Acknowledgments

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Trademarks

Trademarks of the International Life Saving Federation and/or Lifesaving National Federations include: World Water Safety ™, Oceanman ™ and Oceanwoman ™, ILS Logo ™, ILS Flag ™, ILS Song ™, Rescue Series ™, World Conference on Drowning Prevention ™, Red over Yellow ™, The ILS Flag, the ILS Song and the ILS Logo.

Note: An application has been submitted to trademark Ocean M.

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PART A - GENERAL

1. LIST OF COMMON ABBREVIATIONS USED

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ILS</td>
<td>The International Life Saving Federation.</td>
</tr>
<tr>
<td>Constitution</td>
<td>The Articles of Association or Statutes of the ILS.</td>
</tr>
<tr>
<td>Bye-Laws</td>
<td>The Bye-Laws of the ILS.</td>
</tr>
<tr>
<td>Sports</td>
<td>The approved ILS Sports Regulations, including the ILS Competition Handbook.</td>
</tr>
<tr>
<td>Regulations</td>
<td></td>
</tr>
<tr>
<td>Objectives</td>
<td>The objectives of the ILS as set out in the Constitution.</td>
</tr>
<tr>
<td>Federation</td>
<td>An Organisation that is a member of the ILS.</td>
</tr>
<tr>
<td>Host</td>
<td>Event Organising Group/Agency/Host City or the National Lifesaving Federation (NLF) that is hosting the Lifesaving World Championships. For the 2020 Life Saving World Championships, the Host is the Federazione Italiana Nuoto – Sezione Salvamento: Italian Swimming Federation – Lifesaving Section.</td>
</tr>
<tr>
<td>Board of Directors</td>
<td>The Board of Directors elected, constituted and empowered under the Constitution. The Board of Directors comprises voting and non-voting members: Voting Members are: the President, the Secretary General, the Vice-Presidents, the other Board Members. Non-voting Board Members are the Observer from the RLSS, the Chairs of the Commissions, the Executive Director, the Events Director and the Legal Advisor.</td>
</tr>
<tr>
<td>Commission</td>
<td>A body established by the Board of Directors responsible to the Board of Directors for a designated ILS field of activity.</td>
</tr>
<tr>
<td>Co-Com</td>
<td>Coordination Committee comprising representatives from the ILS and from the Organising Committee.</td>
</tr>
<tr>
<td>Category C</td>
<td>A nation included in the Category C Members list from the ILS. They are: Afghanistan, Albania, Algeria, American Samoa, Angola, Antigua and Barbuda, Argentina, Armenia, Aruba, Azerbaijan, Bangladesh, Belarus, Belize, Benin, Bermuda, Bhutan, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, British Virgin Islands, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Cayman Islands, Central African Republic, Chad, Chile, Colombia, Comoros, Congo-Brazzaville, Congo-Kinshasa, Cook Islands, Costa Rica, Cook Islands, Côte d’Ivoire, Cuba, Czech Republic, Djibouti, Dominica, Dominican Republic, Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Estonia, Ethiopia, Fiji, Gabon, Gambia, Georgia, Ghana, Grenada, Guam, Guatemala, Guinea, Guinea Bissau, Guyana, Haiti, Honduras, Hungary, India, Indonesia, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Kenya, Kiribati, Korea North, Kyrgyz Republic, Laos, Latvia, Lebanon, Lesotho, Liberia, Libya, Lithuania, Macau, Macedonia, Madagascar, Malawi, Maldives, Mali, Malta, Mauritania, Malaysia, Marshall Islands, Mauritius, Mayotte, Mexico, Micronesia Federal States, Moldova, Mongolia, Montenegro, Morocco, Mozambique, Myanmar, Namibia, Nauru, Nepal, Nicaragua, Niger, Nigeria, Northern Mariana Islands, Oman, Pakistan, Palau Islands, Palestine, Panama, Papua New Guinea, Paraguay, Peru, Philippines, Puerto Rico, Rwanda, Saint Kitts and Nevis, Saint Lucia, Saint Vincent and the Grenadines, Samoa (Western), Sao Tome and Principe, Saudi Arabia, Senegal, Serbia, Seychelles, Sierra Leone, Slovak Republic, Slovenia, Solomon Islands, Somalia, South Africa, South Sudan, Sri Lanka, Sudan, Suriname, Swaziland, Syria, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tonga, Trinidad and Tobago, Tunisia, Turkmenistan, Tuvalu, Uganda, Ukraine, Uruguay, Uzbekistan, US Virgin Islands, Vanuatu, Venezuela, Vietnam, Yemen, Zambia, Zimbabwe.</td>
</tr>
<tr>
<td>Club</td>
<td>The basic administrative or lifesaving unit of the National Lifesaving Federation (not an amalgam of such units). Such unit having a constitution and having representation to a higher body.</td>
</tr>
<tr>
<td>VIP</td>
<td>The summary customer group related to the Governing Authorities of the country, e.g. the Royal Family, the Ministers, the Mayors, etc.</td>
</tr>
<tr>
<td>Delegates</td>
<td>ILS Patrons, ILS Life Governors, ILS Life Members, ILS Board of Director Members, ILS Commission and Committee Members, ILS Grand Knights and Knights in the Order of Lifesaving, National Delegates and Guests.</td>
</tr>
<tr>
<td>Headquarters</td>
<td>The HQ Hotel is the hotel in which the ILS Secretariat and key ILS Officials will be accommodated during the Championships.</td>
</tr>
<tr>
<td>Hotel</td>
<td>Men or Women competing in the individual events at the World Championships.</td>
</tr>
<tr>
<td>Individual</td>
<td>ILS Event Management Committee</td>
</tr>
<tr>
<td>Competitor</td>
<td></td>
</tr>
<tr>
<td>Team Competitor</td>
<td>Men or Women competing in the team events at the World Championships.</td>
</tr>
<tr>
<td>Team</td>
<td>Representatives of each Federation who manage and/or assist the competitors. They include team managers, team coaches and trainers as well as team support staff such as physicians, physiotherapists, chaperones, etc.</td>
</tr>
<tr>
<td>Officials</td>
<td>The persons required to officiate and regulate the sport in the field of play and includes national and international appointed representatives who manage or assist in the conduct of the competition. These include chief referees, deputy chief referees, area referees, judges, timekeepers and other jury officials.</td>
</tr>
<tr>
<td>Technical</td>
<td>Organising Committee’s staff that are required to prepare for, stage and manage the event. The operation personnel could be paid staff, volunteer staff, contractors, consultants, employees of external organisations, etc.</td>
</tr>
<tr>
<td>Official</td>
<td>The individuals viewing the Championships.</td>
</tr>
<tr>
<td>Participants</td>
<td>Individuals participating at the World Championships.</td>
</tr>
<tr>
<td>Media</td>
<td>Broadcasters, radio staff, photographers and journalists associated with providing the audio-visual reporting of the Conference.</td>
</tr>
<tr>
<td>NLF</td>
<td>Lifesaving National Federation or Organisation or Association</td>
</tr>
<tr>
<td>Sponsors</td>
<td>The corporate investors in the Championships.</td>
</tr>
<tr>
<td>World Anti-Doping</td>
<td>The organisation responsible for the coordination of Anti-Doping practices and participation for the World Championships.</td>
</tr>
<tr>
<td>Agency</td>
<td>The core document that harmonises anti-doping policies, rules and regulations within sport organisations and among public authorities around the world.</td>
</tr>
</tbody>
</table>

Several countries and regions are listed, indicating their inclusion in various categories and roles in the ILS framework, such as members, affiliates, and officials at various levels.
2. SUMMARY OF CHANGES TO LWC - RICCIONE – ITALY 2020 HANDBOOK

The LWC Riccione - Italy - 2020 Handbook contains revised and additional information than that contained in the LWC Adelaide- Australia - 2018 Handbook. The 2020 Handbook is now divided into two parts (A and B). The following summarises the changes made in preparing the LWC Handbook 2020:

Part A
General: Deleted all references to the LWC Adelaide – Australia - 2016 and replaced with LWC 2020 references.
General: Updated all venue details.
Section 3: Recorded that there will be no “Extra” (previously called Demonstration) events at LWC 2020.
Section 6: Confirmation that there will be a pool of lifejackets available for use in IRB LWC.
Section 6: Confirmation that competitors will be required to bring their own helmets for IRB and Surf Boat LWC.
Section 6: Advice of LWC 2020 supplied and pooled equipment manufacturers, models and suppliers.
Section 6: – Added a footnote that a marine mechanic is also to be on site during competition to maintain the IRBs and motors in good working order for competition and water safety purposes.
Section 9: Noted that the Interclub Teams LWC (Open, Youth, Masters, IRB, Surfboat and Extra) may also be entered by competitors of Associate and Corresponding NLF, but only if the Full Member NLF provides written approval to the ILS.
Section 9: Added that personal and other insurances are the responsibility of each person attending an ILS LWC irrespective of their capacity e.g. competitor, coach, manager, handler, supporter, delegate, board member, commission member, referee, official, spectator etc.
Section 9: Updated that competitors must be have been members of their team’s national lifesaving organisation for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first.
Section 9: Updated that for the LWC 2020, competitors must have been a member of an NLF on or before 20 June 2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e. 18 September 2020 for the Masters LWC).
Section 10: Updated that the only exception to the 48-hour block out to a change of team composition or size is if an independent medical certificate is produced or in the case of genuine hardship (as agreed by the ILS EMC). In such instances a change shall be accepted up to 2 hours prior to the team’s first entry into a competition event.
Section 10: Added a schedule of costs to be paid when changing competitors
Section 11: Additional details of per permitted commercial identification on clothing, equipment, personal items etc.
Section 13: Advice that LWC 2020 fee for an appeal shall be Euro 100 for an individual event and Euro 200 for a team event.

Section 14: Confirmation that in the Youth Interclub LWC up to 4 competitors per team may enter individual events.

Section 14: Confirmation that teams will be free to pick their gender order for the 4 x 50 m Mixed Pool Lifesaver Relay event.

Section 14: Confirmation that the Oceanman and Oceanwoman format will be replaced by the Ocean M format for the finals in the Open and Youth National Teams and Interclub LWC. The format for the heats and subsequent rounds to the finals will be advised by the Chief Referee at each LWC.

Section 14: Confirmation that teams will be free to pick their gender order for the Ocean M Lifesaver Relay event.

Section 14: Confirmation that a plus 75 years age group will be introduced into individual pool and ocean (except Oceanman/Oceanwoman events – however, competitors may compete in the 70 plus age group).

Section 14: Confirmation that a 120-139 Team age will be introduced for the Masters four-person Pool teams and a 90-119 Masters team age for Ocean three-person teams.

Section 14: Confirmation that club team entries in the Interclub IRB LWC will be limited to a maximum of 15 male and 15 female competitors per club.

Section 16: Adjustment of the Awards and Trophies section to clarify changes to the Open and Youth National Teams LWC and to further clarify other LWC.

Section 16: Insertion of additional details of protocols for Official and Awards Presentations.

Note: There is no change to National Team Open or Youth LWC team size or point score arrangements.

PART C
Addition of specific details and procedural arrangements relating to:

Section 1: Opening Ceremonies.
Section 2: Victory Ceremonies.
Section 3: Closing Ceremonies.
Section 4: Medal Design.

ERRATA

Part A
Section 5.3: Back Up Beach - The backup beach for ocean events has been nominated.
Section 6.6: Equipment Pool – Details have been further updated.

Part C
Section 2.2: Award Ceremonies - Clarified that shoes are to be worn by presenters.
Section 4: Different ribbon colours are to be used for National Teams, Interclub and Masters LWCs.
PART B - LWC TECHNICAL DETAILS

the LWC 2020 may be found at http://www.lifesaving2020.it and www.ilsf.org.

1. INTRODUCTION

In 2015, the Sport Commission of the International Lifesaving Federation (ILS) separated the contents that addresses the Lifesaving World Championships (LWC) from the content that addresses the rules, procedures and standards for lifesaving sport. This resulted in two publications: A Lifesaving World Championships Handbook and an ILS Competition Rulebook.

This Handbook contains information specific to the 2020 Lifesaving World Championships (LWC 2020) to be held in Riccione in Italy and to be hosted by the Federazione Italiana Nuoto - Sezione Salvamento (FIN). This Handbook should be consulted in conjunction with the 2019 edition of the ILS Competition Rulebook and any amending and/or clarification Bulletins and Circulars. Additional information about the LWC 2020 may be found at http://www.lifesaving2020.it and www.ilsf.org.

2. ILS AUTHORITY

2.1. The sport of lifesaving contributes to the worldwide drowning prevention mission of the ILS. As the international federation for lifesaving sport, the ILS establishes rules for the purpose of ensuring a safe and fair system, within which lifesaving competitions may be regulated and conducted.

2.2. The ILS awards the LWC to an ILS Full Member or to another Organisation, a Governmental Institution, a City, etc. to conduct the LWC on its behalf and under its authority.

2.3. In addition to the rules and procedures outlined in this document, the ILS LWC are governed by the ILS Competition Rulebook 2019. The ILS Sport Commission may also issue clarifying bulletins or circulars from time to time, which then are made available at www.ilsf.org.
3. TYPES OF LIFESAVING WORLD CHAMPIONSHIPS

3.1. The Lifesaving World Championships are organised every two years in the even years and mandatorily include the following ten World Championships:
- National Teams Open Lifesaving World Championships (NTO).
- National Teams Youth Lifesaving World Championships (NTY).
- National Teams Inflatable Rescue Boat Lifesaving World Championships (NT-IRB).
- Interclub Teams Open Lifesaving World Championships (ICO).
- Interclub Teams Youth Lifesaving World Championships (ICY).
- Interclub Teams Inflatable Rescue Boat Lifesaving World Championships (IC-IRB).
- Interclub Masters Lifesaving World Championships (ICM).
- Interclub Open Surf Boat Lifesaving World Championships (SBO).
- Interclub Masters Surf Boats Lifesaving World Championships (SBM).
- Interclub Beach Run Lifesaving World Championships (ICBR).

3.2. The ILS may authorise the Host to conduct Extra events (e.g., Ocean Swim Race, Long Distance Surf Ski Race, Long Distance Board Race, March Past, etc.) in conjunction with the LWC 2020. These events may also reflect unique lifesaving events conducted in the region of the Host. The LWC 2020 Host has advised that no Extra events shall be conducted at the LWC 2020.

4. ILS EVENT MANAGEMENT COMMITTEE (ILS EMC)

4.1. For each LWC, the ILS shall appoint an EMC (referred to as the Competition Committee in the ILS Competition Rulebook) that is responsible for the management of the competition on behalf of the ILS. The Committee’s role includes, but is not limited to, overseeing the organisation of the LWC, advising the Host and the LOC, designing the competition programmes, appointing championship officials, dealing with issues and answering competition conduct and organisation questions.

4.2. The ILS EMC shall have jurisdiction over all matters not assigned by the rules to the Chief Referee or other officials.

4.3. The ILS EMC for the LWC 2020 shall consist of:
- The Chair of the ILS Sport Commission (chair of the ILS EMC).
- The Secretary of the ILS Sport Commission.
- The ILS Event Director.
- The ILS Pool Event Manager (who will chair the ILS EMC at the Pool Venue).
- The ILS Ocean Event Manager (who will chair the ILS EMC at the Ocean venue).
- The Chair of the LOC appointed by the Host.
- The Safety Officer appointed by the Host.
- The Security Officer appointed by the Host.
- The Event Manager appointed by the Host.
- The Operations Manager appointed by the Host.
- The Pool Event Manager appointed by the Host.
- The Ocean Event Manager appointed by the Host.
- The Chief Referees. The Chief Referees sit on the ILS EMC Management Committee only for the LWC events they are overseeing.
- Other ILS Sport Commission members appointed by the ILS Sport Commission.

Note: The ILS Pool and Ocean Event Managers will represent the ILS Sports Commission Chair at the respective venues as required.

5. LWC VENUES

5.1. The Host shall provide to the ILS Sport Commission a declaration that the pool venue and the beach venue meet all ILS specifications.

5.2. The selected Beach and Pool venues for the LWC 2020 are:
- Beach: Spiaggia Zona 3 - Via Torino - Riccione.
- Pool: Championships Indoor Pool: Stadia del Nuoto, Via Rosa 60, 47838 Riccione.
5.3. The identified back up Beach and Pool venues for the LWC 2020 are:

- Beach: Between Section 77 and 78 in front of Hotel Mediterraneo
- Pool: Championships Outdoor Pool: Stadia del Nuoto, Via Rosa 60, 47838 Riccione.

6. **EQUIPMENT**

6.1. The Host shall submit to the ILS Sport Commission a declaration that all provided equipment to be used in the LWC 2020 meets ILS specifications and standards.

6.2. The Host shall supply the equipment at least two days before the start of the competitions and during the complete duration of the competitions.

6.3. The Host will guarantee that the equipment meets the ILS approved specifications and is in excellent condition.

6.4. The Host will provide the following competition equipment:

**For the Training Pool Competitions**
- At least two obstacles per training pool.
- At least two rescue tubes \(^1\) per training pool.
- At least two manikins \(^2\) per training pool.
- At least two throwing lines per training pool.

**For the Pool Competitions**
- At least 18 obstacles.
- At least 18 rescue tubes \(^3\).
- At least 18 manikins \(^4\).
- At least 10 throwing lines.
- At least 32 stopwatches and clipboards.
- All SERC equipment requested by the ILS EMC.
- Automatic officiating equipment for timing, placing and interfacing with the scoring system.

**For the Beach Competitions**
- At least 68 Batons for the Beach Relay and Beach Flags events

**For the Ocean Competitions**
- At least 20 rescue tubes \(^3\).
- At least 24 clipboards.
- A pool of equipment of:
  - At least 8 ILS-Endorsed and fully equipped surfboats and related oars and sweep oars.
  - At least 12 ILS-endorsed and fully equipped and Inflatable Rescue Boats with engines with gear protection \(^5\).
  - At least 24 surf skis and paddles.
  - At least 24 racing boards.
  - At least 30 life vests/jackets.

Note: competitors will be required to bring their own helmets for use in IRB and Surf Boat LWC.

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\(^1\) The Rescue Tubes from Surf Life Saving Australia or any other rescue tube with the same specification and approved by the ILS Sport Commission.

\(^2\) The Manikins from the German Life Saving Federation (DLRG) or any other manikin with the same specifications and approved by the ILS Sport Commission.

\(^3\) The Rescue Tubes from Surf Life Saving Australia or any other rescue tube with the same specification and approved by the ILS Sport Commission.

\(^4\) The Manikins from the German Life Saving Federation (DLRG) or any other manikin with the same specifications and approved by the ILS Sport Commission.

\(^5\) The LOC will provide fully equipped IRBs on a pooled basis for the IRB LWC. (See the ILS Competition Rulebook Section 7). The competition IRBs and associated equipment must be of the same design, make and model and in excellent working condition. A marine mechanic is also to be on site during competition to ensure that the IRBs and motors are in good working order for competition and safety purposes.
For the Set-up, safety and judging

- At least 6 fully equipped Inflatable Rescue Boats with engines with gear protection.

6.5. The following equipment is considered to be personal equipment and will not mandatorily be provided by the Host: swimwear, nose clips, ear plugs, goggles, caps, swimming fins, helmets and personal life vests/jackets.

6.6. The Host shall advise all registrants of the contents of the equipment pool, under what terms and conditions such equipment is available to competitors, and the type or brand of all equipment supplied.

| The LWC 2020 LOC has prepared this list of contents of the equipment pool with the brand or description and reference information available at the time of publication. The LOC reserves the right to substitute similar equipment and will provide updates as appropriate on the ILS website: (www.ilsf.org).
| Manikins: DLRG manikins that comply with ILS specifications will be used. Website reference: https://shop.dlr.de/prodakt-katalog/ausbildung/Schwimmen/Uebungs-und-Rettungspuppe
| Rescue tubes: Rescue tubes will be sourced from WETIZ – Lifesaving Equipment. Website reference: https://shop.dlr.de/prodakt-katalog/ausbildung/Schwimmen/Uebungs-und-Rettungspuppe
| Throw lines: Throw lines shall be 16.5m – 17.5m long plaited 6mm +/-1mm buoyant polypropylene line with non-memory characteristics. Website reference: https://wetiz.eu/en/accessoires/89-line-throw-line.html
| Obstacles: FIN in house manufactured obstacles will be used. The construction is white pressure pipe with red/orange coloured cloth (mesh) inserts. The obstacles are suspended over the lanes ropes and are secured to form a straight line across the pool surface.
| Batons: In house batons will be used. The batons are flexible and are approximately 300 mm long and 24 mm wide. Website reference: Not Applicable
| Surf ski paddles: Fenn and Orca brand paddles with differing lengths to suit competitor requirements will be made available.
| Racing boards: WETIZ brand approved racing paddle boards to suit different paddle weights will be made available.
| IRB hull: TBA
| IRB engines: TBA brand Approved engines of 25 HP outboard motor two stroke engine, fitted with a stainless steel propeller, prop guard and surf kit. Website reference: TBA
| Lifejackets: TBA brand approved PFD’s (LS12402-5-2006 certified) to suit different sizes. Website reference: TBA

7. MANIKIN HANDLING STAFF IN THE POOL

The Host will provide a team of at least 12 poolside workers, the team consists of 10 good swimmers who all are dressed the same and have swimming fins and preferably swimming vests, and two divers. The swimmers will bring the manikins, all in one line, to their starting position and position the manikins on the bottom of the pool as per the rules. The divers are only there to verify and correct misplacements, each on one side of the pool.

8. COMPETITION SAFETY AND SECURITY 6

8.1. The provision of a safe and secure LWC is essential. At the LWC, the Host is responsible for the provision of adequate resources to ensure the safety and security of those involved with the LWC competition.

8.2. The Host shall appoint a Safety Officer who is responsible for ensuring that all competition facilities and environments are safe for use, and that the appropriate safety plan, equipment, craft, procedures and emergency personnel are in place to ensure the safety of competitors, officials and spectators, etc. The Safety Officer is a member of the ILS EMC.

8.3. The Host shall appoint a Security Officer who is responsible for ensuring that all competition facilities and environments are secured, and that the appropriate security plan, equipment, craft, procedures and security personnel are in place to ensure the security of all participants and spectators, etc. The Security Officer is a member of the ILS EMC.

8.4. The Host shall submit its safety and emergency plan, relocation contingency plan and its security plan to the ILS EMC no later than six months prior to the start of the LWC.

8.5. No competition shall be conducted until the ILS EMC is satisfied that the competition facilities are safe and secure, and that the appropriate safety and emergency plan, security plan, equipment, procedures and personnel are in place.

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6 Refer to the ILS Competition Rulebook for development and implementation of the Safety and Emergency Plan and the Relocation Contingency Plan for LWC.
8.6. No ocean event shall be conducted until the Chief Referee has assessed the surf conditions and reported to the ILS EMC. Only the ILS EMC has the authority to cancel, reschedule, or relocate the Championships and/or an event.

8.7. The Chief Referee or the appointed coordinator of emergency services (as named in the safety and emergency plan) shall assume control of emergencies arising during competition.7

9. ELIGIBILITY RULES AND RIGHT TO COMPETE

9.1. GENERAL

a) The National Teams LWC (Open, Youth, IRB) are open to competitors of Nations of an ILS Full Member National Lifesaving Federation (NLF). Should the Full Member NLF not compete, the nation may be represented by competitors of an Associate or Corresponding NLF, but only if the Full Member NLF provides written approval to ILS.

b) The Interclub Teams LWC (Open, Youth, Masters, IRB, Surfboat and Extra) may also be entered by competitors of Associate and Corresponding NLF, but only if the Full Member NLF provides written approval to the ILS.

c) The LWC are intended for bona fide members of the ILS NLF and eligible to compete as determined by the NLF.

d) The ILS considers it unethical to recruit competitors for their high-performance athletic ability whose lifesaving credentials are tenuous or merely convenient for purposes of competing in the LWC. ILS NLF and Team officials are the key to preventing such unethical practices and must emphasise “play within the rules” behaviour.

e) A competitor is permitted to compete for a National Team from one country and for a Club Team from another country or federation at the same LWC year.

f) A competitor must compete for one club for the entire LWC, e.g. in the same year a member is not permitted to compete for one club in the Masters LWC and for another club in the Open Interclub LWC.

g) It is the responsibility of a NLF to endorse their participants in LWC. If this endorsement is not provided upon request, the ILS EMC reserves the right to undertake any required measure to ensure the eligibility of competitors to participate.

h) The ILS has age requirements to be eligible to compete in LWC. In this regard, the ILS follows the International Olympic Committee (IOC) guidelines for determining the age of competitors in LWC. In short, a competitor’s age is determined by how old he or she is as at December 31 of the year in which they are participating in the LWC. Particular age requirements are detailed in each of the LWC.

i) Personal and other insurances are the responsibility of each person attending an ILS LWC irrespective of their capacity e.g. competitor, team official, technical official, handler, supporter, delegate, board member, commission member, spectator etc.

9.2. ELIGIBILITY TO PARTICIPATE AT THE NATIONAL TEAMS OPEN AND YOUTH LWC

a) The National Teams LWC are open to one Youth team and one Open team per nation.

b) Each nation, as defined by the ILS, must have at least one current ILS Full Member to be eligible to enter a team.

c) To be eligible to compete on a national team, competitors shall:

- Be citizens, by birth or naturalisation, of the nation they represent and satisfy the IOC eligibility requirements to compete for that nation.
- Be bona fide members in good standing of the ILS Full Member NLF and eligible to compete as determined by the NLF. Should the Full Member NLF not compete, the nation may be represented by competitors of an Associate or Corresponding NLF, but only if the Full Member NLF provides written approval to ILS.
- Have been members of their team’s NLF for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first.

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7 Accredited team medical staff have immediate and appropriate entry to ocean and beach event arenas, pool deck areas, first aid facilities and to treatment rooms, etc. to access an injured or ill athlete from their team. Accredited team medical staff are to be identified in the competition arena by appropriate badge, bib or clothing and should make themselves known beforehand to the Host safety teams.
For the LWC 2020, competitors must have been a member of their NLF on or before 20/06/2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e. 18/09/2020 for the Masters LWC).

- For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the LWC programme (regardless of which competition is scheduled first). For LWC 2020 this date is 18/09/2020.
- Attain the required age in the year of the LWC:
  - Youth – be 15 to 18 years of age.
  - Open – be a minimum of 16 years of age.
- Specifically, for the National Teams LWC 2020:

| Youth          | Eligible                          | Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2020.
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 14 or 19 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Open</th>
<th>Eligible</th>
<th>Competitors who turn 16 years of age on or before 31/12/2020. There is no maximum age.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who are younger than 15 or turn 15 in 2020.</td>
</tr>
</tbody>
</table>

d) A competitor who is a citizen of more than one nation must choose which one to represent in National Teams LWC. The competitor shall then fall under the exclusive jurisdiction of that nation’s ILS Full Member.

e) The ILS Full Members shall provide an endorsement declaring that their national team members are bona fide members; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.

f) Composition of a team: A team consists of competitors and team officials:
- Competitors: A team may consist of a minimum of one competitor and a maximum of six female and a maximum of six male competitors. It is not mandatory to have both male and female competitors in a team. Teams may not increase the number of male or female competitors beyond six.
- Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians and any other non-competitive management personnel. There are no limits on the number of Team Officials.

g) National Team competitors 16 to 18 years may enter either Open or Youth competition but not both. Fifteen-year-olds are not eligible for Open competition.

9.3. ELIGIBILITY TO PARTICIPATE AT THE NATIONAL TEAMS IRB LWC

a) The National Teams IRB LWC is open to one team per nation.

b) Each nation, as defined by the ILS, must have at least one current ILS Full Member to be eligible to enter a team.

c) To be eligible to compete on a national team, competitors shall:
- Be citizens, by birth or naturalisation, of the nation they represent.
- Be bona fide members in good standing of the ILS Full Member NLF and eligible to compete as determined by the NLF. Should the Full Member NLF not compete, the nation may be represented by competitors of an Associate or Corresponding NLF, but only if the Full Member NLF provides written approval to ILS.
- Have been members of their team’s NLF for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2020 competitors must have been a member on or before 20/06/2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e. 18/09/2020 for the Masters LWC).
- For purposes of out-of-competition testing, be registered with the WADA prior to the first day of the world championships programme (regardless of which competition is scheduled first). For LWC 2020 this date is 18/09/2020.
- Attain the required age in the year of the Championships:
• Drivers – be a minimum of 18 years of age.
• Crew and Patients - be a minimum of 16 years of age.
• Specifically, for National Teams IRB LWC 2020:

<table>
<thead>
<tr>
<th>Inflatable Rescue Boats (IRBs)</th>
<th>Eligible</th>
<th>Drivers who turn 18 years of age on or before 31/12/2020. There is no maximum age.(^8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not Eligible</td>
<td></td>
<td>Drivers who turn 17 in 2020, those who are not certified by their federation to operate craft, and unlicensed drivers.</td>
</tr>
<tr>
<td>Eligible</td>
<td></td>
<td>Patients and Crew who turn 16 years of age on or before 31/12/2020. There is no maximum age.</td>
</tr>
<tr>
<td>Not Eligible</td>
<td></td>
<td>Patients and Crew who turn 15 in 2020.</td>
</tr>
</tbody>
</table>

d) A competitor who is a citizen of more than one nation must choose which nation to represent. The competitor shall then fall under the exclusive jurisdiction of that nation’s ILS Full Member.

e) ILS Full Members shall provide an endorsement declaring that their national team members are bona fide members; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.

f) Composition of a team: A team consist of competitors and team officials:
• Competitors: A team may consist of a minimum of three competitors of the same gender and a maximum of four females and a maximum of four males. It is not mandatory to have both male and female competitors on a team. Teams may not increase the number of male or female competitors beyond four.
• Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians and any other non-competitive management personnel. There are no limits on the number of Team Officials.

9.4. ELIGIBILITY TO PARTICIPATE IN INTERCLUB OPEN AND YOUTH LWC

a) The Interclub LWC are open to one Youth team and one Open team per club \(^9\) or lifesaving unit \(^10\). All team members must be in good standing with a current ILS Full Member.

b) The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.

c) To be eligible to compete in the Interclub LWC, competitors shall:
• Be bona fide members in good standing of an eligible current ILS Member and eligible to compete as determined by the NLF.
• Have been members of an ILS NLF for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2020 competitors must have been a member on or before 20/06/2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e.18/09/2020 for the Masters LWC).
• Be members of one lifesaving club, or lifesaving “unit” of a national lifesaving organisation and not from multiple clubs or units.
• Attain the required age in the year of the Championships:
  • Youth – be 15 to 18 years of age.
  • Open – be a minimum of 16 years of age.

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\(^8\) The Host will advise teams if there are any Italian licensing requirements to be obtained to operate IRBs and the arrangements for licensing.

\(^9\) A club is the basic administrative or lifesaving unit of the NLF (not an amalgam of such units). Such club having a constitution and having representation to a higher body.

\(^10\) A lifesaving unit is the basic administrative or lifesaving unit of the NLF (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
Specifically, for the Interclub LWC 2020:

<table>
<thead>
<tr>
<th>Youth</th>
<th>Eligible Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2020.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible Competitors who turn 14 or 19 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Open</th>
<th>Eligible Competitors who turn 16 years of age on or before 31/12/2020. There is no maximum age.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible Competitors who are younger than 15 or turn 15 in 2020.</td>
</tr>
</tbody>
</table>

d) For entry into the Interclub LWC, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.

e) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.

f) Composition of a team: A team consist of competitors and team officials:
   • Competitors: A team may consist of a minimum of one competitor and a maximum of ten female and a maximum of ten male competitors. It is not mandatory to have both male and female competitors in a team. Teams may not increase the number of male or female competitors beyond ten.
   • Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians and any other non-competitive management personnel. There are no limits on the number of Team Officials.

g) Interclub competitors who are 16-18 years of age may enter individual events in either Open competition or Youth competition but not both. Regardless, team size remains 10 males and 10 females maximum.

h) Interclub competitors 16-18 years may enter team events in either or both Open and Youth competition. Regardless, team size for both Open and Youth Interclub teams remains 10 males and 10 females maximum. No event will be delayed to allow participants to compete in both Interclub youth and open competitions.

9.5. ELIGIBILITY TO COMPETE IN INTERCLUB MASTERS LWC

a) The Interclub LWC are open Masters club 11 or lifesaving unit 12 members. All team members must be in good standing with a current ILS Full-Member.

b) The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.

c) To be eligible to compete in the Interclub Masters LWC, competitors shall:
   • Be bona fide members in good standing of an eligible current ILS Member club and eligible to compete as determined by the NLF
   • Have been members of an NLF (eligible to compete in the LWC) for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2020, competitors must have been a member on or before 20/06/2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e.18/09/2020 for the Masters LWC).
   • Be members of one lifesaving club, or lifesaving unit of a NLF and not from multiple clubs or units.
   • Be a minimum of 30 years of age in the year of the LWC.

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12 A lifesaving unit is the basic administrative or lifesaving unit of the NLF (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
Specifically, for the Interclub Masters LWC Riccione 2020:

<table>
<thead>
<tr>
<th>Masters</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligible</td>
<td>Competitors who turn 30 years of age on or before 31/12/2020.</td>
</tr>
<tr>
<td></td>
<td>There is no maximum age.</td>
</tr>
<tr>
<td>Not Eligible</td>
<td>Competitors who turn 29 in 2020.</td>
</tr>
</tbody>
</table>

d) For Masters team events, in which the ages of the team members total a specified cumulative age, the cumulative age is determined by the age of the team members in the year of the LWC. For example, in a four-person team where the total age is to be a minimum of 140 years, team members may be 30 years, 35 years, 37 years and 38 years of age on or before 31/12/2020.

e) Masters competitors may not compete in more than one age category in Masters competition.

f) Masters competitors may participate in both individual events and team events. In team events, the team must not be made up of competitors from multiple clubs or multiple lifesaving units.

g) Composition of a team: A team consist of competitors and team officials:
   - Competitors: A team may consist of a minimum of one competitor. There is no maximum. It is not mandatory to have both male and female competitors in a team.
   - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians and any other non-competitive management personnel. There are no limits on the number of Team Officials.

h) Competitors entered as a club must be members of the same club or lifesaving unit.

i) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and NLF. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.

j) For entry into the Interclub Masters LWC, NLF shall provide an endorsement to the Host declaring that competitors meet the eligibility requirements listed above.

k) Team events: Team events may only be entered by a club. Team members must represent the same club. In each team event, Masters competitors shall compete only in the age-group for which they are eligible. In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.

l) Individual events: In individual events, Masters competitors must compete only in the age-group for which they are eligible.

9.6. ELIGIBILITY TO PARTICIPATE IN INTERCLUB IRB, SURF BOATS, BEACH RUN AND BEACH RELAY LWC

a) The Interclub IRB, Surf Boat, Beach Run and Beach Run Relay LWC are open to club or lifesaving unit members. All team members must be in good standing with a current ILS Full-Member.

b) The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.

c) To be eligible to compete in the Interclub IRB, Surf Boat, Beach Run and Beach Run Relay LWC, competitors shall:
   - Be bona fide members in good standing of an eligible current ILS Member club and eligible to compete as determined by the NLF.
   - Have been members of an ILS NLF (eligible to compete in the LWC) for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2020, competitors must have been a

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13 A club is the basic administrative or lifesaving unit of the NLF (not an amalgam of such units). Such club having a constitution and having representation to a higher body.

14 A lifesaving unit is the basic administrative or lifesaving unit of the NLF (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
member on or before 20/06/2020. This date is based on the first competition day scheduled for the LWC 2020 (i.e. 18/09/2020 for the Masters LWC).

- Be members of one lifesaving club, or lifesaving unit of a NLF, not from multiple clubs or lifesaving units.
- Be a minimum of 16 years of age in the year of the LWC to compete in Surf Boat and IRB competition, and 15 years of age in the year of the LWC in other events unless otherwise prescribed.
- Specifically, for the other Interclub Open LWC 2020:

<table>
<thead>
<tr>
<th>Open and Reserve Surf Boats</th>
<th>Eligible</th>
<th>Competitors who turn 16 years of age on or before 31/12/2020. There is no maximum age.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 15 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>23 Years Surf Boats</th>
<th>Eligible</th>
<th>Competitors who turn 16, 17, 18, 19, 20, 21, 22 or 23 years of age on or before 31/12/2020.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 15 or 24 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>19 Years Surf Boats</th>
<th>Eligible</th>
<th>Competitors who turn 16, 17, 18 or 19 years of age on or before 31/12/2020.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 15 or 20 years of age on or before 31/12/2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Masters Surf Boats</th>
<th>Eligible</th>
<th>Competitors who turn 30 years of age on or before 31/12/2020. There is no maximum age. Sweeps do not need to be Master’s competitors but they must be eligible to compete in Open Surf Boat competition.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 29 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Inflatable Rescue Boats (IRBs)</th>
<th>Eligible</th>
<th>Drivers who turn 18 years of age on or before 31/12/2020. There is no maximum age. Note: The Organising Committee will advise teams if there are any particular Italian licensing requirements to be obtained to operate IRBs and the arrangements for licensing.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Drivers who turn 17 in 2020, those who are not certified by their federation to operate craft, and unlicensed drivers.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Eligible</th>
<th>Patients and Crew who turn 16 years of age on or before 31 December 2020. There is no maximum age.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not Eligible</td>
<td>Patients and Crew who turn 15 in 2020.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Youth Beach Run and Beach Run Relay</th>
<th>Eligible</th>
<th>Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2020.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not Eligible</td>
<td>Competitors who turn 14 or 19 in 2020.</td>
</tr>
</tbody>
</table>
### Open Beach Run and Beach Run Relay

<table>
<thead>
<tr>
<th>Eligible</th>
<th>Competitors who turn 16 years of age on or before 31/12/2020. There is no maximum age.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not Eligible</td>
<td>Competitors who are younger than 15 or turn 15 in 2020.</td>
</tr>
</tbody>
</table>

Note: Eligible competitors may enter both Youth and Open Beach Run and Relay competitions unless open and youth are conducted simultaneously. In such circumstances the competitor(s) must choose in which event they are participating.

d) Open LWC competitors are entered as members of a club, and, depending on the LWC entered, may participate in individual events and/or team events. Refer to specific events for any restriction on participation numbers.

e) Composition of a team: A team consist of competitors and team officials:
   - Competitors: A team may consist of one or more competitors specified in the appropriate rule. It is not mandatory to have both male and female competitors in a team.
   - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians and any other non-competitive management personnel. There are no limits on the number of Team Officials.

f) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and national organisation. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.

g) For entry into the Open LWC, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.

### 9.7. ELIGIBILITY TO PARTICIPATE IN EXTRA EVENTS LWC

The Host has advised that no Extra events shall be conducted at LWC 2020.

### 10. ENTRY PROCEDURES

#### 10.1. CHAMPIONSHIPS REGISTRATION

a) All teams must register prior to the LWC 2020 in accordance with the procedures, fee structure and deadlines established by the ILS and the LOC. Entries close for all LWC 2020 one month prior to the commencement of the first championships i.e. 18/08/2020 – refer to [http://www.lifesaving2020.it](http://www.lifesaving2020.it).

b) ILS maintains a database of the names of all competitors registered for all LWC.

c) New team registrations received after 18 August 2018 shall only be considered in exceptional circumstances by the LOC in conjunction with the ILS EMC through the ILS Event Director.

#### 10.2. ENTRY GUIDE TIMES

a) The ILS Sport Commission may establish entry guide times for Youth, Open and Masters competitors in pool events in the National Teams, Interclub and Masters LWC.

b) Entry Guide time assist organisers with presentation and timetabling of LWC.

c) Entry Guide times for Youth, Open and Masters competitors in the Interclub and Masters LWC 2020 shall be based on the relevant world record times at 30/09/2019 plus 50 %. The times shall be posted on the ILS website ([www.ilsf.org](http://www.ilsf.org)) and be published with the registration information.

#### 10.3. ENTRY TIMES

Seeding shall be used for National Teams, Interclub and Masters LWC. For pool events, competitors’ times at competitions within the period beginning with the first day of the last LWC to the entry deadline for the forthcoming LWC, shall be submitted on the entry forms.
Times are required for both individual and team events. Competitors and teams shall be ranked according to their entry times.

Note 1: The Entry System will not allow an entry to be completed without an entry time being submitted or if the entry time is slower than the Entry Guide Time. Further, Team Managers are requested not to enter an athlete if they cannot achieve the Entry Guide time.

Note 2: Any entry times submitted that are faster than the ILS World Record as at the close of normal entries shall not be accepted and the competitor or team will not be placed in a seeded heat.

Note 3: For seeding information see the ILS Competition Rulebook, Sections 3 and 4.

10.4. ENTRY FEES

The ILS Board of Directors shall approve LWC entry fees, and any conditions attached to entry, and other fees including changes to team, entries and events proposed by the LOC. Entry fees must be paid with the registration.

10.5. CHANGES IN TEAM PERSONNEL COMPOSITION AND SIZE

The changes in National Team, Interclub, Masters, and Open LWC shall follow the following procedures:

a) Only the team manager may advise a change of team personnel composition or size to the appropriate official, up to 48 hours prior to the team’s first entry into a point score event. After that time, there shall be no further alteration of team composition. The only exception to this is if an independent medical certificate is produced or in the case of genuine hardship (as agreed by the ILS EMC). In such instances a change shall be accepted up to 2 hours prior to the team’s first entry into a competition event. Competitors who subsequently withdraw due to injury or other reason may not be replaced by a non-registered competitor.

b) The team manager shall notify the LWC organisers of the change in team composition in writing indicating:
   - Date and time.
   - Name of the team.
   - Name of the member(s) to be withdrawn.
   - Name(s) and surname(s) of the competitor(s) being added.

c) Notification must be accompanied by documentation from the team’s national organisation which provides endorsement declaring that the replacement team member meets the eligibility criteria and is a bona fide member.

d) Any applicable team composition change fee, as detailed in registration system, and below for individual and team event substitutions, must also accompany the written notice.

e) If team member numbers increase, all appropriate entry fees (including applicable late entry fees) must accompany the written notice.

f) In addition, the new competitor(s) or team management shall complete any registration documentation that the organisers may require. New competitors and team management are responsible for acquainting themselves with matters that may have previously been dealt with at team briefings, etc.

10.6. SUBSTITUTIONS IN INDIVIDUAL EVENTS

a) Only the team manager may substitute team members in individual events with another member from the same team. Team managers must notify the appropriate officials of substitution no later than 30 minutes prior to the start of the event or prior to the commencement of marshalling – whichever comes first.

b) Competitors who have been replaced in an event may not be re-substituted into that same event, but they may contest other events in the competition.

c) Substitutions are not permitted after the first round of an individual event has been conducted.
Note: An event is a series of races with the same prescribed rules and conditions (e.g., facility, equipment, distance and style), for example Beach Flags is an event, Obstacle Swim is an event.

d) Any changes that are requested by team managers will be actioned on payment of an appropriate administrative fee as follows.

- Changes requested between 48 hours and 24 hours prior to the start of the Championships into which the team has been entered = 50 Euros.
- Changes requested between 48 hours and 24 hours prior to the start of the Championships into which the team has been entered = 50 Euros.
- Changes requested between 24 hours and the start of the Championships into which the team has been entered = 100 Euros.
- The only exception to this is if a medical certificate is produced or in the case of genuine hardship (as agreed by the ILS EMC).
- Withdrawal of a competitor from an event if not being replaced = 0 Euros.
- If a competitor is entered and fails to start an event = 50 Euros.

10.7. SUBSTITUTIONS IN TEAM EVENTS

a) Substitutions are permitted in any round of team events.
b) Only the team manager may substitute members in a team event with other members of the same national team or club. Team managers must notify the appropriate officials of the substitution(s) no later than 30 minutes prior to the start of the first round of the team event or 30 minutes prior to the commencement of marshalling in subsequent rounds.
c) Any changes that are requested by team managers will be actioned on payment of an appropriate administrative fee as follows.

- Changes requested between 48 hours and 24 hours prior to the start of the Championships into which the team has been entered = 50 Euros.
- Changes requested between 48 hours and 24 hours prior to the start of the Championships into which the team has been entered = 50 Euros.
- Changes requested between 24 hours and the start of the Championships into which the team has been entered = 100 Euros.
- The only exception to this is if a medical certificate is produced or in the case of genuine hardship (as agreed by the ILS EMC).
- Withdrawal of a competitor from an event if not being replaced = 0 Euros.
- If a competitor is entered and fails to start an event = 50 Euros.

11. TEAM UNIFORMS AND EQUIPMENT

11.1. TEAM UNIFORM

a) Each team shall have a uniform suitable for official ceremonies and award presentations. Team managers, coaches, and assistants will be encouraged to take part in the ceremonies and shall wear a uniform that complements that of the team.

Note 1: At official ceremonies the expectation is that teams shall where their team blazers and/or wear their team tracksuit or t-shirt and shorts depended on team outfitting, the occasion, the weather etc.

Note 2: For Medal Presentations at the pool the expectation is that place getters shall wear their team tracksuit or t-shirt and shorts. At the Ocean the expectation is that team members shall wear their costumes, vest and cap or team tracksuit, or t-shirt and shorts.

b) All competitors’ uniforms must be in accordance with standards approved by ILS. The Chief Referee has the authority to exclude any competitor whose uniform or swimwear is not in accordance with ILS standards or the commercial identification policy.

c) Commercial identification on uniforms, competition apparel or equipment shall be acceptable only where it conforms to the commercial identification policy (5.2 below).

d) No club, competitor or handler may have any signage, logos or corporate identification on clothing, competition apparel, gear, equipment or on the person in the competition arena that the Chief Referee deems to be objectionable.
e) Refusal to comply with any of the above renders the clothing, competition apparel, or equipment ineligible for the competition, and the competitor (and/or team) ineligible for further participation in the championships.

f) If such breaches are found after the event or in post-race scrutineering, the competitor (and/or team) will forfeit titles and awards.

11.2. COMMERCIAL IDENTIFICATION POLICY

a) The ILS EMC reserves the right to order the removal or coverage of commercial identification in conflict with official LWC sponsors. This includes body tattoos or body paint.

b) Notwithstanding the foregoing, official sponsors of clubs and teams may retain their identification on competition apparel and equipment irrespective of commercial conflict, but must not display other signs, banners, flags or other identification within close proximity to the competition arena.

c) Competitors in all craft event heats, semi-finals, and finals may be required to carry championships sponsor signage affixed on craft or equipment provided. All team and individual sponsor signage on craft and equipment will not be covered unless it is unavoidable when fitting the championships sponsor signage.

d) All individual competitors in LWC events may be asked to wear naming-rights sponsor's vests for televised heats, semi-finals and finals. If the naming-rights sponsor conflicts with an existing team or individual sponsor, unbranded vests shall be worn.

Note: Notwithstanding the above, it is a condition of entry to the LWC 2020 that all competitors and handlers must wear the vests supplied by the LOC in all Ocean competition.

e) Body tattoos, body paint: Sponsors may be shown once only on the body and may not exceed 150 mm by 50 mm in size.

f) Television/video interviews may be undertaken in the competition arena with competitors. Competitors interviewed may be asked to wear championships sponsor apparel.

g) Presentation: At the conclusion of the events, place winners may be offered items of apparel identified with LWC sponsors. Competitors will be asked to wear such items during the presentation.

Note: Every co-operation is requested in this regard; the support of sponsors helps to curtail significant expenses that would otherwise be passed onto competition participants.

The table below outlines the size and frequency of an Identification of the Manufacturer. With the Identification, ILS means the normal display of the name, designation, trademark, or logo or any other distinctive sign of the manufacturer of an Item (excluding encrypted or encoded supports, such as barcodes or QR codes, as well as URLs, social media accounts and hashtags).

<table>
<thead>
<tr>
<th>NAME</th>
<th>DEFINITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clothing</td>
<td>With clothing ILS means any piece of attire (including, without limitation, competition clothing as prescribed within the rules of each sport) worn by a competitor or team official, excluding accessories and Footwear. The size of an Identification of the Manufacturer shall not exceed 30 cm² for Clothing. One additional identification, strictly limited to Product Technology Identifications, shall be permitted per clothing item and shall not exceed 10 cm². Where one-piece body suits are used in competition, such Identifications shall be permitted once above and once below the waist, provided all other principles are respected.</td>
</tr>
<tr>
<td>Bag</td>
<td>One Identification of the Manufacturer per item, not greater than 10% of the surface area of the item, to a maximum size of 60 cm².</td>
</tr>
<tr>
<td>Swimming Caps – Helmets – Headgear</td>
<td>One Identification of the Manufacturer per item, with a maximum size of 10 cm².</td>
</tr>
<tr>
<td><strong>Eyewear</strong></td>
<td>Eyewear and goggles may carry the Identification of the Manufacturer as generally used on products sold. No identification is permitted on the lenses.</td>
</tr>
<tr>
<td><strong>Armbands</strong></td>
<td>One Identification of the Manufacturer per item, with a maximum size of 6 cm² per armband.</td>
</tr>
<tr>
<td><strong>Scarves</strong></td>
<td>One Identification of the Manufacturer per item, with a maximum size of 6 cm² per scarf.</td>
</tr>
<tr>
<td><strong>Gloves</strong></td>
<td>One Identification of the Manufacturer per item, with a maximum size of 8 cm² per glove.</td>
</tr>
<tr>
<td><strong>Footwear</strong></td>
<td>With footwear we mean: shoes or boots worn by a competitor or team manager. One Identification of the Manufacturer per item, with a maximum size of 10 cm² per item/shoe.</td>
</tr>
<tr>
<td><strong>Socks</strong></td>
<td>One Identification of the Manufacturer per item, with a maximum size of 10 cm² per sock.</td>
</tr>
<tr>
<td><strong>Bag</strong></td>
<td>One identification of the manufacturer per item, not greater than 10% of the surface area of the item, to a maximum size of 60 cm².</td>
</tr>
<tr>
<td><strong>Other items</strong></td>
<td>For any accessories not listed above, the size of the Identification of the Manufacturer shall not exceed 6 cm².</td>
</tr>
<tr>
<td><strong>Sports Equipment</strong></td>
<td>With Sport Equipment we mean any sport-specific and necessary equipment used during sports competition (such as rescue tubes, fins, boards, helmets, skis, paddles, IRB, Surfboats, etc.). For any sport equipment the Identification of the Manufacturer will be not greater than 10% of the surface area of the item, to a maximum size of 60 cm².</td>
</tr>
<tr>
<td><strong>Body</strong></td>
<td>No Manufacturer identification may appear on the neck or the collar or on the body (e.g. tattoo) of any person participating at the World Championships.</td>
</tr>
<tr>
<td><strong>Others</strong></td>
<td>The following Items may not feature any Identification of the Manufacturer except the one that was on the item when purchased: headphones, water bottles, umbrellas, towels, bandages, contact lenses, earplugs, mouth guards and nose clips.</td>
</tr>
</tbody>
</table>

For any accessories not listed above, the size of the Identification of the Manufacturer shall not exceed 6 cm².

**11.3. COMPETITION ATTIRE**

The specifications and requirements for the following are detailed in Sections 2 and 8 of the ILS Competition Rulebook:
- Swimwear.
- Swim caps and helmets.
- Vests.
- Lifejackets, personal flotation devices.
- Eyewear.
- Footwear.

**11.4. STANDARDISED COMPETITION EQUIPMENT**

a) Competitors must use the following equipment provided by the LOC:
- Batons for Beach Relay and Beach Flags events.
- Rescue manikins for pool events.
- Rescue tubes for pool and ocean events.
- Throw lines for pool events.
- Obstacles for pool events.
- Inflatable rescue boats (IRBs).

In addition, the LOC shall provide a competition equipment pool for optional use by competitors (See above):
- Surf skis and ski paddles.
- Boards.
• Surf boats fully equipped including oars.
  b) A person appointed by the ILS EMC shall approve the supplier of the equipment provided by the LOC (that must produce craft that meets ILS specifications). All supplied equipment must be scrutinised by an appointed ILS Technical Official before use in competition. An official decal or stamp shall be placed on the equipment to signify that the provided equipment complies with the ILS specification and is in safe repair.
  c) Competitors may use their own swim fins, boards, surf skis and paddles, surf boats and oars, and helmets and lifejackets.
  d) All competitor provided equipment used in National Teams, National Teams and Interclub IRB and Interclub Surfboat LWC shall be scrutinised as per the ILS Competition Rulebook scrutineering procedures prior to use in competition. An official decal or stamp shall be placed on the equipment to signify that competitor provided equipment complies with specification and is in safe repair. Should any equipment be found not carry the decal or stamp in the marshalling area the equipment should not be used in competition.
  e) All competitor provided equipment used in Masters, Interclub, and any other events must be scrutineered and carry an official stamp or decal prior to use in semi-finals. Should any equipment found not carry the decal or stamp in the marshalling area the equipment should not be used in competition.
  
In addition, all equipment used in all ILS LWC is subject to random scrutineering irrespective of whether it is pooled, or competitor supplied or has been previously scrutineered.

12. DOPING CONTROL

12.1. The ILS has a policy of drug-free competition with possible drug testing for all ILS LWC, ILS regional championships and World Games. Refer to www.ilsf.org to view or download ILS Anti-Doping Rules.

12.2. The ILS recognises that the host country may have laws or legal requirements in addition to the ILS drug policy. Competitors must be informed of such requirements as part of registration procedures.

12.3. A violation of the ILS Anti-Doping Rules leads to disqualification of an athlete’s individual results including forfeiture of points, medals and prizes in individual events. In a team event, if a member of a team violates the ILS Anti-Doping Rules, the entire team shall be disqualified from that event with the attendant loss of points, medals and prizes.

12.4. Note: see Section 2 of the ILS Competition Rulebook for more details.

13. PROTESTS, APPEALS, CODES OF BEHAVIOUR AND DISCIPLINE

13.1. PROTESTS AND APPEALS

  a) The ILS EMC reserves the right, at is absolute discretion, to delete, alter or otherwise vary any rule, competition criteria, timetable or other matter as it deems necessary. Every effort will be made to ensure that each team manager receives notice of any such deletion, alteration, variation or change. Protests resulting from such ILS EMC decisions are not permitted and will not be entertained.

  b) Where permitted a competitor or team manager may protest to a referee in accordance with the terms of the ILS Competition Rulebook and may subsequently dispute a referee’s decision. The processes for Protest and Appeals are prescribed in the ILS Competition Rulebook.

  c) The fee for an Appeal in any LWC event at the LWC 2020 shall be Euro 100 for an individual event and Euro 200 for a team event.

13.2. CODE OF CONDUCT AND DISCIPLINE

  a) ILS expects and requires of its competitors, officials and members generally the highest standards of conduct and behaviour.
b) ILS LWC are high profile public events. ILS expects all competitors, officials, members and attendees to co-operate to ensure a positive public image. Behaviour likely to cause embarrassment or damage to the image of ILS or LWC competition will be referred to the Disciplinary Committee. Penalties may include expulsion of individuals or teams from the competition.

Note: Refer to the ILS Competition Rulebook for the code conduct, the fair play code, misconduct and discipline expectations and processes.

14. PROGRAMME OF EVENTS

14.1. For ILS LWC, the programme of events shall be established by the ILS Sport Commission. For ILS-sanctioned competition, the programme of events shall be established jointly by the ILS Sport Commission and the body responsible for the sanctioned competition.

14.2. For the LWC 2020, the ILS Sport Commission has approved the following Championships:

- National Teams Open Lifesaving World Championships (NTO).
- National Teams Youth Lifesaving World Championships (NTY).
- National Teams Inflatable Rescue Boat Lifesaving World Championships (NT-IRB).
- Interclub Teams Open Lifesaving World Championships (ICO).
- Interclub Teams Youth Lifesaving World Championships (ICY).
- Interclub Teams Inflatable Rescue Boat Lifesaving World Championships (IC-IRB).
- Interclub Masters Lifesaving World Championships (ICM).
- Interclub Open Surf Boat Lifesaving World Championships (SBO).
- Interclub Masters Surf Boats Lifesaving World Championships (SBM).
- Interclub Beach Run Lifesaving World Championships (ICBR).

14.3. National Teams and Interclub LWC Open and Youth competition shall be conducted in National and Interclub Teams LWC in male and female categories in the events listed below:

<table>
<thead>
<tr>
<th>Pool Events</th>
<th>National Teams Maximum entries per team</th>
<th>Open Interclub Maximum entries per club</th>
<th>Youth Interclub Maximum entries per club</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 m Obstacle Swim</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>50 m Manikin Carry</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>100 m Rescue Medley</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>100 m Manikin Carry with Fins</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>100 m Manikin Tow with Fins</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>200 m Super Lifesaver</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Line Throw</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>4 x 25 m Manikin Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>4 x 50 m Obstacle Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>4 x 50 m Medley Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>4 x 50 m Mixed Pool Lifesaver Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
</tbody>
</table>

Note: Each team in the 4 x 50 m Mixed Pool Lifesaver Relay Each is permitted to select the leg of the race in which their two male and two females participate.

<table>
<thead>
<tr>
<th>Ocean Events</th>
<th>National Teams Maximum entries per team</th>
<th>Open Interclub Maximum entries per club</th>
<th>Youth Interclub Maximum entries per club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surf Race</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Beach Flags</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Beach Sprint</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Surf Ski Race</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Board Race</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Oceanman/Ocean-woman (see Note)</td>
<td>2 competitors</td>
<td>4 competitors</td>
<td>4 competitors</td>
</tr>
<tr>
<td>Rescue Tube Rescue</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>Beach Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>Board Rescue</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>Oceanman/Ocean-woman Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
<tr>
<td>Mixed Ocean M Lifesaver Relay</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
</tbody>
</table>
Note 1: Surf and beach conditions permitting, the Oceanman and Oceanwoman finals will be conducted in the Ocean M format and will have 24 competitors in each final. The race format for heats shall be advised in the competition programme.

Note 2: Each team in the Mixed Ocean M Lifesaver Relay is permitted to select the leg of the race in which their two male and two females participate.

<table>
<thead>
<tr>
<th>SERC Event</th>
<th>National Teams Maximum entries per team</th>
<th>Open Interclub Maximum entries per club</th>
<th>Youth Interclub Maximum entries per club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Simulated Emergency Response Competition</td>
<td>1 team</td>
<td>1 team</td>
<td>1 team</td>
</tr>
</tbody>
</table>

Simulated Emergency Response Competition: The SERC shall be conducted without separate male and female categories. Teams may consist of any combination of males and females.

14.4. National Teams Inflatable Rescue Boat (IRB) Lifesaving World Championships

a) The National Teams LWC IRB events are conducted in both open male and open female categories. IRB competitors may compete in the events listed below:

<table>
<thead>
<tr>
<th>IRB Events</th>
<th>National Teams Maximum Entries per Nation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male IRB Rescue</td>
<td>1 team</td>
</tr>
<tr>
<td>Female IRB Rescue</td>
<td>1 team</td>
</tr>
<tr>
<td>Male IRB Mass Rescue</td>
<td>1 team</td>
</tr>
<tr>
<td>Female IRB Mass Rescue</td>
<td>1 team</td>
</tr>
<tr>
<td>Male IRB Rescue Tube</td>
<td>1 team</td>
</tr>
<tr>
<td>Female IRB Rescue Tube</td>
<td>1 team</td>
</tr>
<tr>
<td>Mixed IRB Teams Rescue</td>
<td>1 team</td>
</tr>
</tbody>
</table>

Note: All male events must consist of male drivers, crew persons and patients. All female events must consist of female drivers, crew persons and patients. The mixed IRB Teams Rescue event shall consist of one female crew (driver, crew and patient) and one male crew (driver, crew and patient) competing in that order.

c) IRB events do not contribute to the medal score in National Teams LWC but has its own overall point score trophy.

d) The National Teams IRB LWC 2020 shall be conducted in both male and female categories. For event description, see Section 7 of the ILS Competition Rulebook.

14.5. Interclub Masters LWC - Pool Events

a) For LWC 2020, the following pool events shall be conducted in both male and female categories. For event descriptions, see Section 3 of the ILS Competition Rulebook.

b) In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.

c) Pool four-person team events are conducted as total-age events with competitors whose ages total 120-139 years, 140-169 years, 170-199 years, 200-229 years and 230 years or more. The total of the four competitors’ ages determines the team’s age group. For example, a team comprised of a 30-year-old, a 40-year-old, a 50-year-old and a 60-year-old (= 180 years) would compete in the 170-199 years age group.

c) Time-finals: In the Masters LWC, finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor’s final placing shall be determined on the basis of his or her time.

d) Seeding: Competitors shall be seeded in the following manner into heats according to their submitted times with the time-finals swum slowest to fastest:

- If one heat: it shall be seeded as a final.
- If two or more heats: the fastest competitors shall be seeded in the last heat (as set out in “Assignment of Lanes” Section 3.4.3 of the ILS Competition Rulebook), the next fastest...
competitors into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.

<table>
<thead>
<tr>
<th>Masters Pool Events</th>
<th>Masters Age Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+</td>
</tr>
<tr>
<td>200 m Obstacle Swim</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>100 m Obstacle Swim</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>100 m Manikin Carry with Fins</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>100 m Manikin Tow with Fins</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>50 m Manikin Carry</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Masters Team Event</th>
<th>Masters Age Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+</td>
</tr>
<tr>
<td>Line Throw</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Total-Age Team Events</td>
<td>Ages total 120-139 Ages total 140-169 Ages total 170-199 Ages total 200-229 Ages total 230+</td>
</tr>
<tr>
<td>4 x 25 m Manikin Relay</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>4 x 50 m Medley Relay</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>4 x 50 m Obstacle Relay</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
</tbody>
</table>

14.6. Interclub Masters LWC - Ocean Events

a) The following ocean events (see chart below) shall be conducted in both male and female categories for Masters LWC. For event descriptions, see Section 4 of the ILS Competition Rulebook.

b) Ocean individual events and the Board Rescue event are conducted in age groups as detailed in this section. In the Board Rescue event, the two-person team shall compete in the age group of the younger competitor.

c) Ocean three-person team events are conducted as total-age events with competitors whose ages total 90-109 years, 110-129 years, 130-149 years, 150-169 years and 170 years or more. The total of the three competitors’ ages determines the team’s age-group. For example, a team composed of a 30-year-old, a 40-year-old, and a 50-year-old (= 120 years) would compete in the 110-129 years age group.

d) Oceanman/Oceanwoman swim course: If, because of prevailing surf conditions, the Oceanman/Oceanwoman swim course will significantly exceed 120 m, two single buoys laid a minimum of 10 m apart at 120 m may be used. In such circumstances the standard swim course will be used for the board leg and for the first and third turning buoy of the surf ski leg. An apex buoy placed approximately 10 m beyond the swim buoys will complete the surf ski buoys.

<table>
<thead>
<tr>
<th>Masters Ocean Events</th>
<th>Masters Age Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+</td>
</tr>
<tr>
<td>Surf Race</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Beach Flags</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Beach Sprint</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>2 km Beach Run</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>1 km Beach Run</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Surf Ski Race</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Board Race</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
<tr>
<td>Oceanman/Oceanwoman (See Notes)</td>
<td>X       X       X       X       X       X       X       X       X       X</td>
</tr>
</tbody>
</table>

Note 1: The Masters Oceanman and Oceanwoman events shall be conducted over the traditional course.

Note 2: Competitors older than 75 may compete in the 70 plus Oceanman and Oceanwoman events.
### Masters Team Event

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Board Rescue</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

### Total-Age Team Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Ages total 90-109</th>
<th>Ages total 110-129</th>
<th>Ages total 130-149</th>
<th>Ages total 150-169</th>
<th>Ages total 170+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surf Teams Race</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>(3 competitors per team)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surf Ski Relay</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>(3 competitors per team)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beach Relay</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>(3 competitors per team)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Board Relay</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>(3 competitors per team)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oceanman/Oceanwoman Relay</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(3 competitors per team)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Interclub Open and Masters Surf Boat Lifesaving World Championships

a) Surf Boat LWC competition is conducted in both male and female categories in the Open and Masters categories. There is no restriction on the number of club entries in each division of the Open or Masters Surf Boat LWC. Note: Refer to the Entry Procedure Guidelines on the website for crew and sweep registration instructions. Because of entry system programming Sweeps shall be required to be entered separately to their crew as “Attendants”.

b) The surf boat competition does not contribute to the point score in National Teams or Interclub LWC.

c) The Open Surf Boat LWC 2020 shall be conducted in the following categories:
   - Open Male.
   - Open Female.
   - Reserve Male.
   - Reserve Female.
   - 23 years Male.
   - 23 years Female.
   - 19 years Male.
   - 19 Years Female.

d) The Masters Surf Boat LWC 2020 shall be conducted in male and female categories in the following age groups:
   - 120 years+.
   - 140 years+.
   - 160 years+.
   - 180 years+.
   - 200 years+.
   - 220 years+.
   - 240 years+.
   - 260 years+.

e) The Masters Surf Boat Race is conducted in eight total-age groups: 120 years or more; 140 years or more; 160 years or more; 180 years or more; 200 years or more; 220 years or more; 240 years or more; 260 years or more. The age group is calculated using the total of the ages of the four rowers in the crew and does not include the sweep.

f) The sweep need not be a Masters competitor but must be proficient as a sweep. The sweep is considered to be gender neutral with respect to participation in male and female events. A female could act as sweep with a male crew and vice versa.

g) With the approval of the ILS Management Committee, proficient sweeps who are non-team members may act as sweeps for clubs from national lifesaving organisations which are developing surf boat racing, provided the sweeps are a member of a current ILS Full Member organisation and are registered to participate at the championships in some capacity.

h) For event description, see Section 6 of the ILS Competition Rulebook.
14.8. Interclub Inflatable Rescue Boat (IRB) LWC

a) The Interclub LWC IRB events are conducted in both open male and open female categories. IRB teams/competitors may compete in the events listed below:

<table>
<thead>
<tr>
<th>IRB Events</th>
<th>Interclub Teams Maximum Entries per Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male IRB Rescue</td>
<td>4 teams</td>
</tr>
<tr>
<td>Female IRB Rescue</td>
<td>4 teams</td>
</tr>
<tr>
<td>Male IRB Mass Rescue</td>
<td>3 teams</td>
</tr>
<tr>
<td>Female IRB Mass Rescue</td>
<td>3 teams</td>
</tr>
<tr>
<td>Male IRB Rescue Tube</td>
<td>4 teams</td>
</tr>
<tr>
<td>Female IRB Rescue Tube</td>
<td>4 teams</td>
</tr>
<tr>
<td>Male IRB Teams Rescue</td>
<td>3 teams</td>
</tr>
<tr>
<td>Female IRB Teams Rescue</td>
<td>3 teams</td>
</tr>
</tbody>
</table>

Note: In Interclub IRB LWC patients are regarded as gender neutral and may compete in male and/or female events.

b) Club team entries in the Interclub LWC are limited to a maximum of 15 male and 15 female competitors per club.

c) Clubs are limited to a maximum of the number of teams listed in the table above.

d) IRB events do not contribute to the point score in the Interclub LWC but has its own point score trophy.

e) For event description, see Section 7 of the ILS Competition Rulebook.

14.9. Interclub World Beach Run Championships

a) There is no restriction on the number of club entries in the Interclub Beach Run LWC.

b) The 2 km Beach Run and 3 x 1 km Beach Run Relay Interclub LWC 2020 shall be conducted in male and female categories in both Open and Youth competition. For event description, see Section 4 of the ILS Competition Rulebook.

c) For event description, see Section 4 of the ILS Competition Rulebook.

14.10. Minimum numbers in an event

An event will be contested with at least one entry. The Chief Referee will determine how best to facilitate this (e.g., races with combined genders, age-groups). Medals will be awarded according to competitors’ placing in their age group and gender.

15. SCORING

15.1. FINALS AND SCORING IN LIFESAVING WORLD CHAMPIONSHIPS

a) For point score purposes finals are required to be conducted in the National Teams LWC Pool and Ocean Events, the National Teams IRB LWC, the Interclub LWC Pool and Ocean events, and the Interclub IRB LWC.

   • In National Teams and Interclub LWC Ocean events: The highest placed 16 competitors based on heats are assigned positions in a final of 16 competitors, or in an A and B final of eight competitors each.

   • In National Teams and Interclub LWC Pool events: The fastest 16 competitors based on heats are assigned positions in an A and B final of eight competitors each.

   • In National Teams and Interclub IRB LWC events: The highest placed 16 competitors based on heats are assigned positions in an A and B final of eight competitors each.

b) Winners of A finals shall be declared Lifesaving World Champions.

c) In Masters LWC, finals shall not be conducted for pool events. All pool events shall be conducted as timed-finals. That is, each competitor swims the event only once. The competitor’s final placing shall be determined on the basis of his or her time. Competitors shall be seeded according to their submitted times with the time-finals swum slowest to fastest.

d) In National Teams IRB LWC and Interclub IRB LWC, A and B finals are required for point score purposes.
e) For Interclub Surf Boat and Beach Run LWC A finals are required to determine winners and place getters.

f) Teams competing in National Teams Open and Youth LWC, Interclub Open and Youth LWC, National Teams IRB and Interclub IRB LWC shall be allocated the following points based on team member placing in finals. No points are allocated to Masters clubs or to Surf Boats or Beach Run LWC.

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>20</td>
<td>9th</td>
<td>8</td>
</tr>
<tr>
<td>2nd</td>
<td>18</td>
<td>10th</td>
<td>7</td>
</tr>
<tr>
<td>3rd</td>
<td>16</td>
<td>11th</td>
<td>6</td>
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<tr>
<td>4th</td>
<td>14</td>
<td>12th</td>
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<td>14th</td>
<td>3</td>
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<tr>
<td>7th</td>
<td>11</td>
<td>15th</td>
<td>2</td>
</tr>
<tr>
<td>8th</td>
<td>10</td>
<td>16th</td>
<td>1</td>
</tr>
</tbody>
</table>

Note 1: The National Teams Open and Youth LWC, the National Teams IRB LWC, Interclub Open, Youth and IRB LWC are all separate championships with separate point scores for each.

Note 2: Interclub competitors’ results in other Interclub LWC (i.e. Surf Boat, IRB, Beach Run) are not counted in the Interclub Open and/or Youth LWC team totals.

In determining this point score ranking please note:

- There shall be no point score blocking. All competitors are eligible to earn points for their team.
- In finals, if two teams tie for first, each receives first-place points (20). The next placed team is awarded third place and receives 16 points, and so on.
- Ties in this team ranking point scores shall be broken using the following system:
  - Most first-place final finishes.
  - Most second-place final finishes.
  - Most third-place final finishes; and so on.
- Competitors or teams must advise if they intend to withdraw from an A or B final within thirty minutes of the finalists being announced. Competitors or teams who withdraw or do not start (DNS) in an A or B final shall not earn any points for their team’s point score (i.e. zero points are scored for a “no show”).
- Where one or more competitors in any LWC withdraw from an A or B final, competitors shall be called forward to finals as detailed in the ILS Competition Rulebook.
- Competitors who do not finish (DNF) or who are disqualified in an A final shall earn eight points. Competitors who do not finish (DNF) or are disqualified in a B final shall earn one point. (See Section 2.14 Disqualifications and Did Not Finish classifications in the ILS Competition Rulebook.)
- However, competitors shall not earn any points if they are disqualified for “Competing unfairly” or for a “Serious discipline offence”. (See Section 2.13 Misconduct in the ILS Competition Rulebook.)
- Note: For clarification of “elimination” vs “disqualification” for Beach Flags refer to the Beach Flags event description in the ILS Competition Rulebook.
- No points shall be credited to any team if an event is cancelled – even if some heats have been conducted.

16. AWARDS

16.1. NATIONAL TEAMS OPEN LWC

a) Overall: A result will be declared and awards shall be presented to the first, second, and third place Open National Team, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the Simulated Emergency Response Competition.
• The Alan B. Whelpton, AO Trophy shall be presented to the winning team of the National Teams LWC.
• Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

b) Pool events – overall: A result will be declared and an award shall be presented to the first-place team in pool events, based on the point score of all pool events but excluding the SERC.
• Pool events – overall male team: A result shall be declared based on the point score but no award presented to the male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay events and the SERC, based on the total male point score.
• Pool events – overall female team: A result shall be declared based on the point score but no award presented to the female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score.

c) Ocean events – overall: A result will be declared and an award shall be presented to the first-place team in ocean events based on the point score of all ocean events.
• Ocean events – overall male team: A result shall be declared based on the point score but no award presented to the male team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event.
• Ocean events – overall female team: A result shall be declared based on the point score but no award presented to the female team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event.

d) SERC: A result will be declared and The Royal Life Saving Society Trophy shall be presented to the national team placing first in the SERC.

Note: These certificates may be sent digitally by ILS following the LWC to National Federations for distribution to successful athletes.

16.2. NATIONAL TEAMS YOUTH LWC

a) Overall: A result will be declared and awards shall be presented to the first, second and third place Youth National Team, based on the overall point score (as detailed in Section 15) for all pool and ocean events, events, and the SERC.
• Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

b) Pool events – overall: A result will be declared and an award shall be presented to the first-place team in pool events, based on the point score of all pool events but excluding the SERC.
• Pool events – overall male team: A result shall be declared based on the point score but no award presented to the male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total male point score.
• Pool events – overall female team: A result shall be declared based on the point score but no award presented to the female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score.

c) Ocean events – overall: A result will be declared and an award shall be presented to the first-place team in ocean events based on the point score of all ocean events.
• Ocean events – overall male team: A result shall be declared based on the point score, but no award presented to the male team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event.
• Ocean events – overall female team: A result shall be declared based on the point score but no award presented to the female team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event.

d) SERC: A result will be declared and an award shall be presented to the first-place team in the SERC.

e) Event winners: Individual awards shall be presented to the first three places in the final of all events in the Youth National Teams Youth LWC. Event winners shall be recognised as Youth National Teams Lifesaving World Champions in those events. In addition, finalist certificates shall be awarded to the top 8 placings in each individual and team conducted.

Note: These certificates may be sent digitally by ILS following the LWC to National Federations for distribution to successful athletes.

16.3. NATIONAL TEAMS IRB LWC

a) Overall: A result will be declared and awards shall be presented to the first, second and third place national team, based on the overall point score (as detailed in Section 15) for the events contested.

b) A Harry Brown OAM Memorial Trophy will be presented to the winning team of the National Teams IRB LWC. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

c) Event winners: Individual awards shall be presented to the first three places in the final of all events at the National Teams IRB LWC. Event winners shall be recognised as National Teams IRB Lifesaving World Champions in those events.

16.4. INTERCLUB OPEN LWC

a) Overall: A result will be declared and awards shall be presented to the first, second and third place Open Interclub Team, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the SERC.

The Kevin Weldon Trophy shall be presented to the winning club team of the Open Interclub LWC.

Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

b) Pool events – overall: A result will be declared and The Josef Schmitz Memorial Trophy shall be presented to the club placing first in the pool events based on the total point score of all pool events but excluding the SERC.

Pool events – overall male team: A result shall be declared but no award presented to the male team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total male point score.

Pool events – overall female team: A result shall be declared but no award presented to the female team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total female point score.

c) Ocean events – overall: A result will be declared and The Mike Mortimer Memorial Trophy shall be presented to the club placing first in the ocean events based on the total point score of all ocean events.

Ocean events – overall male team: A result shall be declared but no award presented to the male team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver event, based on the total male point score.

Ocean events – overall female team: A result shall be declared but no award presented to the female team placing first overall in ocean events but excluding the Mixed Ocean M Relay Lifesaver event, based on the total female point score.

d) SERC: A result will be declared and an award shall be presented to the first-place team in the SERC.

e) Event winners: Individual awards shall be presented to the first three places in the final of all events of the Open Interclub LWC. Event winners shall be recognised as Open Interclub Lifesaving World Champions in these events.
16.5. INTERCLUB YOUTH LWC

a) Overall: A result will be declared and awards shall be presented to the first, second and third place Youth Interclub team, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the SERC. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

b) Pool events – overall: A result will be declared and an award shall be presented to the club placing first in the pool events based on the total point score of all pool events but excluding the SERC.

Ocean events – overall: A result will be declared but no award presented to the club placing first in the ocean events including the Mixed Ocean M Relay Lifesaver event based on the total point score of all ocean events.

Ocean events – overall male team: A result shall be declared but no award presented to the male team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total male point score.

Ocean events – overall female team: A result shall be declared but no award presented to the female team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total female point score.

c) Ocean events – overall: A result will be declared and an award shall be presented to the club placing first in the ocean events including the Mixed Ocean M Relay Lifesaver event based on the total point score of all ocean events.

Ocean events – overall male team: A result shall be declared but no award presented to the male team placing first overall in ocean events but excluding the Mixed M Ocean Lifesaver event, based on the total male point score.

Ocean events – overall female team: A result shall be declared but no award presented to the female team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total female point score.

d) SERC: A result will be declared and an award shall be presented to the first-place team in the SERC.

e) Event winners: Individual awards shall be presented to the first three places in the final of all events of the Youth Interclub LWC. Event winners shall be recognised as Youth Interclub Lifesaving World Champions in these events.

16.6. INTERCLUB MASTERS LWC

Within each Masters age group, awards shall be presented to the first three places in the final of all events at the Interclub Masters LWC. Event winners shall be recognised as Interclub Masters World Lifesaving Champions.

Note: There shall be no club award presented for the Masters LWC.

16.7. INTERCLUB OPEN AND MASTERS SURF BOAT LWC

Awards shall be presented to the overall first, second, and third place crews in both Open and Masters categories at the Surf Boat LWC. The first-place crews shall be recognised as Interclub Surf Boat Lifesaving World Champions in that category.

Note: There shall be no club award presented for the Open or Masters Surf Boat LWC.

16.8. INTERCLUB BEACH RUN LWC

Awards shall be presented to the overall first, second, and third place competitors in both the individual and relay events in the Open and Youth Categories at the Interclub Beach Run LWC. The first-place individuals and shall be recognised as Interclub Beach Run Lifesaving World Champions in that category. The first-place beach relay teams shall be recognised as Interclub Open Beach Run Lifesaving World Champions in that category.

Note: There shall be no club award presented for the Interclub Beach Run LWC.

16.9. INTERCLUB INFLATABLE RESCUE BOAT (IRB) LWC

a) Overall: A result will be declared and awards shall be presented to the first, second and third place interclub team, based on the overall point score (as detailed in Section 15) for the events contested.
b) The Charles Thomson, MBE Memorial Trophy will be presented to the winning team of the Interclub IRB LWC. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

c) Event winners: Individual awards shall be presented to the first three places in the final of all events at the Interclub IRB LWC. Event winners shall be recognised as Interclub IRB Lifesaving World Champions in those events.

16.10. PRESENTATIONS, CEREMONIES AND FUNCTIONS

a) Official ceremonies shall be conducted throughout the championships. The ceremonies and functions include:

- An overall LWC Opening Ceremony.
- Victory Ceremonies for each LWC event conducted.
- Victory Ceremonies declaring overall winners of the Open and Youth National and Interclub Teams and IRB National and Interclub teams.
- An overall LWC Closing Ceremony.
- An ILS Gala Dinner (open to all attendees at the LWC).
- Technical Officials Recognition Functions.
- Closing Parties.

Note: When involved in any medal presentation or ceremony all involved are expected to comply with the ILS procedures and standards detailed in Part C.

17. FLAGS AND BANNERS

a) Each team shall bring a national flag to the LWC for use in opening, victory and closing ceremonies as required. The recommended flag shall measure approximately 192 mm in length and 128 mm in height.

b) The organising committee will provide banners or plates indicating the nation.

c) Flags and banners shall be carried at the official opening ceremony. In addition, organisers may request the flags and banners to be displayed at the competition sites, official functions, and award presentations.

d) On flags and banners in the National Teams LWC, the nation's identity (i.e., national flag) shall be prominent although other elements (national team name and/or symbol) may be included.

e) On flags and banners in the Interclub LWC, the club identity (name and/or symbol) shall be prominent, although other elements (e.g., country or national association) may be included.

Note: Flags and Banners are not permitted to be taken onto the podium for medal or awards presentations.

18. TECHNICAL OFFICIALS

- The ILS EMC shall have full control and authority over all aspects of competition for LWC. ILS Event Venue Managers may be appointed to assist with this process.
- The ILS Event Director works to support ILS, the ILS Sport Commission in the planning, and delivery of LWC and reports to the ILS EMC at LWC.
- The Local Event Manager reports to the LOC and, during competition, to the ILS EMC. The Local Event Manager is responsible for the organisation of the competition within the parameters established by this Handbook, the ILS Competition Rulebook and the ILS EMC. The Local Event Manager deals with any issues and represents the LOC at the LWC venues.
- With the assistance of the Championships Officials Panel the ILS EMC shall appoint the technical officials for LWC.
- The full nomination and appointment process is detailed in the ILS Competition Operations Manual.
- The roles and responsibilities of Technical Officials are outlined in Section 2 of the ILS Competition Rulebook.
PART C - ADDITIONAL INFORMATION

1. OPENING CEREMONIES

1.1. GRAND OPENING CEREMONY FOR THE LWC

A Grand Opening Ceremony will take place on a suitable site such as a city square or either of the beach or swimming pool venues. It features National Teams, officials and volunteers. Parading participants are to be marshalled and briefed on details.

Ceremonial Presentation
The Ceremonial presentation is as follows:

Preparation and Seating
- The Master of Ceremony announces the start of the Opening Ceremony of the Lifesaving World Championships (LWC).
- The city authorities, the ILS authorities and the ILS family and spectators sit in the Grand Stand and on appropriate places.
- Spectators sit or stand in appropriate places.

Parade
- The Master of Ceremony introduces the parade.
- The national teams march into the venue accompanied music and behind their name plate and a member of their team carrying their flag. The entry order is in alphabetical order. The host nation closes the list. The national team competitors and team officials are dressed in their national dress or sports attire.
- Technical Official follow the national teams dressed in uniform.
- Then the Volunteers follow dressed in their uniform.
- Each nation is welcomed as they are pass the grand stand.
- The Master of Ceremonies announces the end of the parade.

Speeches
- The Master of Ceremony invites the speakers one by one to the podium in order of the local authority, the Host President, the Organising Committee Chair, and the ILS President.
- Participants stand for the national anthem and raising of the flag of the Host nation.
- The ILS song is played, and the ILS flag is raised.
- The highest authority declares the opening of the LWC: “I declare open the (year) Lifesaving World Championships in (city) – (country).”

Oaths
- The Master of Ceremony invites the person carrying the ILS Flag to the podium.
- An athlete’s oath is delivered while the competitors are touching the ILS flag with one hand each: “In the name of all competitors, we promise that we shall take part in these National Teams Lifesaving World Championships, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship and fair play, for the glory of the lifesaving sport and the honour of our teams.”
- A technical official’s oath is delivered while the technical officials are touching the ILS flag with one hand each: “In the name of all the technical officials, we promise that we shall officiate in these National Teams Lifesaving World Championships with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship.”
- A coach’s oath is delivered while the team officials are touching the ILS flag with one hand each: “In the name of all the coaches and team officials, we promise that we shall commit ourselves to ensuring that the spirit of sportsmanship and fair play is
fully adhered to and upheld in accordance with the fundamental principles of Lifesaving.”

- All teams, technical officials and volunteers march down while music is played and then sit down to view the Entertainment.

**Artistic and/or Entertainment Presentation.**

The Artistic/entertainment presentation allows the host country to showcase its past, future, culture and other elements.

1.2. **OTHER CHAMPIONSHIP OPENING CEREMONIES**

Apart from the Grand Opening Ceremony other opening ceremonies for specific LWCs may be programmed. The venue shall be either the beach or the swimming pool venue of the LWC and the elements may include.

- A welcome to the specific LWC on behalf of ILS.
- An athlete’s oath as above detailing the specific LWC.
- A technical official’s oath as above detailing the specific LWC.
- A coach’s oath as above detailing the specific LWC.

The programming for these opening ceremonies shall be communicated as part of event timetables etc.

2. **VICTORY CEREMONIES**

2.1. **VICTORY CEREMONY: MEDAL CEREMONIES**

Each of the races/events at the Lifesaving World Championships end with a medal ceremony. The medal ceremony can be conducted after the event or events at the respective venue or can be presented at a Medal Plaza.

Note: Unless otherwise advised the announcement and awarding of overall Teams LWC trophies (for pool, ocean, SERC, IRB point score trophies) shall take place at the competition venue as soon as practical following the conclusion of all competition at the venue. Team members are to be dressed as per the requirements for medal presentations.

**Ceremony preparation**

- The award deliverers, medal winners and presenter escorts take position on the backstage.
- For National Teams Open, Youth and LWC, the national flags or slides are prepared.
  Note: there is no flag raising for Interclub LWC.

**Ceremony begins**

- The LWC Signature Tune is played.
- The Master of Ceremony (MC) announces the Ceremony: “*Ladies and gentlemen the Medal Ceremony for the (race) at the (National Teams, Interclub, National Teams or Interclub IRB Surf Boat, or Beach Run or Extra as appropriate) Lifesaving World Championships will now begin. Please welcome the medallists*”.
- Music starts. The escort followed by the competitors, followed by the presenters followed by the medal carrier enter the stage. The medallists take position at the marks behind the podium (in a row formation). The medal presenter take position on the left side of the podium. The MC is at the right side of the podium. Once all people are in position, the music fades out.

**Presentation begins**

- The MC introduces the presenters: “*The Medals will be presented by (title) (forename) (name), (function)*”.
- The MC speaks: “*The winner(s) of the bronze medal(s), is/are (name(s)), representing (country/club as appropriate)*”.
• The competitor steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor, place the medal over the head to the neck and then shakes his/her hand to say “congratulations” or similar.
• The MC speaks: “The winner(s) of the silver medal(s), is/are (name(s)), representing (country/club as appropriate)”. 
• The competitor steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor, place the medal over the head to the neck and then shakes his/her hand to say “congratulations” or similar.
• The MC speaks: “The winner(s) of the gold medal(s), and World Champion(s) is/are (name(s)), representing (country/club as appropriate)”. 
• The competitor steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor, place the medal over the head to the neck and then shakes his/her hand to say “congratulations” or similar.

National Anthem (only played for National Teams Open, Youth, and IRB LWC)
• The MC speaks: “Ladies and gentlemen, please rise in respect of the national anthem of (country)”. 
• The National Anthem is played.
• Flag bearers raise the national flags on the national anthem of the gold medallist.
• Medallists, presenters, and cast turn to face the flagpole to witness the raising of the flags for the duration of the anthem.

Closing
• The MC speaks: “Ladies and gentlemen, congratulate the medallists”. 
• Photo time of maximum 30 seconds.
• The MC speaks: “Ladies and gentlemen, this concludes the Medal Ceremony for the (race). Please let us once again congratulate the medallists”.
• Signature Tune start, the escort followed by the competitors, followed by the presenters followed by the medal carrier exit the stage to the sport presentation waiting tent or area.

2.2. VICTORY CEREMONY: DRESS CODE

Victory ceremonies are extremely important to the competitors, their federations, their nations, the spectators and the media. They will, therefore, be carefully planned and conducted in a dignified manner. Victory Ceremonies that are well-prepared and conducted in a proper setting, with official announcements, medal presentations, flag raising, and music provide traditional and memorable opportunities to recognise medal-winning competitors’ accomplishments in a dignified and attractive atmosphere.

Dress Code
The ILS enforces proper dress code for participants of the ceremony. Before entering the stage, the Victory Ceremony team will ensure that the athletes are correctly dressed. The organiser will refuse to let any athlete take with him/her any forbidden items. No Sports Equipment or Accessories may be brought to the victory ceremony location. No personal accessories, including but not limited to mobile phones, water bottles, national flags and camera devices, are permitted on podiums. National Flags cannot be brought to the stage for any victory ceremony

The Team Manager is primarily responsible for ensuring that all items worn or used by the members of their delegation comply with these ILS Guidelines.

Dress code – Competitors
Allowed (in order of preference):
• Team uniform and normal or sports shoes.
• Team track suit: long pants and jacket and under the jacket a polo shirt or t-shirt, or short pants and track suit jacket or, short pants and a national polo or t-shirt.
• Team competition caps at ocean event presentations.
• Sport shoes, thongs or barefoot is allowed.
• National Flags or other Flags cannot be brought to the stage for any victory ceremony.
Not Allowed
- Swimming costumes.
- National Flags or other Flags.
- Competitors are not allowed to bring signs, sunglasses, hats, caps, headbands, bottles, competition equipment and other such items to the stage.

The sports attire may include the name of the company producing the training jacket and pants. If that name is present, it should not exceed 120 cm$^2$ for the jacket and 120 cm$^2$ for the pants. An additional sponsor can be added on the jacket, but such cannot be larger than 120 cm$^2$.

Dress code – Medal Presenters
The medal presenters shall wear appropriate clothing.
The following is allowed (in order of preference):
- For men: jacket suit and tie. For women: robe, skirt and blouse.
- For men: long trousers and a collared shirt. For women: skirt and blouse or collared shirt.
- Footwear: Shoes
- Medal presenters are not allowed to bring signs, sunglasses, hats, caps, headbands, bottles, competition equipment and other such items to the stage.

3. CLOSING CEREMONIES

3.1. CLOSING CEREMONIES

A Closing Ceremony may be conducted for all Championships where medals are still to be presented and/or where point score trophies are to be awarded. All ceremonies should include a Ceremonial presentation.

In addition, a final closing ceremony shall be conducted following the completion of the final LWC competition.

The closing ceremony may be conducted at the pool or ocean venue or at the Lifesaving Village where medals are presented.

Awards Presentation
The awards presentation:
- Any outstanding medals in individual and team events are awarded.
- For the Open and Youth National Teams and Interclub the point score results are announced for the pool, then ocean, the SERC and finally the overall winner classification. For the pool and ocean trophy the results from the tenth placed team to the second placed team are announced. The Team Manager or Captain of the first placed team accepts the trophy on the podium.
- For the Open and Youth National and InterClub Teams and the National and InterClub IRB LWC the Master of Ceremony finishes with the overall results. The results from the tenth team to the fourth team are announced. The competitors and a maximum of two team management of the third, second first placed team accepts the trophy in that order on the podium.
- The Trophies to be awarded at the various ceremonies are:

  **National Teams**
  **Open:**
  - Overall winning team - The Alan B. Whelpton, AO Trophy
  - Pool point score - Trophy
  - Ocean point score – Trophy
  - SERC Winning Team - The Royal Life Saving Society Trophy
  **Youth:**
  - Overall winning team - Trophy
  - Pool point score - Trophy
  - Ocean point score – Trophy
  - SERC Winning Team - Trophy
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National Team IRB:
Overall winning team – Harry Brown OAM Memorial Trophy
Interclub Teams LWC

Open:
Overall winning team – The Kevin Weldon Trophy
Pool point score - The Josef Schmitz Memorial Trophy
Ocean point score – The Mike Mortimer Memorial Trophy
SERC Winning Team - Trophy

Youth:
Overall winning team - Trophy
Pool point score - Trophy
Ocean point score – Trophy
SERC Winning Team - Trophy

Interclub IRB:
Overall winning team – The Charles Thomson, MBE Memorial Trophy

Ceremonial Presentation
The Ceremonial presentation includes:
• The LWC Signature Tune is played.
• The Announcement of the start of the Closing Ceremony for the respective LWC.
• Completion of any outstanding medal ceremonies in individual and team.
• Announcement and presentation of point score awards and trophies.
• The Master of Ceremony invites the ILS President or his/her representative to the podium to speak.
• A closing message by the Master of Ceremony.
• Closing music is played.

In addition, the final closing ceremony (which for LWC2020 is at the conclusion of the Open Interclub LWC) shall involve further components and follows the completion of any outstanding medal ceremonies including:

• The Announcement of the start of the Closing Ceremony of the whole LWC.
• The naming of the nations present at the LWC and statistics on participation.
• The Master of Ceremony invites the speakers one by one to the podium in order of highest-ranked local authority, the Host President, Organising Committee Chair and the ILS President.
• The Master of Ceremony invites the participants to stand for the national anthem of the host country and flag.
• The national anthem is played, and the national flag is lowered.
• The ILS song is played, and the ILS flag is lowered.
• The flag is handed over from the host of the current LWC then to ILS and finally to the host of the next LWC.
• A speech by the host of the next LWC and a video (if any) on the next championships.
• A closing message by the Master of Ceremony.
• A closing music is played.

4. MEDALS FOR THE LIFESAVING WORLD CHAMPIONSHIPS 2020

The medals for all LWCs (Open and Youth National Teams and Interclub, Masters, IRB, Surfboat, Beach Run and Extra) will be of the same design and quality.

The variation between the National Team (Open and Youth and IRB), Interclub (including Open and Youth, IRB, Surfboat, Beach Run and Extra) and Masters LWC shall be the colour of the ribbon (i.e. three different colours to be used).

Specifications
Recipients: the top three competitors/teams in each event receive medals.
The competitors and a maximum of two team management of the top three teams in Open and Youth National and Interclub Teams, National and InterClub IRB LWC teams receive LWC receive medals. The medals for the winners are in golden colours, the medals for the second place are in silver colours and the medal for the third place are in bronze colours. The colours of the ribbon will be different for National Teams Open, Youth and IRB, - blue and Interclub Open, Youth, IRB, Surf Boat and Beach Run, and Masters. The ribbons may also include the LWC and ILS logos.