

## LIFESAVING WORLD CHAMPIONSHIPS RICCIONE 2022



## NATIONAL TEAMS OPEN CHAMPIONSHIPS



## COMPETITION PROGRAMME

Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.

This programme is subject to change.

## Day 0 - Monday 26 September

## Briefing

16:00	National Open & Youth Teams Technical Officials Briefing - Riccione Pool
17:00	National Teams Open & Youth Team Managers - Riccione Pool

## Day 1 - Tuesday 27 September

P O O L	TIME	EVENT		
	07:30	Safety Meeting		
	07:45	Daily CC Meeting		
	08:00	Warm-up start		
	08:15	Technical Officials Daily Briefing		
	08:30	Team Managers Daily Briefing		
	08:45	Marshalling commence		
	09:00	Start Time		
	TIME	EVENT	GENDER	TYPE
	09:00	200 m Obstacle Swim	Women	Heat
	200 m Obstacle Swim	Men	Heat	
	4 x 50 m Obstacle Relay	Women	Heat	
	4 x 50 m Obstacle Relay	Men	Heat	
	Line Throw	Women	Heat	
	Line Throw	Men	Heat	
	100 m Manikin Tow With Fins	Women	Heat	
	100 m Manikin Tow With Fins	Men	Heat	
<b>13.00 Lunch</b>				
TIME	EVENT			
15:00	Warm Up / Technical Officials Briefing			
15:45	Preparation of the pool			
15:45	Marshalling commence			
TIME	EVENT	GENDER	TYPE	
16:00	200 m Obstacle Swim	Women	Final A & B	
	200 m Obstacle Swim	Men	Final A & B	
	4 x 50 m Obstacle Relay	Women	Final A & B	
	4 x 50 m Obstacle Relay	Men	Final A & B	
VICTORY CEREMONY 200 m Obstacle Swim				
	Line Throw	Women	Final A & B	
	Line Throw	Men	Final A & B	
VICTORY CEREMONY 4 x 50 m Obstacle Relay				
	100 m Manikin Tow With Fins	Women	Final A & B	
	100 m Manikin Tow With Fins	Men	Final A & B	
VICTORY CEREMONY Line Throw - 100m Manikin Tow with Fins				

## National Team Open

## Day 2 - Wednesday 28 September

Day 2 - Wednesday 28 September			
TIME	EVENT		
<b>07:30</b>	Safety Meeting		
07:45	Daily CC Meeting		
08:00	Warm-up start		
08:15	Technical Officials Daily Briefing		
08:30	Team Managers Daily Briefing		
08:45	Marshalling commence		
<b>09:00</b>	Start Time		
TIME	EVENT	GENDER	TYPE
<b>09:00</b>	50 m Manikin Carry	Women	Heat
	50 m Manikin Carry	Men	Heat
	4 x 25 m Manikin Relay	Women	Heat
	4 x 25 m Manikin Relay	Men	Heat
	200 m Super Lifesaver	Women	Heat
	200 m Super Lifesaver	Men	Heat
	4 x 50 m Medley Relay	Women	Heat
	4 x 50 m Medley Relay	Men	Heat
<b>12:45 Lunch</b>			
TIME	EVENT		
14:30	Warm Up / Technical Officials Briefing		
15:15	Preparation of the pool		
15:15	Marshalling commence		
TIME	EVENT	GENDER	TYPE
<b>15:30</b>	50 m Manikin Carry	Women	Final A & B
	50 m Manikin Carry	Men	Final A & B
	4 x 25 m Manikin Relay	Women	Final A & B
	4 x 25 m Manikin Relay	Men	Final A & B
<b>VICTORY CEREMONY 50m Manikin Carry</b>			
	200 m Super Lifesaver	Women	Final A & B
	200 m Super Lifesaver	Men	Final A & B
<b>VICTORY CEREMONY 4x25m Manikin Relay</b>			
	4 x 50 m Medley Relay	Women	Final A & B
	4 x 50 m Medley Relay	Men	Final A & B
<b>VICTORY CEREMONY 200m Super Lifesaver - 4x50m Medley Relay</b>			

P  
O  
L

## National Team Open

## Day 3 - Thursday 29 September

Day 3 - Thursday 29 September			
TIME	EVENT		
<b>07:30</b>	Safety Meeting		
07:45	Daily CC Meeting		
08:00	Warm-up start		
08:15	Technical Officials Daily Briefing		
08:30	Team Managers Daily Briefing		
08:45	Marshalling commence		
<b>09:00</b>	Start Time		
TIME	EVENT	GENDER	TYPE
<b>09:00</b>	100m Rescue Medley	Women	Heat
	100m Rescue Medley	Men	Heat
	100m Manikin Carry with Fins	Women	Heat
	100m Manikin Carry with Fins	Men	Heat
	4x50m Mixed Pool Lifesaver Relay	Mixed	Heat
<b>13:00 Lunch</b>			
TIME	EVENT		
14:30	Warm Up / Technical Officials Briefing		
15:15	Preparation of the pool		
15:15	Marshalling commence		
TIME	EVENT	GENDER	TYPE
<b>15:30</b>	100 m Rescue Medley	Women	Final A & B
	100 m Rescue Medley	Men	Final A & B
	100 m Manikin Carry With Fins	Women	Final A & B
	100 m Manikin Carry With Fins	Men	Final A & B
<b>VICTORY CEREMONY 100m Rescue Medley</b>			
	4 x 50 m Pool Lifesaver Relay	Mixed	Final A & B
<b>VICTORY CEREMONY 100m Manikin Carry with Fins - 4x50m Mixed Pool Lifesaver Relay</b>			
<b>VICTORY CEREMONY Overall Aggregate Pool Trophy</b>			

P  
O  
O  
L

Day 4 - Friday 30 September

Sunrise 07:07 - Sunset 18:53

Tide Times - High 01:38; Low 06:289; High 12:50; Low 20:07

O C E A N & B E A C H	TIME		EVENT					
		<b>07:00</b>	Safety Meeting					
		07:15	Daily CC Meeting					
		07:30	Warm-up start					
		07:45	Technical Officials Daily Briefing					
		08:00	Team Managers Daily Briefing					
		08:15	Marshalling commence					
		<b>08:30</b>	Start Time					
	TIME		EVENT		GENDER		TYPE	
		<b>08:30</b>	Oceanman	Men	Heat			
		Oceanman	Men	Semi Final				
		Board Rescue	Men	Heat				
		Board Rescue	Men	Semi Final				
		Beach Sprint	Men	Heat				
		Beach Sprint	Men	Q/Final/Semi Final				
		Beach Relay	Men	Heat				
		Beach Relay	Men	Semi Final				
<b>13:30 Lunch</b>								
WATER ARENA B & BEACH ARENA								
TIME		EVENT		GENDER		TYPE		
	<b>08:30</b>	Beach Sprint	Women	Heat				
		Beach Sprint	Women	Q/Final/Semi Final				
		Oceanwoman	Women	Heat				
		Oceanwoman	Women	Semi Final				
		Beach Relay	Women	Heat				
		Beach Relay	Women	Semi Final				
		Board Rescue	Women	Heat				
		Board Rescue	Women	Semi Final				
<b>13:30 Lunch</b>								
WATER AREA A & BEACH ARENA								
TIME		EVENT		GENDER		TYPE		
	<b>15:00</b>	Oceanwoman	Women	Final				
		Oceanman	Men	Final				
		Board Rescue	Women	Final A & B				
		Board Rescue	Men	Final A & B				
		Beach Sprint	Women	Final A & B				
		Beach Sprint	Men	Final A & B				
		Beach Relay	Women	Final A & B				
		Beach Relay	Men	Final A & B				
	<b>17:45</b>	<b>VICTORY CEREMONY</b> all events Day 4						

## National Team Open

Day 5 - Saturday 1 October

Sunrise 07:08 - Sunset 18:51

Tide Times: High 02:46; Low 06:45; High 13:13; Low 21:10

TIME	EVENT		
<b>07:00</b>	Safety Meeting		
07:15	Daily CC Meeting		
07:30	Warm-up start		
07:45	Technical Officials Daily Briefing		
08:00	Team Managers Daily Briefing		
08:15	Marshalling commence		
<b>08:30</b>	Start Time		
TIME	EVENT	GENDER	TYPE
<b>08:30</b>	Surf Ski Race	Men	Heat
	Surf Ski Race	Men	Semi Final
	Rescue Tube Rescue	Men	Heat
	Rescue Tube Rescue	Men	Semi Final
	Beach Flags	Men	Heat
	Beach Flags	Men	Q/Final/Semi Final
	Oceanman Relay	Men	Heat
	Oceanman Relay	Men	Semi Final
<b>12:30 Lunch</b>			
WATER ARENA B & BEACH ARENA			
TIME	EVENT	GENDER	TYPE
<b>08:30</b>	Board Race	Women	Heat
	Board Race	Women	Semi Final
	Beach Flags	Women	Heat
	Beach Flags	Women	Q/Final/Semi Final
	Rescue Tube Rescue	Women	Heat
	Rescue Tube Rescue	Women	Semi Final
	Oceanwoman Relay	Women	Heat
	Oceanwoman Relay	Women	Semi Final
<b>12:30 Lunch</b>			
WATER AREA A & BEACH ARENA			
TIME	EVENT	GENDER	TYPE
<b>15:00</b>	Board Race	Women	Final
	Ski Race	Men	Final
	Rescue Tube Rescue	Women	Final A & B
	Rescue Tube Rescue	Men	Final A & B
	Oceanwoman Relay	Women	Final
	Oceanman Relay	Men	Final
	Beach Flags	Women	Final A & B
	Beach Flags	Men	Final A & B
<b>17:45</b>	<b>VICTORY CEREMONY</b> all events Day 5		

O  
C  
E  
A  
N  
&  
B  
E  
A  
C  
H

## National Team Open

**Day 6 - Sunday 2 October**  
**Sunrise 07:08 - Sunset 18:46**  
**Tide Times: High 13:33; Low 22:54**

TIME		EVENT					
<b>07:00</b>		Safety Meeting					
07:15		Daily CC Meeting					
07:30		Warm-up start					
07:45		Technical Officials Daily Briefing					
08:00		Team Managers Daily Briefing					
08:15		Marshalling commence					
<b>08:30</b>		Start Time					
TIME		EVENT		GENDER		TYPE	
<b>08:30</b>		Board Race		Men		Heat	
		Board Race		Men		Semi Final	
		Surf Race		Men		Heat	
		Surf Race		Men		Semi Final	
		Mixed Ocean Lifesaver Relay		Mixed		Heat	
		Mixed Ocean Lifesaver Relay		Mixed		Semi Final	
<b>12:30 Lunch</b>							
<b>WATER ARENA B &amp; BEACH ARENA</b>							
TIME		EVENT		GENDER		TYPE	
<b>08:30</b>		Ski Race		Women		Heat	
		Ski Race		Women		Semi Final	
		Surf Race		Women		Heat	
		Surf Race		Women		Semi Final	
	In Arena A	Mixed Ocean Lifesaver Relay		Mixed		Heat	
	In Arena A	Mixed Ocean Lifesaver Relay		Mixed		Semi Final	
<b>12:30 Lunch</b>							
<b>WATER AREA A &amp; BEACH ARENA</b>							
TIME		EVENT		GENDER		TYPE	
<b>15:00</b>		Ski Race		Women		Final	
		Board Race		Men		Final	
		Surf Race		Women		Final	
		Surf Race		Men		Final	
		Mixed Ocean Lifesaver Relay		Mixed		Final	
<b>17:45</b>		VICTORY CEREMONY all events Day 6					
		VICTORY CEREMONY Grand Aggregate, Pool, Ocean & Beach Events					
<b>18:30</b>		Closing Ceremony - National Team Open Events					
<b>TBC</b>		<b>National Teams Open Closing Party</b>					