

INTERNATIONAL LIFE SAVING FEDERATION

Headquarters for World Water Safety
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EDUCATION CHART: RLSS UK

OTHER THAN AWARDS WHICH ARE TEACHER ASSESSED, ASSESSORS MUST BE INDEPENDENT AND HAVE TAKEN NO PART IN THE PREPARATION OF CANDIDATES FOR THE TEST/SECTION BEING ASSESSED

RLSS UK AWARD	MAX NO.	MIN AGE	VALIDITY PERIOD	ASSESSORS	PREREQUISITES ALL MUST BE CURRENT	ASSESSMENT PERIOD	SYLLABUS REFERENCE	TEACHERS TRAINERS
EMERGENCY RESPONSE (Open Water)	4	16	24 months	RLSS UK Assessor or TA (LS/PL*/BL*)	None	1 session	Lifesaving Life Support	RLSS UK Teacher or Trainer Assessor
EMERGENCY RESPONSE (Swimming Pool)	4	16	24 months	RLSS UK Pool TA	Life Support 1	1 session	Pool Lifeguard	RLSS UK Teacher or Trainer Assessor
JUNIOR LIFE SUPPORT	N/A	N/A	24 months	Teacher or Trainer Assessed	None	1 session	Swim, Survive, Save or Junior Life Support Leaflet	Any Teacher or Trainer
RESCUE BREATHING	N/A	N/A	24 months	Teacher or Trainer Assessed	None	1 session	Swim, Survive, Save or Rescue Breathing Booklet	Any Teacher or Trainer
COMMUNITY LIFE SUPPORT	N/A	N/A	N/A	BLS Instructor RLSS UK Teacher or TA (LS/PL*/BL*)	None	1 session	Life Support	BLS Instructor RLSS UK Teacher or TA(LS)
LIFE SUPPORT 1	4	N/A	24 months	RLSS UK TA(LS/PL*/BL*)	None	1 session	Life Support	Any Teacher or TA
LIFE SUPPORT 2	3	N/A	24 months	RLSS UK TA(LS/PL*/BL*)	None	1 session	Life Support	Any Teacher or TA
LIFE SUPPORT 3	2	N/A	24 months	RLSS UK TA(LS/PL*/BL*)	None	1 session	Life Support	Any Teacher or TA
LIFESAVING 1	4	N/A	24 months	Teacher or TA (LS)	Ability to Swim	1 session	Lifesaving/Life Support	Any Teacher or TA
LIFESAVING 2	4	N/A	24 months	Teacher or TA (LS)	Lifesaving 1 Ability to Swim	1 session	Lifesaving/Life Support	Any Teacher or TA
LIFESAVING 3	4	N/A	24 months	Teacher or TA (LS)	Lifesaving 2 Ability to Swim	1 session	Lifesaving/Life Support	Any Teacher or TA

BRONZE MEDALLION	4	14	24 months	RLSS UK Assessor (LS) or TA (LS)	Life Support 1 or higher Ability to Swim	3 months	Lifesaving/Life Support	Any RLSS UK Teacher or TA (LS)
AWARD OF MERIT	3	15	24 months	RLSS UK Assessor (LS) or TA (LS)	Life Support 2 Bronze Medallion Ability to Swim	3 months	Lifesaving/Life Support	Any RLSS UK Teacher or TA (LS)
DISTINCTION	2	16	24 months	RLSS UK Assessor (LS) or TA (LS)	Life Support 3 Silver Cross Award of Merit Ability to Swim	3 months	Lifesaving/Life Support	Any RLSS UK Teacher or TA (LS)
BRONZE CROSS	3	14	24 months	RLSS UK Open Water Assessor (LS) or TA (BL)	Bronze Medallion or higher	1 day	Lifesaving	Any RLSS UK Teacher or TA (LS) or TA (BL)
SILVER CROSS	2	15	24 months	RLSS UK Open Water Assessor (LS) or TA (BL)	Bronze Cross Life Support 2 or higher	1 day	Lifesaving	Any RLSS UK Teacher or TA (LS) or TA (BL)

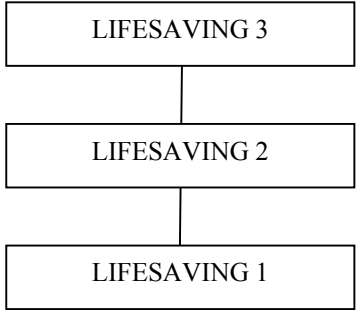
* Must have attended the relevant Module.

RLSS UK AWARDS INFORMATION GUIDE

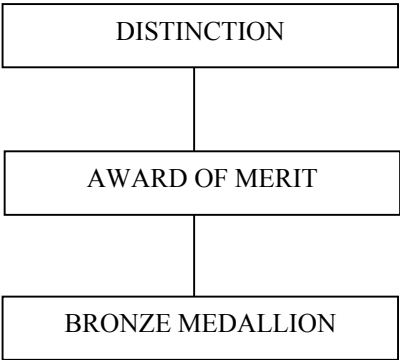
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RLSS UK AWARD	MAX NO.	MIN AGE	VALIDITY PERIOD	ASSESSORS	PREREQUISITES ALL MUST BE CURRENT	ASSESSMENT PERIOD	SYLLABUS REFERENCE	TEACHERS TRAINERS
POLICE LIFESAVING CERTIFICATE	4	16	24 months	RLSS UK Assessor (LS) who may also be the Teacher	A serving Police Officer Ability to Swim	1 session	Lifesaving Life Support	Any RLSS UK Teacher (LS) or TA or Police PTI
POLICE BRONZE MEDALLION	4	16	24 months	RLSS UK Assessor or Teacher (LS)	A serving Police Officer Ability to swim	1 session	Lifesaving Life Support	Any RLSS UK Teacher (LS) or TA or Police PTI
RESCUE TEST FOR TEACHERS AND COACHES OF SWIMMING	4	16	24 months	ASA Tutor*, RLSS UK or RTTCS Assessor or RLSS UK TA (PL)	Ability to Swim	1 session	Pool Lifeguard	Any RLSS UK Teacher (LS) or TA or ASA/STA Tutor
AQUATIC RESCUE TEST FOR OUTDOOR ACTIVITY SUPERVISORS	2	18	24 months	RLSS UK Trainer Assessor (BL) or NTA (BL)	Life Support 2	1 session	Beach Lifeguarding Lifesaving Life Support	RLSS UK TA (BL) or TA (PL) with Open Water Module
RESCUE TEST FOR SUPERVISORS OF SWIMMERS WITH DISABILITIES	4	16	24 months	RLSS UK (RTSSD) Assessor	Ability to swim	1 session	Specially Safe Pool Lifeguard First Aid handout site NOP/EAP	RLSS UK TA or Teacher (LS)*
ROOKIE TRAINING PROGRAMME	N/A	5+	N/A	Trainer Assessed	None	ongoing	Swim, Survive, Save Rookie Trainer's Guide	Any
NATIONAL POOL LIFEGUARD QUALIFICATION	4	16	24 months	RLSS UK Trainer Assessor (PL) or NTA (PL)	physically fit good eyesight and hearing Ability to swim	28 days	Pool Lifeguard	RLSS UK TA (PL) or NTA (PL)
NATIONAL BEACH LIFEGUARD QUALIFICATION	4	16	24 months	RLSS UK TA (BL) or NTA (BL)	physically fit good eyesight and hearing Ability to swim	3 months	Beach Lifeguarding Life Support	RLSS UK TA (BL) or NTA (BL)
ASSISTANT BEACH LIFESAVER AWARD	4	12	24 months	RLSS UK TA (BL) or NTA (BL)	physically fit good eyesight and hearing Ability to swim	3 months	Rookie Programme Beach Lifeguarding Life Support	RLSS UK TA (BL) or NTA (BL)

JUNIOR LIFESAVING
(includes Life Support)



LIFESAVING



*Millennium Medallion
(For 2000 only)*

For ages 15 – 13 years
In 4 STAR GRADES of
FOUR CORE ELEMENTS

WATER SAFETY

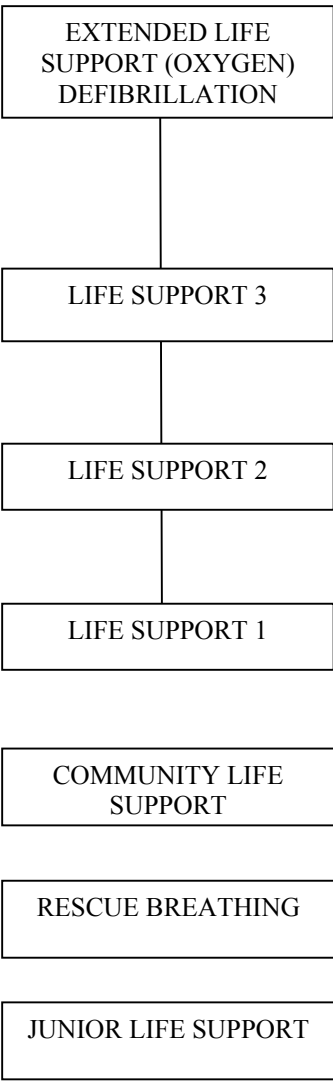
SELF RESCUE

RESCUE

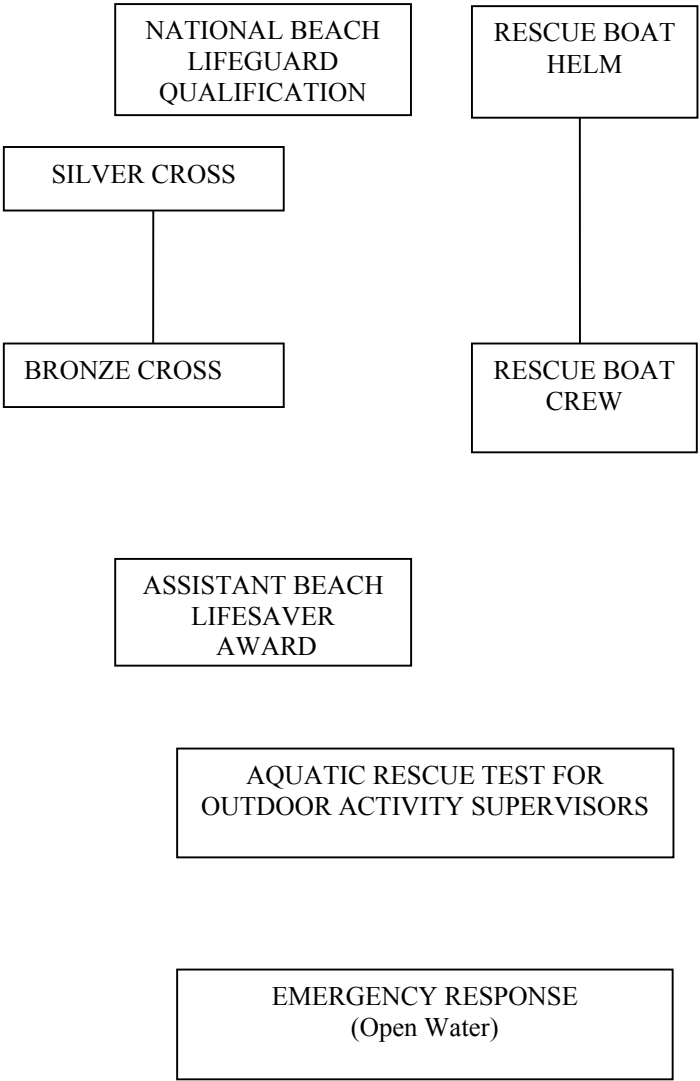
EMERGENCY RESPONSE

Plus optional elements for ocean awareness;
snorkelling; communications; paddle craft;
lifeguard equipment.

LIFE SUPPORT



OPEN WATER BEACH LIFEGUARD AND BOATS
(includes Life Support)



THE ROYAL LIFE SAVING SOCIETY UK

QUALIFICATIONS AND AWARDS FOR LIFESAVING AND LIFEGUARDING

