INTERNATIONAL LIFE SAVING FEDERATION

World Water Safety
Gemeentesplein 26 – 3010 Leuven – Belgium
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RESCUE DIVE INSTRUCTOR 3 STAR
(CMAS *** INSTRUCTOR)

MINIMUM RECOMMENDED COMPETENCIES

A Rescue Dive Instructor 3 star is a person entitled to teach and examine, on behalf of ILS, all levels of
dive certification from ILS Open Water Diver to ILS Rescue Dive Instructor 2 Star.

The following are the minimum competencies recommended by the International Life Saving
Federation for a Rescue Dive Instructor 3 star. The ILS recognises that many of its Member
Organisations have standards, which exceed these minimums, based on the circumstances presented
in their own countries. ILS encourages the highest possible standards in lifesaving, and merely
provides the following as recommended minimum competencies.

PREREQUISITES

- Medical certificate of the candidate's fitness for scuba diving.
- Be in membership of a National Federation itself in membership of ILS.
- Approval of a National Federation itself in membership of ILS.
- 3 years activity as an ILS Rescue Dive Instructor 2 Star.
- Leadership and examination of at least two ILS Rescue Diver or ILS Rescue Dive Master courses.

EXAMINATION REGULATIONS

1. A candidate's recommendation for appointment as an ILS Dive Instructor 3 Star is made by the
   ILS Rescue & Education Commission after nomination by a National Federation in membership of
   ILS.
2. A holder of the ILS Dive Instructor 3 Star Certificate must undergo a medical examination annually
   and following any serious illness.
3. The Certificate is valid for four (4) years. Extension of this period may be granted upon proof of
   activity in teaching and examination of divers and instructors.
4. ILS will be responsible for certification and registration.

Regulation approved by the ILS Board of Directors and ratified by the 2000 ILS General Assembly.