the scoring system.
6. All candidates who fail the whole or part of the examination at the first attempt may be allowed a second attempt after being informed on the failure points.
7. All parts of the examinations and repeated tests must be completed within a period of 12 months.
8. A holder of the ILS Dive Instructor 2 Star Certificate must undergo a medical examination annually, and following any serious illness.
9. The Certificate is valid for 4 years. Extension of this period may be granted upon proof of 30 hours further education in medicine, technology and accident management. In addition, proof of having assisted in at least two ILS Rescue Dive, ILS Rescue Dive Master or equivalent national diving courses must be provided.
10. ILS will be responsible for certification and registration.