



INTERNATIONAL LIFE SAVING (ILS)
SPORT COMMISSION TECHNICAL BULLETIN # 2
ILS SURF SKI WEIGHT SPECIFICATIONS

This Bulletin advises that the minimum weight of ILS specification surf skis has been reviewed with the following outcomes:

- The minimum weight of skis to be used in ILS competition remains unchanged at 17.5kg until 31 December 2027.
- From 1 January 2028 the minimum weight of skis to be used in ILS competition will reduce to 16.5kg.

Please note that there are no current plans to further reduce the minimum weight of surf skis (or boards or boats) to be used in ILS competition.

Please also note that if a surf ski (or boards or boats) is under the minimum weight the craft cannot be used in lifesaving competition until the weight is brought up to the correct weight specification in a manner approved by ILS and using an approved material properly fixed to the craft e.g. thermoset resin or other approved method such as certified lead weights glued to the deck of the craft.

Please refer [here](#) for the updated ILS Surf Board, Ski, and Boat specifications.

Please also refer [here](#) for the pre competition compulsory and voluntary scrutineering of boards and skis at the ILS lifesaving World Championships 2026. This document also outlines the correction of unsafe craft and the weighting of underweight craft under controlled circumstances. The document additionally details the potential penalties for use of illegal craft in competition and is to be read in conjunction with the LWC2026 Handbook.

Should further information be required please direct your enquiry to the Secretary of the ILS Sport Commission at sport@ilsf.org.

19 May 2026