

INTERNATIONAL LIFE SAVING FEDERATION

World Water Safety

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AED INSTRUCTOR CERTIFICATE

AUTOMATED EXTERNAL DEFIBRILLATOR (AED) INSTRUCTOR CERTIFICATE

MINIMUM RECOMMENDED COMPETENCIES

An person holding an AED Instructor Certificate is a person able to instruct Automatic External Defibrillation techniques and equipment.

The following are the minimum competencies recommended by the International Life Saving Federation for a AED Instructor Certificate. ILS recognises that many of its Member Organisations have standards, which exceed these minimums, based on the circumstances presented in their own countries. ILS encourages the highest possible standards in lifesaving, and merely provides the following as recommended minimum competencies

Minimum Recommended Competencies

A Basic Life Support / Automated External Defibrillation (BLS/AED) Instructor is a person instructing candidate(s) in the specific requirements of the appropriate ILS BLS/AED International Certificate.

The following are the minimum competencies recommended by the International Life Saving Federation for an BLS/AED Instructor.

ILS recognises that many of its Member Federations have standards which exceed these minimums, based on the circumstances presented in their own countries.

ILS encourages the highest possible standards in lifesaving, and merely provides the following as recommended minimum competencies.

Prerequisites

The prerequisites for course attendance are as follows:

- Minimum of 21 years of age.
- Member of the National Federation.
- Possess the Certificate of the discipline to be Instructed.
- Be a designated Instructor for the candidates being assessed for the appropriate ILS International Certificate.

Learning Outcome 1: Knowledge of the methodology and didactics of BLS and AED as per the accreditation guidelines.

Assessment criteria

1. Instruction of a group of candidates for the BLS and AED competencies.

Learning Outcome 2: Demonstrate the delivery of a programme of instruction of anatomy, physiology and resuscitation of a person.

Assessment criteria

1. Instruction of a group of candidates for the BLS and AED competencies.

Learning Outcome 3: Demonstrate the delivery of a programme of BLS and AED techniques.

Assessment criteria

1. Instruction of a group of candidates for the BLS and AED competencies.

Learning Outcome 4: Understand and explain the correct handling of resuscitation and AED equipment.

Assessment criteria

1. Instruction of a group of candidates for the BLS and AED competencies.

Learning Outcome 5: Demonstrate the delivery of a program of BLS and AED instruction in the organization of rescue operations.

Assessment criteria

1. Instruction of a group of candidates for the BLS and AED competencies.

Assessment Strategy

These learning outcomes are best assessed using the following common assessment methods:

- Oral questioning.
- Presentation of a written thesis about water lifesaving to the National Education Committee, or equivalent group.
- Oral defence of the thesis during 30 minutes in front of the Education Director or members of the National Education Committee, or equivalent group.
- Assessments to be held by a commission of a minimum of two members authorised by the National Federation/Education Committee as appropriate.
- Assessment documents to be signed by a representative of National Federation/Education Committee.

Regulation submitted for approval by the ILS Board of Directors and for ratification by the 2012 ILS General Assembly.