

## LIFESAVING WORLD CHAMPIONSHIPS RICCIONE 2022



## MASTERS CHAMPIONSHIPS



## COMPETITION PROGRAMME

Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.

This programme is subject to change.

## Day 0 - Tuesday 20 September

## Briefing

16:00	Masters Technical Officials briefing - Riccione Pool
17:00	Masters Team Managers briefing - Riccione Pool

## Day 3 - Friday 23 September

## TIME EVENT

16:00	Masters Technical Officials (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)
17:00	Masters Team Managers (Ocean Events) Briefing - Ocean Venue (Day 3 Friday 23 September)

## Day 4 - Saturday 24 September

Sunrise 07.00 - Sunset 19.05

Tide Times: Low: 04:11; High 10:55; Low 16:43; High 10:31

## TIME EVENT

06:45	Safety Meeting
07:00	Daily CC Meeting
07:00	Warm-up start
07:15	Technical Officials Briefing
07:30	Team Manager's Briefing
07:45	Marshalling Commences
08:00	Start Time

## ARENA A 55-59; 60-64; 65-69

TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Rescue	55/59	Women/Men	Heat/Final
	Board Rescue	60/64	Women/Men	Heat/Final
	Board Rescue	65/69	Women/Men	Heat/Final
	Surf Race	55/59	Women/Men	Heat/Final
	Surf Race	60/64	Women/Men	Heat/Final
	Surf Race	65/69	Women/Men	Heat/Final
	Board Race	55/59	Women/Men	Heat/Final
	Board Race	60/64	Women/Men	Heat/Final
	Board Race	65/69	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	55/59	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	60/64	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	65/69	Women/Men	Heat/Final

VICTORY CEREMONY - will be conducted at various times during the day

## ARENA B 45-49; 50-54; 70-74 (70+ where no 75+); 75+

TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Rescue	45/49	Women/Men	Heat/Final
	Board Rescue	50/54	Women/Men	Heat/Final
	Board Rescue	70/74	Women/Men	Heat/Final
	Board Rescue	75+	Women/Men	Heat/Final
	Surf Race	45/49	Women/Men	Heat/Final
	Surf Race	50/54	Women/Men	Heat/Final
	Surf Race	70/74	Women/Men	Heat/Final
	Surf Race	75+	Women/Men	Heat/Final
	Board Race	45/49	Women/Men	Heat/Final
	Board Race	50/54	Women/Men	Heat/Final
	Board Race	70/74	Women/Men	Heat/Final
	Board Race	75+	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	45/49	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	50/54	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	70+	Women/Men	Heat/Final

VICTORY CEREMONY - will be conducted at various times during the day

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TIME DAY 4 (CONT)				
ARENA C 30-34; 35-39; 40-44				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Rescue	30/34	Women/Men	Heat/Final
	Board Rescue	35/39	Women/Men	Heat/Final
	Board Rescue	40/44	Women/Men	Heat/Final
	Surf Race	30/34	Women/Men	Heat/Final
	Surf Race	35/39	Women/Men	Heat/Final
	Surf Race	40/44	Women/Men	Heat/Final
	Surf Ski Race	30/34	Women/Men	Heat/Final
	Surf Ski Race	35/39	Women/Men	Heat/Final
	Surf Ski Race	40/44	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	30/34	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	35/39	Women/Men	Heat/Final
	Oceanwoman/Ocean Man	40/44	Women/Men	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				
<b>Day 5 - Sunday 25 September</b> Sunrise 07:01 - Sunset 19.03 Tide Times: Low: 04:35; High 11,11; Low 17:10; High 23,04				
TIME	EVENT	AGE GROUP	GENDER	TYPE
06:45	Safety Meeting			
07:00	Daily CC Meeting			
07:00	Warm-up start			
07:15	Technical Officials Briefing			
07:30	Team Manager's Briefing			
07:45	Marshalling Commences			
08:00	Start Time			
ARENA A Individual 55-59;60-64;65-69; Team 90-109; 110-129; 130-149 MEN				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Surf Ski Race	55/59	Women/Men	Final
	Surf Ski Race	60/64	Women/Men	Final
	Surf Ski Race	65/69	Women/Men	Final
	Surf Team Race	90/109	Men	Heat/Final
	Surf Team Race	110/129	Men	Heat/Final
	Surf Team Race	130/149	Men	Heat/Final
	Board Relay	90/109	Men	Heat/Final
	Board Relay	110/129	Men	Heat/Final
	Board Relay	130/149	Men	Heat/Final
	Surf Ski Relay	90/109	Men	Heat/Final
	Surf Ski Relay	110/129	Men	Heat/Final
	Surf Ski Relay	130/149	Men	Heat/Final
	Oceanman Relay	90/109	Men	Heat/Final
	Oceanman Relay	110/129	Men	Heat/Final
	Oceanman Relay	130/149	Men	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				
TIME	EVENT	AGE GROUP	GENDER	TYPE
ARENA B Individual 45-49; 50-54; 70-74; 75+; Team 150-169 and 170+ MEN				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Surf Ski Race	45/49	Women/Men	Heat/Final
	Surf Ski Race	50/54	Women/Men	Heat/Final
	Surf Ski Race	70/74	Women/Men	Heat/Final
	Surf Ski Race	75+	Women/Men	Heat/Final
	Surf Team Race	150/169	Men	Heat/Final
	Surf Team Race	170+	Men	Heat/Final
	Board Relay	150/169	Men	Heat/Final
	Board Relay	170+	Men	Heat/Final
	Oceanman Relay	150/169	Men	Heat/Final
	Oceanman Relay	170+	Men	Heat/Final
	Surf Ski Relay	150/169	Men	Heat/Final
	Surf Ski Relay	170+	Men	Heat/Final

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VICTORY CEREMONY - will be conducted at various times during the day				
<b>ARENA C Individual 30-34; 35-39; 40-44; Team 90-109;110-129;130-149;150-169 and 170+ WOMEN</b>				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	Board Race	30/34	Women/Men	Heat/Final
	Board Race	35/39	Women/Men	Heat/Final
	Board Race	40/44	Women/Men	Heat/Final
	Surf Team Race	90/109	Women	Heat/Final
	Surf Team Race	110/129	Women	Heat/Final
	Surf Team Race	130/149	Women	Heat/Final
	Surf Team Race	150/169	Women	Heat/Final
	Surf Team Race	170+	Women	Heat/Final
	Board Relay	90/109	Women	Heat/Final
	Board Relay	110/129	Women	Heat/Final
	Board Relay	130/149	Women	Heat/Final
	Board Relay	150/169	Women	Heat/Final
	Board Relay	170+	Women	Heat/Final
	Surf Ski Relay	90/109	Women	Heat/Final
	Surf Ski Relay	110/129	Women	Heat/Final
	Surf Ski Relay	130/149	Women	Heat/Final
	Surf Ski Relay	150/169	Women	Heat/Final
	Surf Ski Relay	170+	Women	Heat/Final
	Oceanwoman Relay	90/109	Women	Heat/Final
	Oceanwoman Relay	110/129	Women	Heat/Final
	Oceanwoman Relay	130/149	Women	Heat/Final
	Oceanwoman Relay	150/169	Women	Heat/Final
	Oceanwoman Relay	170+	Women	Heat/Final
VICTORY CEREMONY - will be conducted at various times during the day				
<b>Day 6 Monday 26 September</b> Sunrise 07.02 - Sunset 19:01 Tide Times: Low 4:58; High 11:278; Low 13:39; High 23:38				
TIME	EVENT	AGE GROUP	GENDER	TYPE
06:45	Safety Meeting			
07:00	Daily CC Meeting			
07:00	Warm-up start			
07:15	Technical Officials Briefing			
07:30	Team Manager's Briefing			
07:45	Marshalling Commences			
08:00	Start Time			
<b>2KM BEACH RUN</b>				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	2 km Beach Run	30/34	Women/Men	Final
	2 km Beach Run	35/39	Women/Men	Final
	2 km Beach Run	40/44	Women/Men	Final
	2 km Beach Run	45/49	Women/Men	Final
	2 km Beach Run	50/54	Women/Men	Final
	2 km Beach Run	55/59	Women/Men	Final
<b>1KM BEACH RUN</b>				
TIME	EVENT	AGE GROUP	GENDER	TYPE
08:00	1 km Beach Run	60/64	Women/Men	Final
	1 km Beach Run	65/69	Women/Men	Final
	1 km Beach Run	70/74	Women/Men	Final
	1 km Beach Run	75+	Women/Men	Final
As each age group completes their 1km/2km run, they move to the Beach Sprint Track.				

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S P R I N T  A R E N A	BEACH SPRINT ARENA				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	09:00	Beach Sprint	60/64	Women/Men	Heat/Final
		Beach Sprint	65/69	Women/Men	Heat/Final
		Beach Sprint	70/74	Women/Men	Heat/Final
		Beach Sprint	75+	Women/Men	Heat/Final
		Beach Sprint	30/34	Women/Men	Heat/Final
		Beach Sprint	35/39	Women/Men	Heat/Final
		Beach Sprint	40/44	Women/Men	Heat/Final
		Beach Sprint	45/49	Women/Men	Heat/Final
	Beach Sprint	50/54	Women/Men	Heat/Final	
	Beach Sprint	55/59	Women/Men	Heat/Final	
As each age group completes their Sprints, they move to the Flag Arenas 1, 2 and 3					
B E A C H  F L A G S  A R E N A S	TIME DAY 6 (CONT)				
	BEACH FLAGS ARENA 1 - MEN 30/34 to 50/54				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	10:00	Beach Flags	30/34	Men	Heat/Final
		Beach Flags	35/39	Men	Heat/Final
		Beach Flags	40/44	Men	Heat/Final
		Beach Flags	45/49	Men	Heat/Final
		Beach Flags	50/54	Men	Heat/Final
	BEACH FLAGS ARENA 2 - WOMEN and MEN 55/59 to 75+				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	08:00	Beach Flags	60/64	Women/Men	Heat/Final
		Beach Flags	65/69	Women/Men	Heat/Final
		Beach Flags	70/74	Women/Men	Heat/Final
		Beach Flags	75+	Women/Men	Heat/Final
		Beach Flags	55/59	Women/Men	Heat/Final
	BEACH FLAGS ARENA 3 - WOMEN 30/34 to 50/54				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	10:00	Beach Flags	30/34	Women	Heat/Final
		Beach Flags	35/39	Women	Heat/Final
		Beach Flags	40/44	Women	Heat/Final
	Beach Flags	45/49	Women	Heat/Final	
	Beach Flags	50/54	Women	Heat/Final	
P R I N T  A R E N A	BEACH RELAY ARENA				
	TIME	EVENT	AGE GROUP	GENDER	TYPE
	13:30	Beach Relay	90/109	Women/Men	Heat/Final
		Beach Relay	110/129	Women/Men	Heat/Final
		Beach Relay	130/149	Women/Men	Heat/Final
		Beach Relay	150/169	Women/Men	Heat/Final
	Beach Relay	170+	Women/Men	Heat/Final	
<b>VICTORY CEREMONY - will be conducted at various times during the day</b> <b>TBC CLOSING CEREMONY - Masters events</b> <b>TBC CLOSING PARTY - Masters</b>					