

## LIFESAVING WORLD CHAMPIONSHIPS RICCIONE 2022



## NATIONAL TEAMS OPEN CHAMPIONSHIPS



## COMPETITION PROGRAMME

Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.

This programme is subject to change.

## Day 0 - Monday 26 September

## Briefing

16:00	National Open & Youth Teams Technical Officials Briefing - Riccione Pool
17:00	National Teams Open & Youth Team Managers - Riccione Pool

## Day 1 - Tuesday 27 September

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TIME	EVENT		
<b>06:00</b>	Safety/EMC Daily Meeting		
07:30	Warm Up / Technical Technical Officials Daily Briefing		
08:00	Team Managers Daily Briefing		
08:30	Preparation of the pool		
08:30	Marshalling commence		
TIME	EVENT	GENDER	TYPE
<b>08:45</b>	200 m Obstacle Swim	Women	Heat
	200 m Obstacle Swim	Men	Heat
	4 x 50 m Obstacle Relay	Women	Heat
	4 x 50 m Obstacle Relay	Men	Heat
	Line Throw	Women	Heat
	Line Throw	Men	Heat
	100 m Manikin Tow With Fins	Women	Heat
	100 m Manikin Tow With Fins	Men	Heat
<b>13:00 Lunch</b>			
TIME	EVENT		
15:00	Warm Up / Technical Officials Briefing		
15:45	Preparation of the pool		
15:45	Marshalling commence		
TIME	EVENT	GENDER	TYPE
<b>16:00</b>	200 m Obstacle Swim	Women	Final A & B
	200 m Obstacle Swim	Men	Final A & B
	4 x 50 m Obstacle Relay	Women	Final A & B
	4 x 50 m Obstacle Relay	Men	Final A & B
<b>VICTORY CEREMONY</b> 200 m Obstacle Swim			
	Line Throw	Women	Final A & B
	Line Throw	Men	Final A & B
<b>VICTORY CEREMONY</b> 4 x 50 m Obstacle Relay			
	100 m Manikin Tow With Fins	Women	Final A & B
	100 m Manikin Tow With Fins	Men	Final A & B
<b>VICTORY CEREMONY</b> Line Throw - 100m Manikin Tow with Fins			

Day 2 - Wednesday 28 September				
P O O L	TIME	EVENT		
	06:00	Safety/EMC Daily Meeting		
	07:30	Warm Up / Technical Technical Officials Daily Briefing		
	08:00	Team Managers Daily Briefing		
	08:30	Preparation of the pool		
	08:30	Marshalling commence		
	TIME	EVENT	GENDER	TYPE
	08:45	50 m Manikin Carry	Women	Heat
		50 m Manikin Carry	Men	Heat
		4 x 25 m Manikin Relay	Women	Heat
	4 x 25 m Manikin Relay	Men	Heat	
	200 m Super Lifesaver	Women	Heat	
	200 m Super Lifesaver	Men	Heat	
	4 x 50 m Medley Relay	Women	Heat	
	4 x 50 m Medley Relay	Men	Heat	
12:45 Lunch				
TIME	EVENT			
14:30	Warm Up / Technical Officials Briefing			
15:15	Preparation of the pool			
15:15	Marshalling commence			
TIME	EVENT	GENDER	TYPE	
15:30	50 m Manikin Carry	Women	Final A & B	
	50 m Manikin Carry	Men	Final A & B	
	4 x 25 m Manikin Relay	Women	Final A & B	
	4 x 25 m Manikin Relay	Men	Final A & B	
VICTORY CEREMONY 50m Manikin Carry				
	200 m Super Lifesaver	Women	Final A & B	
	200 m Super Lifesaver	Men	Final A & B	
VICTORY CEREMONY 4x25m Manikin Relay				
	4 x 50 m Medley Relay	Women	Final A & B	
	4 x 50 m Medley Relay	Men	Final A & B	
VICTORY CEREMONY 200m Super Lifesaver - 4x50m Medley Relay				

Day 3 - Thursday 29 September				
P O O L	TIME	EVENT		
	06:00	Safety/EMC Daily Meeting		
	07:30	Warm Up / Technical Technical Officials Daily Briefing		
	08:00	Team Managers Daily Briefing		
	08:30	Preparation of the pool		
	08:30	Marshalling commence		
	TIME	EVENT	GENDER	TYPE
	08:45	100m Rescue Medley	Women	Heat
		100m Rescue Medley	Men	Heat
		100m Manikin Carry with Fins	Women	Heat
	100m Manikin Carry with Fins	Men	Heat	
	4x50m Mixed Pool Lifesaver Relay	Mixed	Heat	
12:45 Lunch				
TIME	EVENT			
14:30	Warm Up / Technical Officials Briefing			
15:15	Preparation of the pool			
15:15	Marshalling commence			
TIME	EVENT	GENDER	TYPE	
15:30	100 m Rescue Medley	Women	Final A & B	
	100 m Rescue Medley	Men	Final A & B	
	100 m Manikin Carry With Fins	Women	Final A & B	
	100 m Manikin Carry With Fins	Men	Final A & B	
VICTORY CEREMONY 100m Rescue Medley				
	4 x 50 m Pool Lifesaver Relay	Mixed	Final A & B	
VICTORY CEREMONY 100m Manikin Carry with Fins - 4x50m Mixed Pool Lifesaver Relay				
VICTORY CEREMONY Overall Aggregate Pool Trophy				

Day 4 - Friday 30 September				
Sunrise 07:05 - Sunset 18:51				
Tide Times: Low - 06:45 (-1.2m), High - 13:10 (+3.1m)				
TIME	EVENT			
<b>06:00</b>	<b>Safety/EMC Daily Meeting</b>			
06:30	Warm Up / Technical Officials Daily Briefing			
07:00	Team Managers Daily Briefing			
07:45	Marshalling commence			
WATER ARENA A & BEACH ARENA				
TIME	EVENT	GENDER	TYPE	
<b>08:00</b>	Oceanman	Men	Heat	
	Oceanman	Men	Semi Final	
	Board Rescue	Men	Heat	
	Board Rescue	Men	Semi Final	
	Beach Sprint	Men	Heat	
	Beach Sprint	Men	Q/Final/Semi Final	
	Beach Relay	Men	Heat	
	Beach Relay	Men	Semi Final	
<b>13:30 Lunch</b>				
WATER ARENA B & BEACH ARENA				
TIME	EVENT	GENDER	TYPE	
<b>08:00</b>	Beach Sprint	Women	Heat	
	Beach Sprint	Women	Q/Final/Semi Final	
	Oceanwoman	Women	Heat	
	Oceanwoman	Women	Semi Final	
	Beach Relay	Women	Heat	
	Beach Relay	Women	Semi Final	
	Board Rescue	Women	Heat	
	Board Rescue	Women	Semi Final	
<b>13:30 Lunch</b>				
WATER AREA A & BEACH ARENA				
TIME	EVENT	GENDER	TYPE	
<b>15:00</b>	Oceanwoman	Women	Final	
	Oceanman	Men	Final	
	Board Rescue	Women	Final A & B	
	Board Rescue	Men	Final A & B	
	Beach Sprint	Women	Final A & B	
	Beach Sprint	Men	Final A & B	
	Beach Relay	Women	Final A & B	
	Beach Relay	Men	Final A & B	
<b>17:45</b>	<b>VICTORY CEREMONY</b> all events Day 4			

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Day 5 - Saturday 1 October				
Sunrise 07:06 - Sunset 18:50				
Tide Times: Low 07:05 (-0.5m), High 13:35 (+2.6m)				
TIME	EVENT			
<b>06:00</b>	<b>Safety/EMC Daily Meeting</b>			
06:30	Warm Up / Technical Technical Officials Daily Briefing			
07:00	Team Managers Daily Briefing			
07:15	Marshalling commence			
WATER AREA A & BEACH ARENA				
TIME	EVENT	GENDER		TYPE
<b>07:30</b>	Surf Ski Race	Men		Heat
	Surf Ski Race	Men		Semi Final
	Rescue Tube Rescue	Men		Heat
	Rescue Tube Rescue	Men		Semi Final
	Beach Flags	Men		Heat
	Beach Flags	Men		Q/Final/Semi Final
	Oceanman Relay	Men		Heat
	Oceanman Relay	Men		Semi Final
<b>12:30 Lunch</b>				
WATER AREA B & BEACH ARENA				
TIME	EVENT	GENDER		TYPE
<b>07:30</b>	Board Race	Women		Heat
	Board Race	Women		Semi Final
	Beach Flags	Women		Heat
	Beach Flags	Women		Q/Final/Semi Final
	Rescue Tube Rescue	Women		Heat
	Rescue Tube Rescue	Women		Semi Final
	Oceanwoman Relay	Women		Heat
	Oceanwoman Relay	Women		Semi Final
<b>12:30 Lunch</b>				
WATER AREA A & BEACH ARENA				
TIME	EVENT	GENDER		TYPE
<b>15:00</b>	Board Race	Women		Final
	Ski Race	Men		Final
	Rescue Tube Rescue	Women		Final A & B
	Rescue Tube Rescue	Men		Final A & B
	Oceanwoman Relay	Women		Final
	Oceanman Relay	Men		Final
	Beach Flags	Women		Final A & B
	Beach Flags	Men		Final A & B
<b>17:45</b>	<b>VICTORY CEREMONY</b> all events Day 5			

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Day 6 - Sunday 2 October			
Sunrise 07:08 - Sunset 18:46			
Tide Times: High - 05:50 (+0.2m) Low - 06:10 (-0.2m), High - 14:05 (+2.0m)			
TIME	EVENT		
<b>06:00</b>	<b>Safety/EMC Daily Meeting</b>		
06:30	Warm Up / Technical Technical Officials Daily Briefing		
07:00	Team Managers Daily Briefing		
07:15	Marshalling commence		
<b>WATER AREA A &amp; BEACH ARENA</b>			
TIME	EVENT	GENDER	TYPE
<b>07:30</b>	Board Race	Men	Heat
	Board Race	Men	Semi Final
	Surf Race	Men	Heat
	Surf Race	Men	Semi Final
	Mixed Ocean Lifesaver Relay	Mixed	Heat
	Mixed Ocean Lifesaver Relay	Mixed	Semi Final
<b>12:30 Lunch</b>			
<b>WATER AREA B &amp; BEACH ARENA</b>			
TIME	EVENT	GENDER	TYPE
<b>07:30</b>	Ski Race	Women	Heat
	Ski Race	Women	Semi Final
	Surf Race	Women	Heat
	Surf Race	Women	Semi Final
In Arena A	Mixed Ocean Lifesaver Relay	Mixed	Heat
In Arena A	Mixed Ocean Lifesaver Relay	Mixed	Semi Final
<b>12:30 Lunch</b>			
<b>WATER AREA A &amp; BEACH ARENA</b>			
TIME	EVENT	GENDER	TYPE
<b>15:00</b>	Ski Race	Women	Final
	Board Race	Men	Final
	Surf Race	Women	Final
	Surf Race	Men	Final
	Mixed Ocean Lifesaver Relay	Mixed	Final
17:45	VICTORY CEREMONY all events Day 6		
	VICTORY CEREMONY Grand Aggregate, Pool, Ocean & Beach Events		
18:30	Closing Ceremony - National Team Open Events		
<b>TBC</b>	<b>National Teams Open Closing Party</b>		