



INTERNATIONAL LIFE SAVING FEDERATION

LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018

HANDBOOK



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ILS Sports Commission Clarifications - March 2018

- 1.1 j) The ILS Sports Commission has endorsed the SLSA Rescue Tube as the prescribed tube to be used in all ILS Lifesaving World Championships (LWC).
- 3.0 d) A member is eligible to compete for a National Team and for one club from that country or another country or another federation (Nation) in a LWC series.
- 3.0 e) A member must compete for the whole of an ILS LWC series for the same club team.
- 3.1 c) To be eligible for a National team a competitor must be citizens, by birth or naturalisation, of the nation they represent and also satisfy the principles of IOC competition eligibility requirements (also refer Section 2 of the ILS Competition Rule Book).
- 3.2 c) To be eligible for a National IRB team a competitor must be citizens, by birth or naturalisation, of the nation they represent and also satisfy the principles of IOC competition eligibility requirements (also refer Section 2 of the ILS Competition Rule Book).
- 5.4 Equipment scrutineering requirements for all ILS LWC Adelaide 2018 (LWC 2018).
- 9.1 The ILS National Teams Open LWC 2018 point scores and awards.
- 9.2 The ILS National Teams Youth LWC 2018 point scores and awards.
- 9.4 The ILS Interclub Teams Open LWC 2018 point scores and awards.

9.5 The ILS Interclub Teams Youth LWC 2018 point scores and awards.

9.9 The championship status of the Interclub Open Beach Relay and Beach Run Relay LWC has been confirmed.

Note: All clarifications have been highlighted in blue shading.

ABOUT THIS HANDBOOK

In 2015 the ILS Sport Commission separated content that addresses the Lifesaving World Championships specifically from content that addresses the rules, procedures and standards for lifesaving sport competition generally. This resulted in two new publications: A *Lifesaving World Championships Handbook* and an *ILS Competition Rule Book*.

This handbook contains information specific to the November 2018 Lifesaving World Championships Adelaide 2018 to be hosted by Surf Lifesaving South Australia, in Adelaide, Australia. The handbook should be consulted in conjunction with the 2015-2019 edition (revised 2017) of the *ILS Competition Rule Book* and any amending and/or clarification Bulletins and Circulars (available at www.ilsf.org).

Additional information about the Lifesaving World Championships Adelaide 2018 may be found at <http://www.lifesaving2018.com> and www.ilsf.org.

1. ILS AUTHORITY

- a) The sport of lifesaving contributes to the worldwide drowning prevention mission of the International Life Saving Federation (ILS). As the international federation for lifesaving sport, the International Life Saving Federation establishes rules for the purpose of ensuring a safe and fair system, within which lifesaving competitions may be regulated and conducted.
- b) In addition to the rules and procedures outlined in this document, ILS Lifesaving World Championships are governed by the *ILS Competition Rule Book 2015-2019*. The ILS Sport Commission may also issue clarifying bulletins or circulars from time to time.

1.1 Lifesaving World Championships

- a) ILS authorises the following Lifesaving World Championships every two years:
 - National Teams Lifesaving World Championships
 - National Teams Inflatable Rescue Boat (IRB) Lifesaving World Championships
 - Interclub Lifesaving World Championships
 - Interclub Teams IRB Lifesaving World Championships
 - Interclub Masters Lifesaving World Championships
 - Interclub Surf Boat Lifesaving World Championships
 - Interclub Beach Run Lifesaving World Championships
- b) ILS may also authorise Open **Demonstration** events (e.g., March Past, Board Riding, Ocean Swim Race, Long Distance Surf Ski Race, Long Distance Board Race) to be conducted in conjunction with the Lifesaving World Championships. These events may reflect unique lifesaving events conducted in a host region.
- c) All Lifesaving World Championships occur under the auspices of ILS. ILS may conduct the Lifesaving World Championships but usually awards the Championships to a member national lifesaving organisation to conduct on its behalf.
- d) ILS **Event Management Committee (EMC)**: For the Lifesaving World Championships, ILS shall appoint an Event Management Committee (referred to as the *Competition Committee* in the *ILS Competition Rule Book*) that is responsible for the management of the competition on behalf of ILS. The ILS Event Management Committee's role includes, but is not limited to, overseeing the organisation of the event, advising the Local Organising Committee, designing the Competition programmes, appointing championship officials, dealing with issues and answering competition conduct and organisation questions and liaising with the host organising committee.
- e) The ILS Event Management Committee shall have jurisdiction over all matters not assigned by the rules to the Chief Referee or other officials.

1.1 Lifesaving World Championships (cont'd)

- f) The ILS Event Management Committee for the Lifesaving World Championships Adelaide 2018 shall consist of:
- Chair of the ILS Sport Commission
 - Secretary of Sports Commission
 - Chair of the Host Organising Committee
 - Safety Officer
 - ILS Pool and Ocean Event Manager(s)
 - ILS Event Director
 - Chief Referees appointed to oversee: pool events, ocean events, Simulated Emergency Response Competition (SERC), Masters, Surf Boats, Inflatable Rescue Boat, Beach Run, and any other competition that may be part of the championships. The Chief Referees sit on the Management Committee only for the events they are overseeing.
 - LOC Event Manager
 - LOC Operations Manager
 - Other ILS Sport Commission members appointed by the ILS Sport Commission.
- g) **Championships venue inspection:** The ILS Sport Commission shall appoint a representative to visit the host venue for the Lifesaving World Championships at least two months prior to the commencement of the championships to inspect all facilities and technical aspects. The host country shall pay the travel and accommodation expenses incurred in connection with the inspection visit, up to a maximum of four days on site.
- h) The host is required to provide a declaration to the ILS Management Committee that the pool venue and all provided equipment to be used in the competition will meet ILS standards.
- i) **Host organising committee responsibility for equipment:** The host organising committee shall be responsible for the provision of all equipment and material required to conduct pool, ocean and the Simulated Emergency Response Competition (SERC):
- The host organising committee of ILS IRB World Championships shall also provide at least 6 IRBs or equivalent for competition and set-up and safety.
 - The host organising committee shall be responsible for the provision of automatic officiating equipment for timing, placing and interfacing with the scoring system for all pool events.
 - In addition the host organising committee shall be responsible for the provision of at least 32 stopwatches and clipboards for use in pool and SERC events.
 - The host organising Committee will also be responsible for the provision of a team of poolside workers (minimum of four at all times) swimmers (minimum of four) and divers (minimum of two) to set manikins at the pool under the direction of an ILS equipment supervisor.
- j) The host organising committee shall supply the following competition equipment, which must all be of the same specification and make (except where indicated) and in excellent condition and must be used by competitors:
- Batons for Beach Relay and Beach Flags events (at least 68)
 - ILS-endorsed rescue tubes for ocean events (at least 20); in addition, at least 9 for training/warm-up
 - ILS-endorsed **SLSA** rescue tubes for pool events (at least 18 in competition pool); in addition, 10 extra for training/warm-up pool
 - ILS-endorsed rescue manikins from DLRG for pool events (at least 18 in competition pool); in addition, at least 10 extra for training/warm-up pool

1.1 Lifesaving World Championships (*cont'd*)

- Throw lines for pool events (at least 10 in competition pool); in addition 10 extra for training/warm-up pool
- Obstacles for pool events (at least 18 in competition pool); in addition 10 extra for training/warm-up pool.
- All SERC equipment requested by ILS Management Committee.
- ILS-endorsed inflatable rescue boats (IRBs), motors and equipment – at least 12.

Note: At LWC the host organising committee will provide fully equipped IRBs on a pooled basis. (Refer also the ILS *Competition Rule Book Section 7.*) The competition IRBs and associated equipment must be of the same design, make and model and in excellent working condition

- k) In addition, the host organising committee shall provide a competition equipment pool for optional use by competitors of:
- Surf skis and ski paddles – at least 24 each
 - Boards – at least 24
 - Surf boats fully equipped including oars – at least 6

Note: Surf Skis, Boards and Paddles, Surf Boats, Oars and associated equipment does not need to be of the same make and model.

- l) The host organising committee shall advise all registrants of the contents of the equipment pool, under what terms and conditions such equipment is available to competitors, and the type or brand of all equipment supplied.

Note: Surf Boats and equipment do not need to be of the same make and model.

Note: see Section 13.1 for the competition equipment information pertaining to the 2018 Lifesaving World Championships.

2. COMPETITION SAFETY

- a) The provision of safe competitions is essential and a priority in competition planning. At all Lifesaving World Championships, the host national lifesaving organisation is responsible for the provision of adequate resources to ensure the safety of those involved with the competition.
- b) The host organising committee shall appoint a Safety Officer who is responsible for ensuring that all competition facilities and environments are safe for use, and that the appropriate safety plan, equipment, craft, procedures and emergency personnel are in place to ensure the safety of competitors, officials and spectators, etc. The Safety Officer is a member of the ILS Event Management Committee.
- c) The host organising committee shall submit its safety and emergency plan to the ILS Event Management Committee no later than six months prior to the start of the Lifesaving World Championships.
- d) No competition shall be conducted until the ILS Event Management Committee is satisfied that the competition facilities are safe, and that the appropriate safety and emergency plan, equipment, procedures and personnel are in place.
- e) No ocean event shall be conducted until the Chief Referee has assessed the surf conditions and reported to the ILS Event Management Committee. Only the ILS Event Management Committee has the authority to cancel, reschedule, or relocate the Championships, an event or event final.
- f) The Chief Referee or the appointed coordinator of emergency services (as named in the safety and emergency plan) shall assume control of emergencies arising during competition.

2. COMPETITION SAFETY (CONT'D)

Note 1: Refer to the *ILS Competition Rule Book* for development and implementation of the Safety and Emergency Plan and the Relocation Contingency Plan for Lifesaving World Championships.

Note 2: The identified back up Beach and Pool venues for the LWC 2018 are:

- Seacliff Beach
- North Adelaide Aquatic Centre

Note 3: Accredited team medical staff are to be permitted immediate and appropriate entry to ocean and beach event arenas, pool deck areas, first aid facilities and to treatment rooms etc. to access an injured or ill athlete from their team. Accredited team medical staff are to be identified in the competition arena by appropriate badge, bib or clothing and should make themselves known beforehand to the ILS safety teams.

3. ELIGIBILITY AND RIGHT TO PARTICIPATE

- ILS Lifesaving World Championships are intended for bona fide lifesavers who have demonstrated a commitment to lifesaving – people who are lifesavers first, competitors second.
- ILS considers it unethical to recruit competitors for their high-performance athletic ability whose lifesaving credentials are tenuous or merely convenient for purposes of competition.
- Team management personnel and coaches are the key to preventing such unethical practices and must emphasise “play within the rules” behaviour. The personal conduct of team managers and coaches is measured by the ILS Code of Conduct in Section 2 of the ILS Competition Rule Book.
- At a Lifesaving World Championships series a member is permitted to compete for a National Team from one country and for one Club Team from that country or for one club team from a different federation (country).
- A member must compete for the same club for the entire Lifesaving World Championships series e.g. In the same year a member is not permitted to compete for one club in the Masters Life Saving Championships and for another club in the Open Interclub Lifesaving World Championships.
- The ILS Event Management Committee reserves the right to undertake any required checks to ensure the eligibility of competitors to participate in any Life Saving World Championship.

3.1 National Teams Lifesaving World Championships

Determining age

ILS follows IOC guidelines for determining the age of competitors in Lifesaving World Championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the Lifesaving World Championships.

- The National Teams Lifesaving World Championships is open to one Youth team and one Open team per nation.
- Each nation, as defined by ILS, must have at least one current ILS Full Member to be eligible to enter a team.
- To be eligible to compete on a national team, competitors shall:
 - Be citizens, by birth or naturalization, of the nation they represent and satisfy the principles of IOC eligibility requirements to compete for that nation (also refer Section 2 of the ILS Competition Rule Book).
 - Be bona fide lifesavers and members in good standing with that national lifesaving organisation and currently qualified for lifesaving duties.
 - Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the World Championships – regardless of which competition is scheduled first. For the Lifesaving World Championships Adelaide 2018, competitors must have been a member on or before August 18, 2018. This date is based on the first competition day scheduled for the Lifesaving World

Championships Adelaide 2018 (i.e. 16 November 2018 for the Masters Lifesaving World Championships).

- Be members of their nation's ILS Full Member organisation.
- For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the world championships programme (regardless of which competition is scheduled first).
- Attain the required age in the year of the Lifesaving World Championships:
 - Youth – be 15 to 18 years of age
 - Open – be a minimum of 16 years of age.

Specifically, for the ILS Lifesaving World Championships Adelaide 2018:

Youth	
Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before December 31, 2018.
Not Eligible	Competitors who turn 14 or 19 in 2018.

Open	
Eligible	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 in 2018.

- d) A competitor who is a citizen of more than one nation must choose which one to represent in National Teams Championships. The competitor shall then fall under the exclusive jurisdiction of that nation's ILS Full Member.
- e) ILS Full Members shall provide an endorsement declaring that their national team members are bona fide lifesavers; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.
- f) **Composition of a team:** Competitors enter the National Teams Lifesaving World Championships only as members of a team, not as individuals. A team may consist of a minimum of one competitor and a maximum of six females and a maximum of six males, in addition to any non-competitive management or coaching personnel. It is not mandatory to have both male and female competitors in a team. Teams may not increase the number of male or female competitors beyond six.
- g) National Team competitors 16 to 18 years may enter either Open or Youth competition but not both. Fifteen-year-olds are not eligible for Open competition.

3.2 National Teams Inflatable Rescue Boat (IRB) Lifesaving World Championships

Determining age

ILS follows IOC guidelines for determining the age of competitors in Lifesaving World Championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the Lifesaving World Championships.

- a) The National Teams IRB Lifesaving World Championships is open to one Open team per nation.
- b) Each nation, as defined by ILS, must have at least one current ILS Full Member to be eligible to enter a team.
- c) To be eligible to compete on a national team, competitors shall:
 - Be citizens, by birth or naturalization, of the nation they represent and satisfy the principles of IOC eligibility requirements to compete for that nation (also refer Section 2 of the ILS Competition Rule Book).
 - Be bona fide lifesavers and members in good standing with that a national lifesaving organisation and currently qualified for lifesaving duties and hold the relevant IRB award as detailed in the current ILS Competition Rule Book.

3.2 National Teams Inflatable Rescue Boat (IRB) Lifesaving World Championships (cont'd)

- Have been members of their team’s national lifesaving organisation for at least 90 days prior to the first day of the Lifesaving World Championships – regardless of which competition is scheduled first. For the Lifesaving World Championships Adelaide 2018, competitors must have been a member on or before August 18, 2018. This date is based on the first competition day scheduled for the 2018 Lifesaving World Championships (i.e.16 November 2018 for the Masters Lifesaving World Championships.).
- Be members of their nation’s ILS Full Member organisation.
- For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the world championships programme (regardless of which competition is scheduled first).
- Attain the required age in the year of the Championships:
 - Drivers – be a minimum of 18 years of age
 - Crew and Patients - be a minimum of 16 years of age.

Specifically, for National Teams Inflatable Rescue Boat Lifesaving World Championships Adelaide 2018:

Inflatable Rescue Boats	
Eligible (Patient and Crew)	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age. Not eligible: Competitors who turn 15 in 2018.
Eligible (Driver)	Competitors who turn 18 years of age on or before December 31, 2018 There is no maximum age. Not eligible: Competitors who turn 17 in 2018, those who are not certified by their federation to operate craft, and unlicensed drivers. Note 1: Northern Territory (Australia) and International Drivers will also be required to hold a South Australian Maritime licence to operate IRBs. The Organising Committee will advise teams of the arrangements for licensing.

- d) A competitor who is a citizen of more than one nation must choose which one to represent. The competitor shall then fall under the exclusive jurisdiction of that nation’s ILS Full Member.
- e) ILS Full Members shall provide an endorsement declaring that their national team members are bona fide lifesavers; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.
- f) Composition of a team: Competitors enter the National Teams IRB Lifesaving World Championships only as members of a team, not as individuals. A team may consist of a minimum of three competitors of the same gender and a maximum of four females and a maximum of four males, in addition to any non-competitive management or coaching personnel. It is not mandatory to have both male and female competitors on a team. Teams may not increase the number of male or female competitors beyond four.

3.3 Interclub Lifesaving World Championships

- a) The Interclub Lifesaving World Championships are open to one Youth team and one Open team per club or lifesaving unit. All team members must be in good standing with a current ILS Full Member.
- b) To be eligible to compete in the Interclub Lifesaving World Championships, competitors shall:
 - Be bona fide lifesavers and members in good standing of a current ILS Full Member, and currently qualified for lifesaving duties.

3.3 Interclub Lifesaving World Championships (cont'd)

Determining age

ILS follows IOC guidelines for determining the age of competitors in Lifesaving World Championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the Lifesaving World Championships.

- Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the Lifesaving World Championships – regardless of which competition is scheduled first. For the 2018 World Championships, competitors must have been a member on or before August 18, 2018. This date is based on the first competition day scheduled for the Lifesaving World Championships Adelaide 2018 (i.e. 16 November 2018 for the Masters Lifesaving World Championships Adelaide 2018).
- Be members of one lifesaving club, or lifesaving "unit" of a national lifesaving organisation and not from multiple clubs or units.
- Attain the required age in the year of the Championships:
 - Youth – be 15 to 18 years of age
 - Open – be a minimum of 16 years of age.

Specifically, for the ILS Lifesaving World Championships Adelaide 2018:

Youth	
Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before December 31, 2018.
Not Eligible	Competitors who turn 14 or 19 in 2018.

Open	
Eligible	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 in 2018.

- c) **Definition of a club for Interclub Lifesaving World Championships:** Competitors entered as a club must be members of the same club or "lifesaving unit". The definition of a club – for national lifesaving organisations that do not have a club system – is:

The basic administrative or lifesaving unit of the lifesaving organisation (not an amalgam of such units); such unit having a constitution and having representation to a higher body.

- d) For entry into the Interclub Lifesaving World Championships, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.
- e) **International transfers:** Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. Refer to the ILS Competition Rule Book for International club transfer rules and procedures.

The club international transfer rules (above) do not apply to National Teams Lifesaving World Championships.

- f) **Composition of a team:** Competitors enter the Interclub Lifesaving World Championships only as members of a club, not as individuals. A team may consist of a minimum of one competitor and a maximum of ten females and a maximum of ten males, in addition to any non-competitive management or coaching personnel. It is not mandatory to have both male and female competitors on a team. Teams may not increase the number of male or female competitors beyond ten.

3.3 Interclub Lifesaving World Championships (*cont'd*)

- g) Interclub competitors who are 16–18 years of age may enter individual events in either Open competition or Youth competition but not both. Regardless, team size remains 10 males and 10 females maximum.
- h) Interclub competitors 16–18 years may enter team events in either or both Open and Youth competition. Regardless, team size for both Open and Youth Interclub teams remains 10 males and 10 females maximum.

Note: no event will be delayed to allow participants to compete in both Interclub youth and open competitions.

3.4 Interclub Masters Lifesaving World Championships

- a) To be eligible to compete in the Interclub Masters Lifesaving World Championships, competitors shall:

Determining age

ILS follows IOC guidelines for determining the age of competitors in Lifesaving World Championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the Lifesaving World Championships.

- Be bona fide lifesavers and members in good standing of a current ILS Full Member organisation, and hold the required lifesaving award. Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the Lifesaving World Championships – regardless of which competition is scheduled first.
- For the Lifesaving World Championships Adelaide 2018, competitors must have been a member on or before August 18, 2018. This date is based on the first competition day scheduled for the 2018 Lifesaving World Championships (i.e. 16 November 2018 for the Masters Lifesaving World Championships Adelaide 2018).
- Be members of one lifesaving club, or lifesaving "unit" of a national lifesaving organisation and not from multiple clubs or units.
- Be a minimum of 30 years of age in the year of the Lifesaving World Championships.

Specifically, for the ILS Lifesaving World Championships Adelaide 2018:

Masters	
Eligible	Competitors who turn 30 years of age on or before December 31, 2018. There is no maximum age.
Not Eligible	Competitors who turn 29 in 2018.

Note: For Masters team events, in which the ages of the team members total a specified cumulative age, the cumulative age is also determined by the age of the team members *in the year of the Lifesaving World Championships*. For example, in a four-person team where the total age is to be a minimum of 140 years, team members may be 30 years, 35 years, 37 years and 38 years of age on or before 31 December 2018.

- b) Masters competitors may not compete in more than one age category in Masters competition.
- c) Masters competitors may enter the Interclub Masters Lifesaving World Championships as individual members of a club, and may participate in both individual events and team events. In team events, the team may not be made up of competitors from multiple clubs.
- d) **Definition of a club for Masters:** Competitors entered as a club must be members of the same club or "lifesaving unit". The definition of a club – for national lifesaving organisations that do not have a club system – is:

The basic administrative or lifesaving unit of the lifesaving organisation (not an amalgam of such units); such unit having a constitution and having representation to a higher body.

3.4 Interclub Masters Lifesaving World Championships (cont'd)

- e) **International transfers:** Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. Refer to the ILS Competition Rule Book for International club transfer rules and procedures.
- f) For entry into the Interclub Masters Lifesaving World Championships, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.
- g) **Team events:** Team events may only be entered by a club. Team members must represent the same club.

In each team event, Masters competitors shall compete only in the age-group for which they are eligible. In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.

- h) **Individual events:** In individual events, Masters competitors must compete only in the age-group for which they are eligible.

3.5 Other Interclub Lifesaving World Championships

- a) To be eligible to compete in the Interclub IRB, Surf Boat, Beach Run and Beach Run Relay Lifesaving World Championships, competitors shall:

Determining age

ILS follows IOC guidelines for determining the age of competitors in Lifesaving World Championships. In short, a competitor's age is determined by how old he or she is as at December 31 of the year in which they are participating in the Lifesaving World Championships.

- Be bona fide lifesavers and members in good standing of a current ILS Full Member organisation, hold the required lifesaving award and be currently qualified for lifesaving duties.
- Have been members of their team's national lifesaving organisation for at least 90 days prior to the first day of the World Championships – regardless of which competition is scheduled first. For the 2018 World Championships, competitors must have been a member on or before August 18, 2018. This date is based on the first competition day scheduled for the Lifesaving World Championships Adelaide 2018 (i.e. 16 November 2018 for the Masters Lifesaving World Championships Adelaide 2018).
- Be members of one lifesaving club, or lifesaving "unit" of a national lifesaving organisation, not from multiple clubs or units.
- Be a minimum of 16 years of age in the year of the Championships to compete in Surf Boat and IRB competition, and 15 years of age in the year of the Championships in other events unless otherwise prescribed.

Specifically, for the ILS Lifesaving World Championships Adelaide 2018:

Open and Reserve Surf Boats	
Eligible	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age.
Not Eligible	Competitors who turn 15 in 2018.

23 Years Surf Boats	
Eligible	Competitors who turn 16, 17, 18, 19, 20, 21, 22 or 23 years of age on or before December 31, 2018.
Not Eligible	Competitors who turn 15 or 24 in 2018

3.5 Other Interclub Lifesaving World Championships (cont'd)

19 Years Surf Boats	
Eligible	Competitors who turn 16, 17, 18 or 19 years of age on or before December 31, 2018.
Not Eligible	Competitors who turn 15 or 20 years of age on or before December 31, 2018.

Masters Surf Boats	
Eligible	Competitors who turn 30 years of age on or before December 31, 2018. There is no maximum age. Sweeps do not need to be Masters competitors but they must be eligible to compete in Open Surf Boat competition.
Not Eligible	Competitors who turn 29 in 2018.

Inflatable Rescue Boats	
Eligible (Patient and Crew)	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age. Not eligible: Competitors who turn 15 in 2018.
Eligible (Driver)	Competitors who turn 18 years of age on or before December 31, 2018. There is no maximum age. Not eligible: Competitors who turn 17 in 2018, those who are not certified by their federation to operate craft, and unlicensed drivers. Note: Note: Northern Territory (Australia) and International Drivers will also be required to hold a South Australian Maritime licence to operate IRBs. The Organising Committee will advise teams of the arrangements for licensing.

Youth Beach Run and Beach Run Relay	
Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before December 31, 2018.
Not Eligible	Competitors who turn 14 or 19 in 2018.

Open Beach Run and Beach Run Relay	
Eligible	Competitors who turn 16 years of age on or before December 31, 2018. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 2018.
Note: Eligible competitors may enter both Youth and Open Beach Run and Relay competitions unless open and youth are conducted simultaneously. In such circumstances the competitor(s) must choose in which event they are participating.	

- b) Open Lifesaving World Championship competitors are entered as members of a club, and, depending on the Championship entered, may participate in individual events and/or team events. Refer to specific events (see *Section 7 Programme of Events*) for any restriction on participation numbers.

3.5 Other Interclub Lifesaving World Championships (cont'd)

- c) **Definition of a club for Open Lifesaving World Championships:** Competitors entered as a club must be members of the same club or “lifesaving unit”. The definition of a club – for national lifesaving organisations that do not have a club system – is:
- The basic administrative or lifesaving unit of the lifesaving organisation (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
- d) **International transfers:** Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. Refer to the *ILS Competition Rule Book* for International club transfer rules and procedures.
- e) For entry into the Open Lifesaving World Championships, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.

3.6 Lifesaving World Championships Adelaide 2018 Open (Demonstration) Events

ILS has also approved the following open (demonstration) event that will be conducted by the local organising authority at the Lifesaving World Championships Adelaide 2018:

- **March Past:** a 12 person mixed event in Open and Youth categories. Refer to www.lifesaving2018.com for event rules.

Winning teams shall be awarded event medals.

Note: Age group eligibility for all the above events is as per ILS rules.

The local organising authority is also planning ILS member and general community participation events including an Ocean Swim and Distance Ski event. Refer to www.lifesaving2018.com for details.

4. ENTRY PROCEDURES

4.1 Championships Registration

- a) All teams must register prior to the Lifesaving World Championships Adelaide 2018 in accordance with the procedures, fee structure and deadlines established by ILS and the host organising committee.
- Note:** Entries close for all Lifesaving World Championships Adelaide 2018 one month prior to the commencement of the first championships i.e. 16th October 2018 – refer to www.lifesaving2018.com
- b) ILS maintains a database of the names of all competitors registered for all Lifesaving World Championships.
- c) Registrations received after the deadline for close of entries (i.e. 16th October 2018) shall only be considered in exceptional circumstances (e.g. replacement on medical grounds) by the Local Organising Committee in conjunction with the ILS Event Management Committee through the ILS Event Director.

4.2 Entry Guide times for Interclub and Masters Lifesaving World Championships

- a) The ILS Sport Commission may establish entry guide times for Youth, Open and Masters competitors in pool events in the Interclub and Masters Lifesaving World Championships.
- b) Entry Guide time assist organisers with presentation and timetabling of lifesaving World Championships.
- c) Entry Guide times for Youth, Open and Masters competitors in the 2018 Interclub and Masters Lifesaving World Championships Adelaide 2018 shall be based on the relevant world record times at September 30th, 2017 plus 50 per cent. The times shall be posted on the ILS website (www.ilsf.org) and be published with the registration information.

4.3 Entry times

Seeding shall be used for Interclub, National Teams and Masters Lifesaving World Championships. For pool events, competitors' times at competitions within the period beginning with the first day of the last Lifesaving World Championships to the entry deadline for the forthcoming Lifesaving World Championships, shall be submitted on the entry forms. Times are required to be submitted for both individual and team events. Competitors and teams shall be ranked according to their entry times.

Note 1: The Entry System will not allow an entry to be completed without an entry time being submitted or if the entry time is slower than the Entry Guide Time. Further, Team Managers are requested not to enter an athlete if they cannot achieve the Entry Guide time.

Note 2: Any entry times submitted that are faster than the World Record as at the close of normal entries shall not be accepted and the competitor or team will not be placed in a seeded heat.

Note 3: For seeding information see the ILS Competition Rule Book, Sections 3 and 4.

4.4 Entry fees

The ILS Sport Commission shall approve Lifesaving World Championships entry fees proposed by the host organising committee. Entry fees must be paid with the registration.

4.5 Changes in National Team, Interclub, Masters, Open championship composition/size

- a) Only the team manager may advise a change of team composition or size to the appropriate official of the host organising committee, up to two hours prior to the team's first entry into a point score event. After that time, there shall be no further alteration of team composition. Competitors who subsequently withdraw due to injury or other reason may not be replaced by a non-registered competitor.

Note: Point score events apply to national teams and interclub events only.

- b) The team manager shall notify the Lifesaving World Championships organisers of the change in team composition in writing indicating:
- Date and time
 - Name of the team
 - Name of the member(s) to be withdrawn
 - Name(s) and surname(s) of the competitor(s) being added
- c) Notification must be accompanied by documentation from the team's national organisation which provides endorsement declaring that the replacement team member meets the eligibility criteria and is a bona fide member.
- d) If team member numbers increase, all appropriate entry fees (including applicable late entry fees) must accompany the written notice.
- e) In addition, the new competitor(s) or team management shall complete any registration documentation that the organisers may require. New competitors and team management are responsible for acquainting themselves with matters that may have previously been dealt with at team briefings, etc.

4.6 Substitutions in individual events

- a) Only the team manager may substitute team members in individual events with another member from the same team. Team managers must notify the appropriate officials of substitution no later than 30 minutes prior to the start of the event or prior to the commencement of marshalling – whichever comes first.
- b) Competitors who have been replaced in an event may not be re-substituted into that same event, but they may contest other events in the competition.
- c) Substitutions are not permitted after the first round of an individual event has been conducted.

Note: An event is a series of races with the same prescribed rules and conditions (e.g., facility, equipment, distance and style), for example Beach Flags is an event, Obstacle Swim is an event.

4.7 Substitutions in team events

- a) Substitutions are permitted in any round of team events.
- b) Only the team manager may substitute members in a team event with other members of the same national team or club. Team managers must notify the appropriate officials of the substitution(s) no later than 30 minutes prior to the start of the first round of the team event or 30 minutes prior to the commencement of marshalling in subsequent rounds.

5. TEAM UNIFORMS AND EQUIPMENT

5.1 Team uniform

- a) Each team shall have a uniform suitable for official ceremonies and award presentations. Team managers, coaches, and assistants will be encouraged to take part in the ceremonies and shall wear a uniform that complements that of the team.
Note 1: at official ceremonies the expectation is that teams shall wear their team blazers and/or wear their team tracksuit or t-shirt and shorts depended on team outfitting, the occasion, the weather etc.
Note 2: For Medal Presentations at the pool the expectation is that placegetters shall wear their team tracksuit or t-shirt and shorts. At the Ocean the expectation is that team members shall wear their costumes, vest and cap or team tracksuit, or t-shirt and shorts.
- b) All competitors' uniforms must be in accordance with standards approved by ILS. The Chief Referee has the authority to exclude any competitor whose uniform or swimwear is not in accordance with ILS standards or the commercial identification policy.
- c) Commercial identification on uniforms, competition apparel or equipment shall be acceptable only where it conforms to the commercial identification policy (5.2 below).
- d) No club, competitor or handler may have any signage, logos or corporate identification on clothing, competition apparel, gear, equipment or on the person in the competition arena that the Chief Referee deems to be objectionable.
- e) Refusal to comply with any of the above renders the clothing, competition apparel, or equipment ineligible for the competition, and the competitor (and/or team) ineligible for further participation in the championships.
- f) If such breaches are found after the event or in post-race scrutineering, the competitor (and/or team) will forfeit titles and awards.

5.2 Commercial identification policy

- a) The ILS Management Committee reserves the right to order the removal or coverage of commercial identification in conflict with official Lifesaving World Championship sponsors. This includes body tattoos or body paint.
- b) Notwithstanding the foregoing, official sponsors of clubs and teams may retain their identification on competition apparel and equipment irrespective of commercial conflict, but must not display other signs, banners, flags or other identification within close proximity to the competition arena.
- c) Competitors in all craft event heats, semi-finals, and finals may be required to carry championships sponsor signage affixed on craft or equipment provided. All team and individual sponsor signage on craft and equipment will not be covered unless it is unavoidable when fitting the championships sponsor signage.
- d) All individual competitors in Lifesaving World Championships events may be asked to wear naming-rights sponsor's vests for televised heats, semi-finals and finals. If the naming-rights sponsor conflicts with an existing team or individual sponsor, unbranded vests shall be worn.

5.2 Commercial identification policy (*cont'd*)

Note: Notwithstanding the above, it is a condition of entry to the Lifesaving World Championships Adelaide 2018 that all competitors and handlers must wear the vests supplied by the local organising authority in all Ocean competition.

- e) **Body tattoos, body paint:** Sponsors may be shown once only on the body and may not exceed 150 mm by 50 mm in size.
- f) Television interviews may be undertaken in the competition arena with prominent competitors. Competitors interviewed may be asked to wear championships sponsor apparel.
- g) **Presentation:** At the conclusion of the events, place winners may be offered items of apparel identified with Lifesaving World Championships sponsors. Competitors will be asked to wear such items during the presentation.

Note: Every co-operation is requested in this regard; the support of sponsors helps to curtail significant expenses that would otherwise be passed onto competition participants.

5.3 Competition attire

The specifications and requirements for the following are detailed in *Sections 2 and 8 of the ILS Competition Rule Book*:

- Swimwear
- Swim caps and helmets
- Vests
- Lifejackets and personal flotation devices
- Eyewear
- Footwear

5.4 Standardised competition equipment

- a) Competitors must use the following equipment provided by the host organising committee:
 - Batons for Beach Relay and Beach Flags events
 - Rescue manikins for pool events
 - Rescue tubes for pool and ocean events
 - Throw lines for pool events
 - Obstacles for pool events
 - Inflatable rescue boats (IRBs)

b) In addition, the host organising committee shall provide a competition equipment pool for optional use by competitors (See Section 1.1):

- Surf skis and ski paddles
- Boards
- Surf boats fully equipped including oars

A person appointed by the ILS Event Management Committee shall approve the supplier of the equipment provided by the host organising committee (who must produce craft that meets ILS specifications). All supplied equipment must be scrutinised by an ILS Technical Official before use in competition. An official decal or stamp shall be placed on the equipment to signify that the provided equipment complies with the ILS specification and is in safe repair.

- c) Competitors may use their own swim fins, boards, surf skis and paddles, and surf boats and oars, and helmets and lifejackets.
 - All competitor provided equipment used in National Teams, and IRB National Teams shall be scrutinised as per the ILS Competition Rule Book scrutineering

procedures prior to use in competition. An official decal or stamp shall be placed on the equipment to signify that competitor provided equipment complies with specification and is in safe repair. Should any equipment be found not carry the decal or stamp in the marshalling area the equipment should not be used in competition.

- All competitor provided equipment used in Masters, Interclub, Interclub IRB and Surfboat and any other events must be scrutineered and carry an official stamp or decal prior to use in semi finals. Should any equipment found not carry the decal or stamp in the marshalling area the equipment should not be used in competition.

Note: To avoid any issues, it is strongly recommended that all competitor provided equipment is scrutineered prior to first use in any competition.

- In addition, all equipment used in all ILS Lifesaving World Championships is subject to random scrutineering irrespective of whether it is pooled or competitor supplied or has been previously scrutineered and/or carries the scrutineering decal or stamp.

6. DOPING CONTROL

- a) The International Life Saving Federation (ILS) has a policy of drug-free competition with possible drug testing for all ILS Lifesaving World Championships, ILS regional championships and World Games. View or download ILS Anti-Doping Rules at www.ilsf.org.
- b) ILS recognises that the host country may have laws or legal requirements in addition to the ILS drug policy. Competitors must be informed of such requirements as part of registration procedures.
- c) A violation of the ILS Anti-Doping Rules leads to disqualification of an athlete's individual results including forfeiture of points, medals and prizes in individual events. In a team event, if a member of a team violates the ILS Anti-Doping Rules, the entire team shall be disqualified from that event with the attendant loss of points, medals and prizes.

Note: see Section 2 of the ILS Competition Rule Book for more details.

7. PROGRAMME OF EVENTS

- a) For ILS Lifesaving World Championships, the programme of events shall be established by the ILS Sport Commission. For ILS-sanctioned competition, the programme of events shall be established jointly by the ILS Sport Commission and the body responsible for the sanctioned competition.
- b) For the Lifesaving World Championships Adelaide 2018, the ILS Sport Commission has approved the following:
 - National Teams Open Lifesaving World Championships
 - National Teams Youth Lifesaving World Championships
 - National Teams Inflatable Rescue Boat Lifesaving World Championships
 - Interclub Open Lifesaving World Championships
 - Interclub Youth Lifesaving World Championships
 - Masters Lifesaving World Championships
 - Interclub Open and Masters World Surf Boat Championships
 - Interclub Inflatable Rescue Boat Lifesaving World Championships
 - Interclub Beach Run Lifesaving World Championships

7.1 National Teams and Interclub Lifesaving World Championships

- a) Open and Youth competition shall be conducted in National Teams and Interclub championships in male and female categories in the events listed below:

Pool Events	National Teams Maximum entries per team	Open Interclub Maximum entries per club	Youth Interclub Maximum entries per club
200 m Obstacle Swim	2 competitors	4 competitors	2 competitors
50 m Manikin Carry	2 competitors	4 competitors	2 competitors
100 m Rescue Medley	2 competitors	4 competitors	2 competitors
100 m Manikin Carry with Fins	2 competitors	4 competitors	2 competitors
100 m Manikin Tow with Fins	2 competitors	4 competitors	2 competitors
200 m Super Lifesaver	2 competitors	4 competitors	2 competitors
Line Throw	1 team	1 team	1 team
4 x 25 m Manikin Relay	1 team	1 team	1 team
4 x 50 m Obstacle Relay	1 team	1 team	1 team
4 x 50 m Medley Relay	1 team	1 team	1 team

4 x 50M Mixed Pool Lifesaver Relay: A new National Team and InterClub Open and Youth Championship event has been introduced to the LWC Pool programme from 2018 onward. This event shall be conducted *without* separate male and female categories. Each team must consist of two males and two females. The Event Management Committee shall undertake a draw to determine the male and female legs of the race. Refer to the ILS Competition Rule Book for event rules.

4 x 50 m Mixed Pool Lifesaver Relay	1 team	1 team	1 team
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Ocean Events	National Teams Maximum entries per team	Open Interclub Maximum entries per club	Youth Interclub Maximum entries per club
Surf Race	2 competitors	4 competitors	2 competitors
Beach Flags	2 competitors	4 competitors	2 competitors
Beach Sprint	2 competitors	4 competitors	2 competitors
Surf Ski Race	2 competitors	4 competitors	2 competitors
Board Race	2 competitors	4 competitors	2 competitors
Oceanman/Oceanwoman (see Note)	2 competitors	4 competitors	2 competitors
Rescue Tube Rescue	1 team	1 team	1 team
Beach Relay	1 team	1 team	1 team
Board Rescue	1 team	1 team	1 team
Oceanman/Oceanwoman Relay	1 team	1 team	1 team

7.1 National Teams and Interclub Lifesaving World Championships (*cont'd*)

Note: The finals of LWC Adelaide 2018 National Teams and Interclub Open and Youth Oceanman and Oceanwoman events shall be conducted in an eliminator format over three rounds (refer ILS Competition Rulebook for event rules.) The Oceanman and Oceanwoman finals will have 18 competitors each and placing points will be based on the top 16 in order of elimination from each final. The Oceanman and Oceanwoman events shall be conducted immediately prior to the Mixed Ocean Teams Relay event.

(Mixed) Ocean Lifesaver Relay: A new National Team and Interclub Open and Youth Championship event has been introduced to the LWC Ocean programme from 2018 onward. This event is a variation of the Oceanman/Oceanwoman Relay and shall be conducted as mixed event only. Each team must consist of two males and two females. The Event Management Committee shall undertake a draw to determine the male and female legs of the race. Refer to the ILS Competition Rule Book for event rules.

Ocean Lifesaver Relay	1 team	1 team	1 team
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SERC Event	National Teams Maximum entries per team	Open Interclub Maximum entries per club	Youth Interclub Maximum entries per club
Simulated Emergency Response Competition	1 team	1 team	1 team

- b) **Simulated Emergency Response Competition:** The Simulated Emergency Response Competition (SERC) shall be conducted *without* separate male and female categories. Teams may consist of any combination of males and females.

7.2 National Teams Inshore Rescue Boat Lifesaving World Championships

- a) National Teams IRB competitors shall compete in the events listed below:

IRB Events	National Teams
Male IRB Rescue	1 team
Female IRB Rescue	1 team
Male IRB Mass Rescue	1 team
Female IRB Mass Rescue	1 team
Male IRB Rescue Tube	1 team
Female IRB Rescue Tube	1 team
Mixed IRB Teams Rescue	1 team

Note: All male events must consist of male drivers, crewpersons and patients. All female events must consist of female drivers, crew persons and patients. The mixed IRB Teams Rescue event shall consist of one female crew (driver, crew and patient) and one male crew (driver, crew and patient) competing in that order.

7.3 Masters Lifesaving World Championships

7.3.1 Pool Events

For Lifesaving World Championships Adelaide 2018, the following pool events (see chart, page 16) shall be conducted in both male and female categories. For event descriptions, see *Section 3 of the ILS Competition Rule Book*.

7.3 Masters Lifesaving World Championships (cont'd)

- a) In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.
- b) Pool four-person team events are conducted as total-age events with competitors whose ages total 140-169 years, 170-199 years, 200-229 years and 230 years or more. The total of the four competitors' ages determines the team's age group. For example, a team comprised of a 30-year-old, a 40-year-old, a 50-year-old and a 60-year-old (= 180 years) would compete in the 170-199 years age group.
- c) Time-finals: In the Masters Lifesaving World Championships, finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time.
- d) Seeding: Competitors shall be seeded in the following manner into heats according to their submitted times with the time-finals swum slowest to fastest:

If one heat: it shall be seeded as a final.

If two or more heats: the fastest competitors shall be seeded in the last heat (as set out in "Assignment of Lanes" Section 3.4.3 of the ILS Competition Rule Book), the next fastest competitors into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.

Masters Pool Events	Masters Age Groups								
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
200 m Obstacle Swim	X	X	X	X	X				
100 m Obstacle Swim						X	X	X	X
100 m Manikin Carry with Fins	X	X	X	X	X	X	X	X	X
100 m Manikin Tow with Fins	X	X	X	X	X	X	X	X	X
50 m Manikin Carry	X	X	X	X	X	X	X	X	X

Masters Team Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Line Throw	X	X	X	X	X	X	X	X	X

Total-Age Team Events	Ages total 140-169	Ages total 170-199	Ages total 200-229	Ages total 230+
4 x 25 m Manikin Relay	X	X	X	X
4 x 50 m Medley Relay	X	X	X	X
4 x 50 m Obstacle Relay	X	X	X	X

7.3.2 Ocean Events

The following ocean events (see chart page 19) shall be conducted in both male and female categories for Masters championships. For event descriptions, see *Section 4 of the ILS Competition Rule Book*.

7.3.2 Ocean Events (cont'd)

- a) Ocean individual events and the Board Rescue event are conducted in age groups as detailed in this section. In the Board Rescue event, the two-person team shall compete in the age group of the younger competitor.
- b) Ocean three-person team events are conducted as total-age events with competitors whose ages total 110-129 years, 130-149 years, 150-169 years and 170 years or more. The total of the three competitors' ages determines the team's age-group. For example, a team composed of a 30-year-old, a 40-year-old, and a 50-year-old (= 120 years) would compete in the 110-129 years age group.
- c) **Oceanman/Oceanwoman swim course:** If, because of prevailing surf conditions, the Oceanman/Oceanwoman swim course will significantly exceed 120 m, two single buoys laid a minimum of 10 m apart at 120 m may be used. In such circumstances the standard swim course will be used for the board leg and for the first and third turning buoy of the surf ski leg. An apex buoy placed approximately 10 m beyond the swim buoys will complete the surf ski buoys.

Masters Ocean Events	Masters Age Groups								
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Surf Race	X	X	X	X	X	X	X	X	X
Beach Flags	X	X	X	X	X	X	X	X	X
Beach Sprint	X	X	X	X	X	X	X	X	X
2 km Beach Run	X	X	X	X	X	X			
1 km Beach Run							X	X	X
Surf Ski Race	X	X	X	X	X	X	X	X	X
Board Race	X	X	X	X	X	X	X	X	X
Oceanman/Oceanwoman (See Note)	X	X	X	X	X	X	X	X	X

Note: The Masters Oceanman and Oceanwoman events shall be conducted in the traditional single race final format.

Masters Team Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Board Rescue	X	X	X	X	X	X	X	X	X

7.3.2 Masters Ocean Events (continued)

Total-Age Team Events	Ages total 110-129	Ages total 130-149	Ages total 150-169	Ages total 170+
Surf Teams Race (3 competitors per team)	X	X	X	X
Surf Ski Relay (3 competitors per team)	X	X	X	X
Beach Relay (3 competitors per team)	X	X	X	X
Board Relay (3 competitors per team)	X	X	X	X
Oceanman/Oceanwoman Relay (3 competitors per team)	X	X	X	X

7.4 Interclub Open and Masters Surf Boat Lifesaving World Championships

- a) Surf Boat Lifesaving World Championship competition is conducted in both male and female categories in the Open and Masters categories. There is no restriction on the number of club entries in each division of the Interclub or Masters Surf Boat Lifesaving World Championships.

Note: Refer to the Entry Procedure Guidelines on the website for crew and sweep registration instructions. Because of entry system programming Sweeps shall be required to be entered separately to their crew as “Attendants”.

- b) The surf boat competition does not contribute to the point score in National Teams or Interclub Lifesaving World Championships.
- c) The Open Surf Boat Lifesaving World Championships Adelaide 2018 shall be conducted in the following categories:
- Open Male
 - Open Female
 - Reserve Male
 - Reserve Female
 - 23 years Male
 - 23 years Female
 - 19 years Male
 - 19 Years Female
- d) The Masters Surf Boat Lifesaving World Championships Adelaide 2018 shall be conducted in male and female categories in the following age groups:
- 120 years+
 - 140 years+
 - 160 years+
 - 180 years+
 - 200 years+
 - 220 years+
 - 240 years+
 - 260 years+
- e) The Masters Surf Boat Race is conducted in eight total-age groups: 120 years or more; 140 years or more; 160 years or more; 180 years or more; 200 years or more; 220 years or more; 240 years or more; 260 years or more. The age group is calculated using the total of the ages of the four rowers in the crew and does not include the sweep.
- f) The sweep need not be a Masters competitor but must be proficient as a sweep. The sweep is considered to be gender neutral with respect to participation in male and female events. A female could act as sweep with a male crew and vice versa.
- g) With the approval of the ILS Management Committee, proficient sweeps who are non-team members may act as sweeps for clubs from national lifesaving organisations which are developing surf boat racing, provided the sweeps are a member of a current ILS Full Member organisation and are registered to participate at the championships in some capacity.
- h) The course shall be as for the Surf Boat Race (see diagram in Section 6.2 Surf Boat Event of the *ILS Competition Rule Book*).

Note: For event description, see Section 6 of the ILS Competition Rule Book.

7.5 Interclub Inflatable Rescue Boat (IRB) Lifesaving World Championships

- a) Interclub Lifesaving World Championship IRB events are conducted in both open male and open female categories. Competitors may enter regardless of their involvement in the Interclub or National Teams World Lifesaving Championships provided that they comply with the eligibility requirements.
- b) Club team entries in this championship are limited to a maximum of 15 male and 15 female competitors per club.
- c) Interclub Teams IRB competitors shall compete in the events listed below:

IRB Events
Male IRB Rescue
Female IRB Rescue
Male IRB Mass Rescue
Female IRB Mass Rescue
Male IRB Rescue Tube
Female IRB Rescue Tube
Male IRB Teams Rescue
Female IRB Teams Rescue

- d) The Interclub IRB Lifesaving World Championships Adelaide 2018 shall be conducted in both male and female categories. For event description, see Section 7 of the ILS Competition *Rule Book*.
- e) IRB events do not contribute to the point score in National Teams or Interclub Lifesaving World Championships but have their own point score trophy.

7.6 Interclub World Beach Run Championships

- a) There is no restriction on the number of club entries in this Interclub Lifesaving World Championship.
- b) The 2km Beach Run and 2 x 1km Beach Run Relay Interclub Lifesaving World Championships Adelaide 2018 shall be conducted in male and female categories in both Open and Youth competition. For event description, see Section 4 of the ILS Competition Rule Book.

7.7 Lifesaving World Championships Adelaide 2018 Open (Demonstration) Events

ILS has also approved the following open (demonstration) event which will be conducted by the local organising authority at the Lifesaving World Championships Adelaide 2018:

- **March Past:** a 12 person mixed event in Open and Youth categories. Refer to www.lifesaving2018.com for event rules.

Winning teams shall be awarded event medals.

Note: Age group eligibility for all the above events is as per ILS rules.

The local organising authority is also planning ILS member and general community participation events including an Ocean Swim and Distance Ski event. Refer to www.lifesaving2018.com for details.

7.8 Minimum entries required constituting an event

Unless determined otherwise by the Chief Referee, an event will be contested with at least one entry. Organisers will determine how best to facilitate this (e.g., races with combined genders, age-groups). Medals will be awarded according to competitors' placing in their age group and gender.

8. SCORING

8.1 Finals in Lifesaving World Championships

- a) For point score purposes finals shall be conducted in Pool and Ocean events for National Teams Lifesaving World Championships, the Interclub Lifesaving World Championships, the National Teams IRB Lifesaving World Championships, and the Interclub IRB Lifesaving World Championships.
- In Ocean events: The highest placed 16 competitors based on heats are assigned positions in a final of 16 competitors, or in an A and B final of eight competitors each.
 - In Pool events: The fastest 16 competitors based on heats are assigned positions in an A and B final of eight competitors each.
 - In IRB events: The highest placed 16 competitors based on heats are assigned positions in an A and B final of eight competitors each.

8.1 Finals in Lifesaving World Championships (cont'd)

- b) Winners of A finals shall be declared Lifesaving World Champions.
- c) In Masters Lifesaving World Championships, finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time. Competitors shall be seeded according to their submitted times with the time-finals swum slowest to fastest.
- d) In National Teams and Interclub IRB events, A and B finals are required for point score purposes.
- e) For Interclub Surf Boat and Beach Run Lifesaving World Championships A finals are required to determine winners and place getters.

8.2 Points allocation

- a) Teams competing in National Teams, Interclub and National Teams IRB and Interclub IRB lifesaving World Championships shall be allocated the following points based on team member placing in finals. No points are allocated to Masters clubs or to Surf Boats or Beach Run Lifesaving World Championships.

Place	Points		Place	Points
1 st	20		9 th	8
2 nd	18		10 th	7
3 rd	16		11 th	6
4 th	14		12 th	5
5 th	13		13 th	4
6 th	12		14 th	3
7 th	11		15 th	2
8 th	10		16 th	1

- b) The National Teams Open, Youth and IRB Lifesaving World Championships are all separate Championships with separate point scores for each.
- c) Interclub competitors' results in other Interclub competitions (i.e. Surf Boat, IRB, Beach Run) are not counted in the Interclub Lifesaving World Championships team totals.

8.3 Point score blocking

There shall be no point score blocking in National Teams or Interclub Teams Lifesaving World Championships. All competitors are eligible to earn points for their team and to earn individual awards.

8.4 Scoring disqualifications or DNFs

- a) Competitors who do not finish (DNF) or who are disqualified in an A final shall earn 10 points. Competitors who do not finish (DNF) or are disqualified in a B final shall earn one point. (See Section 2.14 Disqualifications and Did Not Finish classifications in the ILS Competition Rule Book.)
- b) However, competitors shall not earn any points if they are disqualified for “Competing unfairly” or for a “Serious discipline offence”. (See Section 2.13 Misconduct in the ILS Competition Rule Book.)

Note: For clarification of “elimination” vs “disqualification”, see *Section 4.10 Beach Flags in the ILS Competition Rule Book*.

8.5 Withdrawal from a race

- a) Competitors or teams should advise if they intend to withdraw from an A or B final within thirty minutes of the finalists being announced.
- b) Competitors or teams who withdraw or do not start (DNS) in an A or B final shall not earn any points for their team’s point score (i.e. zero points are scored for a “no show”).
- c) Where one or more competitors in the National Teams or Interclub Lifesaving World Championships withdraw from an A final, competitors shall be called forward from the B final. The A final shall be re-seeded.
- d) Where one or more competitors in the National Teams or Interclub Lifesaving World Championships withdraw from a B final, alternate competitors up to a maximum of four competitors shall be called forward from the heats. The B final shall not be re-seeded. Should insufficient reserves be on standby the B final shall progress with those who have marshalled.

Note: In pool events, reserves shall be determined based on heat times. In ocean events, reserves will come from the same qualifying race as the withdrawn competitor.

8.6 Event cancellation

No points shall be credited to any team if an event is cancelled – even if some heats have been conducted.

8.7 Ties

- a) Ties in overall team point scores shall be broken using the following system:
 - Most first-place final finishes;
 - Most second-place final finishes;
 - Most third-place final finishes; and so on.
- b) In finals, if two teams tie for first, each receives first-place points (20). The next placing team earns 16 points, and so on.
- c) When a tie occurs in an ocean event that qualifies for a final, the tied competitors shall advance to the final. However, if there are insufficient places available in the final, a repêchage shall be conducted between the tied competitors to determine the finalist.
- d) In pool events, when competitors in heats have equal times registered to 1/100 of a second for either the eighth place or sixteenth place, there shall be a swim-off to determine which swimmer shall advance to the appropriate final.

9. AWARDS

9.1 National Teams Open Lifesaving World Championships

- a) Overall: Awards shall be presented to the first, second, and third place National Team, based on the overall point score for all pool and ocean events, including the Mixed Pool and Ocean Lifesaver Relay events and the Simulated Emergency Response Competition.
- The **Alan B. Whelpton**, AO Trophy shall be presented to the winning team of the National Teams Lifesaving World Championships.
 - Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) **Pool events – overall:** An award shall be presented to the first place team in pool events, based on the total point score of all pool events including the Mixed Pool Lifesaver Relay event but excluding the Simulated Emergency Response Competition (SERC).
- **Pool events – overall male team:** The male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay events and the SERC, based on the total male point score, will be acknowledged.
 - **Pool events – overall female team:** The female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score, will be acknowledged.
- c) **Ocean events – overall:** An award shall be presented to the first place team in ocean events including the Mixed Ocean Lifesaver Relay event, based on the total point score of all ocean events.
- **Ocean events – overall male team:** The male team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total male point score, will be acknowledged.
 - **Ocean events – overall female team:** The female team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total female point score, will be acknowledged.
- d) **SERC: The Royal Life Saving Society Trophy** shall be presented to the national team placing first in the Simulated Emergency Response Competition.
- e) **Event winners:** Individual awards shall be presented to the first three places in the final of all events at the National Teams Championships. Event winners shall be recognised as National Teams Lifesaving World Champions in those events.

9.2 National Teams Youth Lifesaving World Championships

- a) **Overall:** Awards shall be presented to the first, second and third place National Youth Team, based on the overall point score for all pool and ocean events, events, including the Mixed Pool and Ocean Lifesaver Relay events and the SERC.
- Individual awards shall be presented to each member of the first, second, and third place teams, and to a maximum of two management or coaching personnel per team.
- b) **Pool events – overall:** An award shall be presented to the first place team in pool events, based on the total point score of all pool events, including the Mixed Pool Lifesaver Relay event but excluding the SERC.
- **Pool events – overall male team:** The male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total male point score, will be acknowledged.
 - **Pool events – overall female team:** The female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score, will be acknowledged.

- c) **Ocean events – overall:** An award shall be presented to the first place team in ocean events including the Mixed Ocean Lifesaver Relay event, based on the total point score of all ocean events.
- **Ocean events – overall male team:** The male team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total male point score, will be acknowledged.
 - **Ocean events – overall female team:** The female team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total female point score, will be acknowledged.
- d) **SERC:** An award shall be presented to the first place team in the Simulated Emergency Response Competition.
- e) **Event winners:** Individual awards shall be presented to the first three places in the final of all events in the National Teams Youth Age Group Championships. Event winners shall be recognised as National Teams Youth Lifesaving World Champions in those events.

9.3 National Teams IRB Lifesaving World Championships

- a) **Overall:** Awards shall be presented to the first, second and third place national team, based on the overall point score for the events contested.
- b) A Trophy will be presented to the winning team of the National Teams IRB Lifesaving World Championships. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- c) **Event winners:** Individual awards shall be presented to the first three places in the final of all events at the National Teams IRB Lifesaving World Championships. Event winners shall be recognised as National Teams IRB Lifesaving World Champions in those events.

9.4 Interclub Open Lifesaving World Championships

- a) **Overall:** Awards shall be presented to the first, second and third place club team, based on the overall point score for all pool and ocean events, including the Mixed Pool and Ocean Lifesaver Relay events and the SERC.
- The **Kevin Weldon Trophy** shall be presented to the winning club team of the Interclub Lifesaving World Championships.
 - Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) **Pool events – overall:** The **Josef Schmitz Memorial Trophy** shall be presented to the club placing first in the pool events based on the total point score of all pool events including the Mixed Pool Lifesaver Relay event but excluding the Simulated Emergency Response Competition.
- **Pool events – overall male team:** The male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total male point score, will be acknowledged.
 - **Pool events – overall female team:** The female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score, will be acknowledged.
- c) **Ocean events – overall:** The **Mike Mortimer Memorial Trophy** shall be presented to the club placing first in the ocean events including the Mixed Ocean Lifesaver Relay event based on the total point score of all ocean events.
- **Ocean events – overall male team:** The male team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total male point score, will be acknowledged.

- **Ocean events – overall female team:** The female team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total female point score, will be acknowledged.
- d) **Event winners:** Individual awards shall be presented to the first three places in the final of all events of the Interclub Lifesaving World Championships. Event winners shall be recognised as Interclub Lifesaving World Champions in these events.

9.5 Interclub Youth Lifesaving World Championships

- a) **Overall:** Awards shall be presented to the first, second and third place club team, based on the overall point score for all pool and ocean events, including the Mixed Pool and Ocean Lifesaver Relay event and the SERC.
 - Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) **Pool events – overall:** An award shall be presented to the club placing first in the pool events based on the total point score of all pool events including the Mixed Pool Lifesaver Relay event but excluding the Simulated Emergency Response Competition.
 - **Pool events – overall male team:** The male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total male point score, will be acknowledged.
 - **Pool events – overall female team:** The female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score, will be acknowledged.
- c) **Ocean events – overall:** An award shall be presented to the club placing first in the ocean events including the Mixed Ocean Lifesaver Relay event based on the total point score of all ocean events.
 - **Ocean events – overall male team:** The male team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total male point score, will be acknowledged.
 - **Ocean events – overall female team:** The female team placing first overall in ocean events but excluding the Mixed Ocean Lifesaver Relay event, based on the total female point score, will be acknowledged.
- d) **Event winners:** Individual awards shall be presented to the first three places in the final of all events of the Interclub Lifesaving World Championships. Event winners shall be recognised as Interclub Lifesaving World Champions in these events.

9.6 Interclub Masters Lifesaving World Championships

Within each Masters age group, awards shall be presented to the first three places in the final of all events at the Interclub Masters Lifesaving World Championships. Event winners shall be recognised as Interclub Masters World Lifesaving Champions.

Note: There shall be no club award presented at the Masters championships.

9.7 Interclub Open and Masters Surf Boat Lifesaving World Championships

Awards shall be presented to the overall first, second, and third place crews in both Open and Masters categories. The first place crews shall be recognised as Interclub Surf Boat Lifesaving World Champions in that category.

9.8 Interclub Inflatable Rescue Boat (IRB) Lifesaving World Championships

- a) **Overall:** Awards shall be presented to the first, second and third place national team, based on the overall point score for the events contested.
- b) The **Charles Thomson, MBE Memorial Trophy** will be presented to the winning team of the Interclub IRB Lifesaving World Championships. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

- c) **Event winners:** Individual awards shall be presented to the first three places in the final of all events at the Interclub IRB Lifesaving World Championships. Event winners shall be recognised as Interclub IRB Lifesaving World Champions in those events.

9.9 Interclub Open Beach Run & Beach Run Relay Lifesaving World Championships

Awards shall be presented to the overall first, second, and third place competitors in both the individual and relay events in the Open and Youth Categories. The first place individuals shall be recognised as Interclub Open Beach Run Lifesaving World Champions in that category. The first place beach relay teams shall be recognised as Interclub Open Beach Run Lifesaving World Champions in that category.

10. PROTESTS, APPEALS, CODES OF BEHAVIOUR AND DISCIPLINE

10.1 Protests and Appeals

- a) The ILS Management Committee reserves the right, at its absolute discretion, to delete, alter or otherwise vary any rule, competition criteria, timetable or other matter as it deems necessary. Every effort will be made to ensure that each team manager receives notice of any such deletion, alteration, variation or change. Protests resulting from such ILS Management Committee decisions are not permitted and will not be entertained.
- b) Where permitted a competitor or team manager may protest to a referee in accordance with the terms of the *ILS Competition Rule Book* and may subsequently dispute a referee's decision. The processes for Protest and Appeals are prescribed in the *ILS Competition Rule Book*.
- c) The fee for an Appeal at the Lifesaving World Championships Adelaide 2018 shall be AUD\$150 (approximately Euro100 as at September 2017) for an individual event and AUD \$300 (approximately Euro 200) for a team event.

10.2 Code of Conduct and Discipline

- a) ILS expects and requires of its competitors, officials and members generally the highest standards of conduct and behaviour.
- b) ILS Life Saving World Championships are high profile public events. ILS expects all competitors, officials, members and attendees to co-operate to ensure a positive public image. Behaviour likely to cause embarrassment or damage to the image of ILS or Lifesaving World Championship competition will be referred to the Disciplinary Committee. Penalties may include expulsion of individuals or teams from the competition.

Note: Refer to the *ILS Competition Rule Book* for the code of conduct, the fair play code, misconduct and discipline expectations and processes.

11. OFFICIAL CEREMONIES

- a) Official ceremonies shall be conducted at all Lifesaving World Championships and consist of the following elements:
- Parade of teams in front of the official reviewing stand
 - Playing of the ILS song
 - Raising of the ILS flag
 - Administration of oaths (below) to athletes, team managers/coaches, and officials
 - Official welcome by the International Life Saving Federation
 - Official welcome by host authority
 - Official photographs
- b) Oath for competitors: "In the name of all competitors, I promise that we shall respect and abide by the rules of these championships, competing with a spirit of sportsmanship and fair play."

- c) Oath for team managers and coaches: "In the name of all team managers and coaches, I promise that we shall commit to exemplary leadership consistent with the ILS code of conduct and its guiding principles."
- d) Oath for officials: "In the name of all officials, I promise that we shall officiate in these championships with impartiality, honouring the rules which govern this competition and the spirit of fair play which inspires them."

11.1 Award presentations

Official presentations of awards to event and team winners shall be conducted throughout the championships. All award presentations shall share the following characteristics:

- Presentations shall be staged on a podium or dais.
- An official presenter will place medals on ribbons around competitors' necks.
- In National Teams Lifesaving World Championships award presentations, the national anthem of the winner will be played.
- Official photographs will be taken.

11.2 Flags and banners

- a) Each team shall bring a national flag to the championships. The recommended flag shall measure approximately 192mm in length and 128 mm in height.
- b) The organising committee will provide banners or plates indicating the nation.
- c) Flags and banners shall be carried at the official opening ceremony. In addition, organisers may request the flags and banners to be displayed at the competition sites, official functions, and award presentations.
- d) On flags and banners in the National Teams Lifesaving World Championships, the nation's identity (i.e., national flag) shall be prominent although other elements (national team name and/or symbol) may be included.
- e) On flags and banners in the Interclub Lifesaving World Championships, the club identity (name and/or symbol) shall be prominent, although other elements (e.g., country or national association) may be included.

12. TECHNICAL OFFICIALS

- a) The ILS Event Management Committee shall have full control and authority over all aspects of competition for Lifesaving World Championships. ILS Event Managers may be appointed to assist with this process.
- b) The ILS Event Director works to support ILS, the ILS Sports Commission in the planning, and delivery of Life Saving World Championships and reports to the ILS Event Management Committee at LWCs.
- c) The Local Event Manager reports to the Local Organising Committee and, during competition, to the ILS Event Management Committee. The Local Event Manager is responsible for the organisation of the competition within the parameters established by this Handbook, the ILS Competition Rule Book and the ILS Event Management Organising Committee. The Local Event Manager deals with any issues and represents the Organising Committee at the venue.
- d) With the assistance of the Championships Officials Panel the ILS Event Management Committee shall appoint the technical officials for Lifesaving World Championships.
- e) The full nomination and appointment process is detailed in the ILS Competition Operations Manual.
- f) The roles and responsibilities of Technical Officials are outlined in Section 2 of the ILS *Competition Rule Book*.

13. POOLED EQUIPMENT SPECIFICATIONS FOR 2018 LIFESAVING WORLD CHAMPIONSHIPS

The Lifesaving World Championships Adelaide 2018 organising committee has prepared this list of contents of the equipment pool with the brand or description and reference information available at the time of publication. The organising committee reserves the right to substitute similar equipment and will provide updates as appropriate on the ILS website (www.ilsf.org).

13.1 Manikins

DRLG manikins that comply with ILS specifications will be used.

Website reference: <http://epaper.bw-h.de/dlrg/gesamtkatalog/#/142>

13.2 Rescue tubes

Rescue tubes will be sourced from Surf Life Saving Australia (SLSA).

Website reference: https://apps.sls.com.au/sites/sls.com.au/files/u55/slsa-approved-gear-equipment-manual-2014-september_v2.pdf

13.3 Throw lines

Throw lines shall be 16.5m – 17.5m long plaited 8mm +/-1mm buoyant polypropylene line with non-memory characteristics.

Website reference: <http://www.ropemarine.com.au/index.html>

13.4 Obstacles

SLSA in house manufactured Obstacles will be used. The construction is white pressure pipe with red/orange coloured cloth (mesh) inserts. The obstacles are suspended over the lanes ropes and are secured to form a straight line across the pool surface.

13.5 Batons

SLSA Batons will be used. The batons are flexible and are approximately 300 mm long and 24 mm wide.

Website reference: <http://www.beachflags.com.au/product.html>

13.6 Surf skis

Fenn surf skis (24) with adjustable leg lengths will be made available by Paddle Sports South Australia.

Website reference: www.paddlesportssa.com.au

13.7 Surf ski paddles

Assorted paddles (24) with differing lengths to suit competitor requirements will be made available by Paddle Sports South Australia.

Website reference: www.paddlesportssa.com.au

13.8 Racing boards

Assorted Bennett racing paddle boards (24) to suit different paddler weights will be made available by Paddle Sports South Australia.

Website reference: www.paddlesportssa.com.au

13.9 IRB hull

Zodiac Milpro SLSA Competition Approved hull.

Website reference: <http://zodiacmilpro.com/>

13.10 IRB engines

Sealed Tohatsu/Mercury 25 HP outboard motor two stroke engine, fitted with a stainless steel propeller, prop guard and surf kit.

Website reference: https://apps.sls.com.au/sites/sls.com.au/files/u55/slsa-approved-gear-equipment-manual-2014-september_v2.pdf

13.11 Helmets

Assorted Predator UNO Helmet (White) suit different head sizes.

Website reference: <http://surfsafetyaustralia.com.au/helmets/>

13.12 Lifejackets

Assorted Ultra Rescue PFD's (L50 – AS4758 certified) to suit different sizes.

Website reference: <http://surfsafetyaustralia.com.au/pfd-rescue-patrol/>