



INTERNATIONAL LIFE SAVING (ILS)
SPORT COMMISSION TECHNICAL BULLETIN
OCEANMAN, OCEANWOMAN and OCEAN LIFESAVER RELAY
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The ILS Competition Rule Book 2015-2019 Revised 2017 Edition and the Lifesaving World Championships Adelaide 2018 Handbook detail the rules and procedures for the conduct of ILS competition and events including the Oceanman, Oceanwoman and the Mixed Ocean Lifesaver Relay events.

The Bulletin confirms that the “M” Shape course is to be utilised at the Lifesaving World Championships 2018 (LWC) as follows:

- The heats and finals of the Oceanman and Oceanwoman and the Mixed Ocean Lifesaver Relay for the Open and Youth National Teams LWC.
- The finals of the Oceanman and Oceanwoman and the Mixed Ocean Lifesaver Relay for the Open and Youth Interclub LWC.

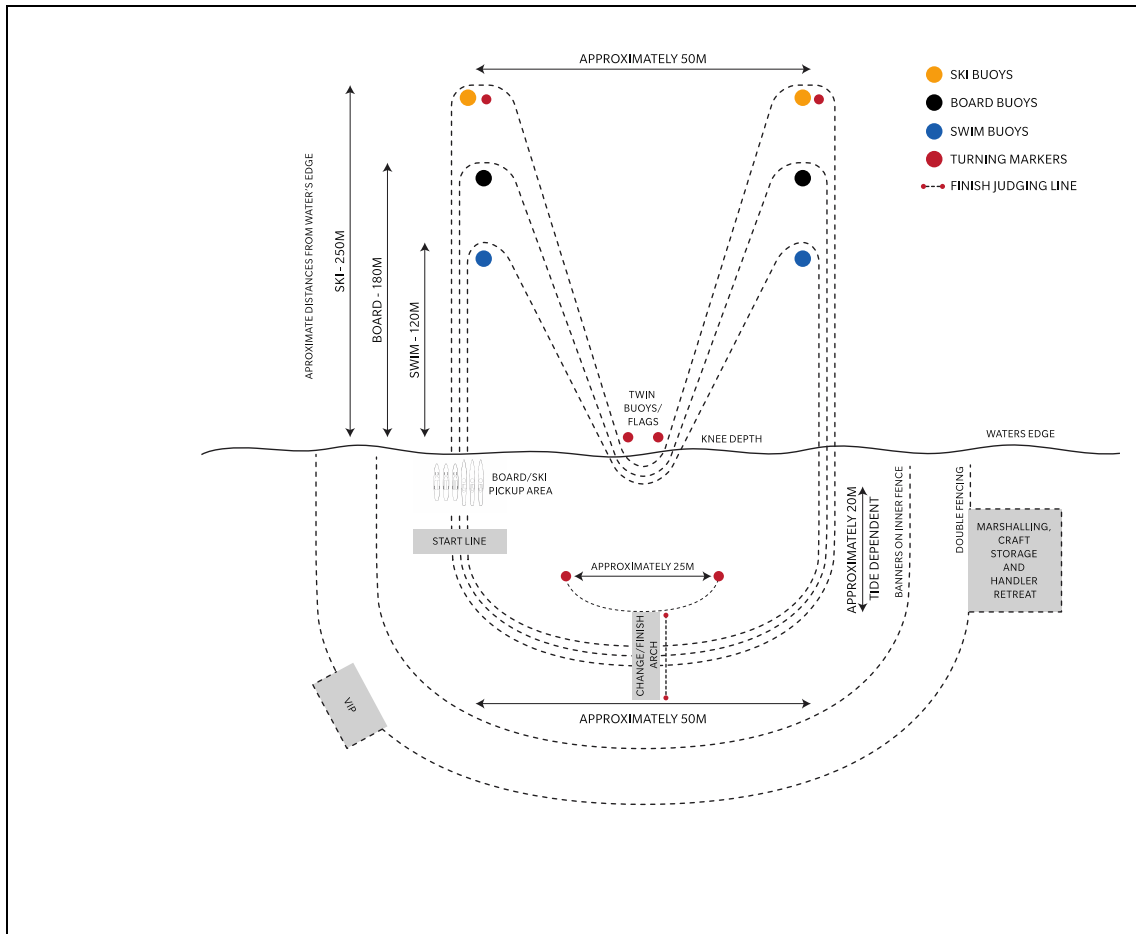
To further clarify the conduct of these events:

- The initial heats and any further rounds (up until the finals) of the National Teams LWC Open and Youth Oceanman, Oceanwoman and the Mixed Ocean Lifesaver Relay will be conducted in the traditional qualifying format (but on the “M” Shape course) to arrive at the qualifiers for the respective finals.
- The initial heats and any further rounds (up until the finals) of the Interclub LWC Open and Youth Oceanman, Oceanwoman and the Mixed Ocean Lifesaver Relay will be conducted in the traditional qualifying format on the standard course (i.e. not M Shape) to arrive at the qualifiers for the respective finals.
- The finals of the Open and Youth National Teams and Interclub LWC Oceanman and Oceanwoman events will be conducted with 18 competitors in the elimination format (on the “M” Shape course) as detailed in Section 4.20.7 of the ILS Competition Rule Book.
- The finals of the Open and Youth National Teams and Interclub LWC Mixed Ocean Lifesaver Relay will be conducted with 16 Teams in a single race final (on the “M” Shape course) as detailed in Section 4.22 of the ILS Competition Rule Book.

Note: The Masters LWC Oceanman and Oceanwoman events shall be conducted in the traditional format over the standard course (i.e. not “M”

Shape) as detailed in Sections 4.20 and 4.21 of the ILS Competition Rule Book.

The course for the “M” Shape Oceanman and Oceanwoman and the Ocean Lifesaver Relay shall be as detailed in the diagram below:



“M” SHAPE OCEANMAN, OCEANWOMAN AND OCEAN LIFESAVER RELAY COURSE

The changeover tag between competitors in the Ocean Lifesaver Relay shall be on the finish arch side of the Finish Judging Line. At the discretion of the team the outgoing competitor is to stand with their feet on Finish Judging Line or on the finish arch side of the Finish Judging Line. The outgoing competitor’s hand may extend into the incoming side of the Finish Judging Line to effect the tag.

All rules for the conduct of the Oceanman, Oceanwoman and the Mixed Ocean Lifesaver Relay events are detailed in the ILS Competition Rule Book 2015-2019 Revised 2017 Edition and the Lifesaving World Championships Adelaide 2018 Handbook.

Should further information be required please refer your enquiry to the ILS Event Director at j.martin@ilsf.org.