Interntational Lifesaving World Cup (ILWC)

Three Age Groups

AGE Group 15 - 19

AGE Group 20 -24



	AGE Group							
	Day 0 - Tuesday 20 September							
	Briefing							
	18:00 RWC Technical Officials briefing - Riccione Pool							
	19:00	RWC Team Managers briefing -						
Day 1 - Wednesday 21 September								
	TIME	EVENT						
	14:30	Safety/EMC Daily Meeting						
	15:00	Warm-up start						
	15:15	Technical Officials Briefing						
	15:30	Team Managers daily briefing						
	15:45	Marshalling commence						
	TIME	EVENT	AGE GROUP	GENDER	TYPE			
Р	16:00	200 m Obstacle Swim	15/19	Women	Time Final			
		200 m Obstacle Swim	15/19	Men	Time Final			
0		200 m Obstacle Swim	20/24	Women	Time Final			
0		200 m Obstacle Swim	20/24	Men	Time Final			
L		200 m Obstacle Swim	25/29	Women	Time Final			
		200 m Obstacle Swim	25/29	Men	Time Final			
		100 m Manikin Tow with Fins	15/19	Women	Time Final			
		100 m Manikin Tow with Fins	15/19	Men	Time Final			
		100 m Manikin Tow with Fins	20/24	Women	Time Final			
		100 m Manikin Tow with Fins	20/24	Men	Time Final			
		100 m Manikin Tow with Fins	25/29	Women	Time Final			
		100 m Manikin Tow with Fins	25/29	Men	Time Final			

VICTORY CEREMONY - all events conducted during the session

Pool Program

		Day 2 - Thursday 22	2 September		
	TIME	EVENT			
	14:30	Safety/EMC Daily Meeting			
	15:00	Warm-up start			
	15:15	Technical Officials Briefing			
	15:30	Team Managers daily briefing			
	15:45	Marshalling commence			
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	16:00	50 m Manikin Carry	15/19	Women	Time Final
P O O L		50 m Manikin Carry	15/19	Men	Time Final
		50 m Manikin Carry	20/24	Women	Time Final
		50 m Manikin Carry	20/24	Men	Time Final
		50 m Manikin Carry	25/29	Women	Time Final
		50 m Manikin Carry	25/29	Men	Time Final
		100 m Manikin Carry with Fins	15/19	Women	Time Final
		100 m Manikin Carry with Fins	15/19	Men	Time Final
		100 m Manikin Carry with Fins	20/24	Women	Time Final
		100 m Manikin Carry with Fins	20/24	Men	Time Final
		100 m Manikin Carry with Fins	25/29	Women	Time Final
		100 m Manikin Carry with Fins		Men	Time Final
		VICTORY CEREMONY - all events	conducted duri	ng the sessio	n
		Day 3 - Friday 23	September		
	TIME				
	I IIVIE	EVENT			
	14:30	Safety/EMC Daily Meeting			
		Safety/EMC Daily Meeting Warm-up start			
	14:30 15:00 15:15	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing			
	14:30 15:00	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing			
	14:30 15:00 15:15 15:30 15:45	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence			
	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing	AGE GROUP	GENDER	TYPE
	14:30 15:00 15:15 15:30 15:45	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley	15/19	GENDER Women	Time Final
P	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 100 m Rescue Medley	15/19 15/19	Women Men	Time Final Time Final
PO	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 100 m Rescue Medley	15/19 15/19 20/24	Women Men Women	Time Final Time Final Time Final
	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 100 m Rescue Medley 100 m Rescue Medley 100 m Rescue Medley	15/19 15/19 20/24 20/24	Women Men Women Men	Time Final Time Final Time Final Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley	15/19 15/19 20/24 20/24 25/29	Women Men Women Men Women	Time Final Time Final Time Final Time Final Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley	15/19 15/19 20/24 20/24 25/29 25/29	Women Men Women Men Women Men	Time Final Time Final Time Final Time Final Time Final Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley	15/19 15/19 20/24 20/24 25/29 25/29 15/19	Women Men Women Men Women Men Women Men	Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley 100 m Rescue Medley 100 m Rescue Medley 100 m Rescue Medley	15/19 15/19 20/24 20/24 25/29 25/29 15/19	Women Men Women Women Men Women Men Women Men Women	Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley 100 m Super Lifesaver 200 m Super Lifesaver	15/19 15/19 20/24 20/24 25/29 25/29 15/19 15/19 20/24	Women Men Women Men Women Men Women Men Women Men Women	Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley 100 m Rescue Medley 200 m Super Lifesaver 200 m Super Lifesaver 200 m Super Lifesaver	15/19 15/19 20/24 20/24 25/29 25/29 15/19 15/19 20/24	Women Men Women Women Men Women Men Women Men Women Men Women	Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley 100 m Super Lifesaver 200 m Super Lifesaver 200 m Super Lifesaver 200 m Super Lifesaver	15/19 15/19 20/24 20/24 25/29 25/29 15/19 15/19 20/24 20/24	Women Men Women Women Men Women Men Women Men Women Men Women Men Women	Time Final
0	14:30 15:00 15:15 15:30 15:45 TIME	Safety/EMC Daily Meeting Warm-up start Technical Officials Briefing Team Managers daily briefing Marshalling commence EVENT 100 m Rescue Medley 200 m Rescue Medley 100 m Rescue Medley 200 m Super Lifesaver 200 m Super Lifesaver 200 m Super Lifesaver	15/19 15/19 20/24 20/24 25/29 25/29 15/19 15/19 20/24 20/24 25/29	Women Men Men	Time Final