Type of Record:  Record

1. Name of the ILS Sanctioned

#### Competition *please add the Sanctioning Document*

1. Event
2. Gender [ ]  male [ ]  female [ ]  mixed
3. Age Group [ ]  open [ ]  youth [ ]  masters group
4. Name of the Competitor       ,       Date of Birth

Name of the Team

1. Names of the Relay Team Members *(names in order of competing)*

1.       ,       - Date of Birth Year, month, day

2.       ,       - Date of Birth Year, month, day

3.       ,       - Date of Birth Year, month, day

4.       ,       - Date of Birth Year, month, day

1. Country
2. Member Organisation
3. Record claimed

*please add the official result*

1. Date and Time of Race dd   at 0:00
2. City and Venue

1. Chief Referee Approval

### Name

Signature …………………………

Date …………………………

1. Doping Control

*please add the certificate*

**Note 1**: The ILS does not recognise world records for any Masters team events, for the 100m Obstacles event for Youth, Open and for Masters under 55 years of age, and mixed or single gender events in team categories except where conducted in those gender categories at Lifesaving World Championships.

**Note 2**: Masters world records set at any ILS LWC, World Games or ILS regional championships, ILS sanctioned competition shall be recognised without a negative doping test certificate.

An interactive version of this form is available online at [www.ilsf.org](http://www.ilsf.org/).

The completed form must be sent to the ILS Custodian of Records, Dr Detlev Mohr PhD, e-mail: detlev.mohr@dlrg.de or to the sport commission of the ILS region in accordance with the record rules.