

LIFESAVING WORLD CHAMPIONSHIPS RICCIONE 2022



MASTERS CHAMPIONSHIPS



COMPETITION PROGRAMME

Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.

This programme is subject to change.

Day 0 - Tuesday 20 September

Briefing

16:00	Masters Technical Officials briefing - Riccione Pool
17:00	Masters Team Managers briefing - Riccione Pool

Day 3 - Friday 23 September

TIME EVENT

16:00	Masters Technical Officials (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)
17:00	Masters Team Managers (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)

Day 4 - Saturday 24 September

Sunrise 07:01 - Sunset 19.03

Tide Times: Low 04:11; High 10:55; Low 16:43; High 22:31

TIME EVENT

06:45 Safety Meeting

07:00 Daily CC Meeting

07:00 Warm-up start

07:15 Technical Officials Briefing

07:30 Team Managers Briefing

07:45 Marshalling Commences

08:00 Start Time

ARENA A 40-44; 45-49; 50-54; 55-59

TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Rescue	40-44	Men	Heat/Final
	Board Rescue	45-49	Men	Heat/Final
	Board Rescue	50-54	Men	Heat/Final
	Board Rescue	55-59	Men	Heat/Final
	Surf Race	40-44	Men	Heat/Final
	Surf Race	45-49	Men	Heat/Final
	Surf Race	50-54	Men	Heat/Final
	Surf Race	55-59	Men	Heat/Final
	Board Race	40-44	Men	Heat/Final
	Board Race	45-49	Men	Heat/Final
	Board Race	50-54	Men	Heat/Final
	Board Race	55-59	Men	Heat/Final
	Surf Ski Race	40-44	Men	Heat/Final
	Surf Ski Race	45-49	Men	Heat/Final
	Surf Ski Race	50-54	Men	Heat/Final
	Surf Ski Race	55-59	Men	Heat/Final
	Ocean Man	40-44	Men	Heat/Final
	Ocean Man	45-49	Men	Heat/Final
	Ocean Man	50-54	Men	Heat/Final
	Ocean Man	55-59	Men	Heat/Final

VICTORY CEREMONY - will be conducted at various times during the day

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Masters Ocean

TIME DAY 4 (CONT)				
ARENA B 30-34; 35-39; 60-64; 65-69; 70-74 (70+ where no 75+); 75+				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Rescue	30-34	Men	Heat/Final
	Board Rescue	35-39	Men	Heat/Final
	Board Rescue	60-64	Men	Heat/Final
	Board Rescue	65-69	Men	Heat/Final
	Board Rescue	70-74	Men	Heat/Final
	Board Rescue	75+	Men	Heat/Final
	Surf Ski Race	30-34	Men	Heat/Final
	Surf Ski Race	35-39	Men	Heat/Final
	Surf Ski Race	60-64	Men	Heat/Final
	Surf Ski Race	65-69	Men	Heat/Final
	Surf Ski Race	70-74	Men	Heat/Final
	Surf Ski Race	75+	Men	Heat/Final
	Surf Race	30-34	Men	Heat/Final
	Surf Race	35-39	Men	Heat/Final
	Surf Race	60-64	Men	Heat/Final
	Surf Race	65-69	Men	Heat/Final
	Surf Race	70-74	Men	Heat/Final
	Surf Race	75+	Men	Heat/Final
	Board Race	30-34	Men	Heat/Final
	Board Race	35-39	Men	Heat/Final
	Board Race	60-64	Men	Heat/Final
	Board Race	65-69	Men	Heat/Final
	Board Race	70-74	Men	Heat/Final
	Board Race	75+	Men	Heat/Final
	Ocean Man	30-34	Men	Heat/Final
	Ocean Man	35-39	Men	Heat/Final
	Ocean Man	60-64	Men	Heat/Final
	Ocean Man	65-69	Men	Heat/Final
	Ocean Man	70+	Men	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				

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Masters Ocean

TIME DAY 4 (CONT)				
ARENA C 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64;65-59; 70-74; (70+ where no 75+); 75+				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Surf Ski Race	30-34	Women	Heat/Final
	Surf Ski Race	35-39	Women	Heat/Final
	Surf Ski Race	40-44	Women	Heat/Final
	Surf Ski Race	45-49	Women	Heat/Final
	Surf Ski Race	50-54	Women	Heat/Final
	Surf Ski Race	55-59	Women	Heat/Final
	Surf Ski Race	60-64	Women	Heat/Final
	Surf Ski Race	65-69	Women	Heat/Final
	Surf Ski Race	70-74	Women	Heat/Final
	Surf Ski Race	75+	Women	Heat/Final
	Surf Race	30-34	Women	Heat/Final
	Surf Race	35-39	Women	Heat/Final
	Surf Race	40-44	Women	Heat/Final
	Surf Race	45-49	Women	Heat/Final
	Surf Race	50-54	Women	Heat/Final
	Surf Race	55-59	Women	Heat/Final
	Surf Race	60-64	Women	Heat/Final
	Surf Race	65-69	Women	Heat/Final
	Surf Race	70-74	Women	Heat/Final
	Surf Race	75+	Women	Heat/Final
	BoardRace	30-34	Women	Heat/Final
	BoardRace	35-39	Women	Heat/Final
	BoardRace	40-44	Women	Heat/Final
	BoardRace	45-49	Women	Heat/Final
	BoardRace	50-54	Women	Heat/Final
	BoardRace	55-59	Women	Heat/Final
	BoardRace	60-64	Women	Heat/Final
	BoardRace	65-69	Women	Heat/Final
	BoardRace	70-74	Women	Heat/Final
	BoardRace	75+	Women	Heat/Final
	Oceanwoman	30-34	Women	Heat/Final
	Oceanwoman	35-39	Women	Heat/Final
	Oceanwoman	40-44	Women	Heat/Final
	Oceanwoman	45-49	Women	Heat/Final
	Oceanwoman	50-54	Women	Heat/Final
	Oceanwoman	55-59	Women	Heat/Final
	Oceanwoman	60-64	Women	Heat/Final
	Oceanwoman	65-69	Women	Heat/Final
	Oceanwoman	70+	Women	Heat/Final
	Board Rescue	30-34	Women	Heat/Final
	Board Rescue	35-39	Women	Heat/Final
	Board Rescue	40-44	Women	Heat/Final
	Board Rescue	45-49	Women	Heat/Final
	Board Rescue	50-54	Women	Heat/Final
	Board Rescue	55-59	Women	Heat/Final
	Board Rescue	60-64	Women	Heat/Final
	Board Rescue	65-69	Women	Heat/Final
	Board Rescue	70-74	Women	Heat/Final
	Board Rescue	75+	Women	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				

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Masters Ocean

Day 5 - Sunday 25 September					
Sunrise 7:01 - Sunset 19:03					
Tide Times: Low 04:35; High 11:11; Low 17:10; High 23:04					
TIME	EVENT				
06:45	Safety Meeting				
07:00	Daily CC Meeting				
07:00	Warm-up start				
07:15	Technical Officials Briefing				
07:30	Team Managers Briefing				
07:45	Marshalling Commences				
08:00	Start Time				
ARENA A Team 90-109; 110-129; 130-149 MEN					
TIME	EVENT	AGE GROUP	GENDER	TYPE	
08:00	Surf Team Race	90-109	Men	Heat/Final	
	Surf Team Race	110-129	Men	Heat/Final	
	Surf Team Race	130-149	Men	Heat/Final	
	Board Relay	90-109	Men	Heat/Final	
	Board Relay	110-129	Men	Heat/Final	
	Board Relay	130-149	Men	Heat/Final	
	Surf Ski Relay	90-109	Men	Heat/Final	
	Surf Ski Relay	110-129	Men	Heat/Final	
	Surf Ski Relay	130-149	Men	Heat/Final	
	Oceanman Relay	90-109	Men	Heat/Final	
	Oceanman Relay	110-129	Men	Heat/Final	
	Oceanman Relay	130-149	Men	Heat/Final	
VICTORY CEREMONY - will be conducted at various times during the day					
O C E A N	ARENA B Team 150-169 and 170+ MEN				
	TIME	EVENT	AGE GROUP	GENDER	
	08:00	Board Relay	150-169	Men	
		Board Relay	170+	Men	
		Surf Ski Relay	150-169	Men	
		Surf Ski Relay	170+	Men	
		Oceanman Relay	150-169	Men	
		Oceanman Relay	170+	Men	
		Surf Team Race	150-169	Men	
		Surf Team Race	170+	Men	
VICTORY CEREMONY - will be conducted at various times during the day					
O C E A N	DAY 5 (CONT)				
	ARENA C Team 90-109;110-129;130-149;150-169 and 170+ WOMEN				
	TIME	EVENT	AGE GROUP	GENDER	
	08:00	Surf Ski Relay	90-109	Women	
		Surf Ski Relay	110-129	Women	
		Surf Ski Relay	130-149	Women	
		Surf Ski Relay	150-169	Women	
		Surf Ski Relay	170+	Women	
		Oceanwoman Relay	90-109	Women	
		Oceanwoman Relay	110-129	Women	
		Oceanwoman Relay	130-149	Women	
		Oceanwoman Relay	150-169	Women	
		Oceanwoman Relay	170+	Women	
		Surf Team Race	90-109	Women	
		Surf Team Race	110-129	Women	
		Surf Team Race	130-149	Women	
		Surf Team Race	150-169	Women	
		Surf Team Race	170+	Women	
		Board Relay	90-109	Women	
		Board Relay	110-129	Women	
		Board Relay	130-149	Women	
		Board Relay	150-169	Women	
		Board Relay	170+	Women	
	VICTORY CEREMONY - will be conducted at various times during the day				

Masters Ocean

Day 6 - Monday 26 September
Sunrise 07:02 - Sunset 19:01
Tide Times: Low 04:58; High 11:28; Low 17:39; High 23:38

TIME	EVENT
06:45	Safety Meeting
07:00	Daily CC Meeting
07:00	Warm-up start
07:15	Technical Officials Briefing
07:30	Team Managers Briefing
07:45	Marshalling Commences
08:00	Start Time

2KM BEACH RUN				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	2 km Beach Run	30-34	Women/Men	Final
	2 km Beach Run	35-39	Women/Men	Final
	2 km Beach Run	40-44	Women/Men	Final
	2 km Beach Run	45-49	Women/Men	Final
	2 km Beach Run	50-54	Women/Men	Final
	2 km Beach Run	55-59	Women/Men	Final

1KM BEACH RUN				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	1 km Beach Run	60-64	Women/Men	Final
	1 km Beach Run	65-69	Women/Men	Final
	1 km Beach Run	70-74	Women/Men	Final
	1 km Beach Run	75+	Women/Men	Final

As each age group completes their 1km/2km run, they move to the Beach Sprint Track.

BEACH SPRINT ARENA				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:30	Beach Sprint	60-64	Women/Men	Heat/Final
	Beach Sprint	65-69	Women/Men	Heat/Final
	Beach Sprint	70-74	Women/Men	Heat/Final
	Beach Sprint	75+	Women/Men	Heat/Final
	Beach Sprint	30-34	Women/Men	Heat/Final
	Beach Sprint	35-39	Women/Men	Heat/Final
	Beach Sprint	40-44	Women/Men	Heat/Final
	Beach Sprint	45-49	Women/Men	Heat/Final
	Beach Sprint	50-54	Women/Men	Heat/Final
	Beach Sprint	55-59	Women/Men	Heat/Final
	Beach Relay	90-109	Women/Men	Heat/Final
	Beach Relay	110-129	Women/Men	Heat/Final
	Beach Relay	130-149	Women/Men	Heat/Final
	Beach Relay	150-169	Women/Men	Heat/Final
	Beach Relay	170+	Women/Men	Heat/Final

As each age group completes their Sprints, they move to the Flag Arenas 1, 2 and 3

TIME DAY 6 (CONT)				
BEACH FLAGS ARENA 1 - MEN 30-34; 35-39; 40-44; 45-49; 50-54				
TIME	EVENT	AGE GROUP	GENDER	TYPE
10:00	Beach Flags	30-34	Men	Heat/Final
	Beach Flags	35-39	Men	Heat/Final
	Beach Flags	40-44	Men	Heat/Final
	Beach Flags	45-49	Men	Heat/Final
	Beach Flags	50-54	Men	Heat/Final
BEACH FLAGS ARENA 2 - WOMEN and MEN 55-59; 60-64; 65-69; 70-74; 75+				
TIME	EVENT	AGE GROUP	GENDER	TYPE
10:00	Beach Flags	60-64	Women/Men	Heat/Final
	Beach Flags	65-69	Women/Men	Heat/Final
	Beach Flags	70-74	Women/Men	Heat/Final
	Beach Flags	75+	Women/Men	Heat/Final
	Beach Flags	55-59	Women/Men	Heat/Final
BEACH FLAGS ARENA 3 - WOMEN 30-34; 35-39; 40-44; 45-49; 50-54				
TIME	EVENT	AGE GROUP	GENDER	TYPE
10:00	Beach Flags	30-34	Women	Heat/Final
	Beach Flags	35-39	Women	Heat/Final
	Beach Flags	40-44	Women	Heat/Final

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	Beach Flags	45-49	Women	Heat/Final
	Beach Flags	50-54	Women	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				